## **SENATE . . . . . . . . . . . . . . . . No. 215**

## The Commonwealth of Massachusetts

PRESENTED BY:

Cynthia S. Creem

To the Honorable Senate and House of Representatives of the Commonwealth of Massachusetts in General Court assembled:

The undersigned legislators and/or citizens respectfully petition for the adoption of the accompanying bill:

An Act authorizing a study of starting times and schedules.

#### PETITION OF:

NAME:	DISTRICT/ADDRESS:
Cynthia S. Creem	First Middlesex and Norfolk
James B. Eldridge	Middlesex and Worcester
James Arciero	2nd Middlesex

**SENATE . . . . . . . . . . . . . . . . No. 215** 

By Ms. Creem, a petition (accompanied by bill, Senate, No. 215) of Cynthia S. Creem, James B. Eldridge and James Arciero for legislation to authorize a study of school day starting times and schedules. Education.

# [SIMILAR MATTER FILED IN PREVIOUS SESSION SEE SENATE, NO. 192 OF 2011-2012.]

### The Commonwealth of Alassachusetts

In the Year Two Thousand Thirteen

An Act authorizing a study of starting times and schedules.

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Be it enacted by the Senate and House of Representatives in General Court assembled, and by the authority of the same, as follows:

SECTION 1. Notwithstanding any general or special law to the contrary, the department of elementary and secondary education is hereby authorized and directed to conduct a comprehensive study relative to the effect which high school starting times have on the health and academic performance of students. Said study shall include, but not be limited to, a survey of high school starting times and the duration of high school academic hours throughout the commonwealth, and shall make findings relative to the effect which high school starting times have on student academic performance and health. Provided further, that such study shall make recommendations relative to whether high school starting times should be scheduled later in the morning, and how school districts can adapt school day starting times to enhance student education and health. Said study shall also review and make recommendations relative to other school day scheduling issues which affect high school starting times. Said department, in the conduct of said study shall examine relevant scientific studies and academic research, and shall request comment and suggestions from students, teachers, and education policy makers, provided further, that said department shall conduct no less than two public hearings to ensure public input and comment. A copy of said study shall be filed with the senate and house clerks and the senate and house chairmen of the Joint Committee on Education not later than six months after the enactment of this act.