

**HOUSE . . . . . No. 4304**

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A communication from Automatic Sprinkler Appeals Board on behalf of the Massachusetts Fire Safety Commission (under Section 200 of Chapter 6 of the General Laws) notifying the General Court of proposed regulatory action of said commission to rescind the provisions of 530 CMR 2.00, relative to the mandatory retrofit of automatic sprinkler systems in certain high rise buildings. Public Safety and Homeland Security.

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**The Commonwealth of Massachusetts**

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**In the One Hundred and Eighty-Ninth General Court  
(2015-2016)**  
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The Commonwealth of Massachusetts  
Executive Office of Public Safety and Security  
Fire Safety Commission  
Automatic Sprinkler Appeals Board  
P.O. Box 1025 ~ State Road  
Stow, Massachusetts 01775  
(978) 567-3181 Fax: (978) 567-3121

May 10, 2016

Via E-Mail and First Class Mail:  
Steven.James@mahouse.com

The Honorable Steven T. James  
Office of the Clerk of the House  
24 Beacon Street  
Room 145 — State House  
Boston, Massachusetts 02133

Re: Fire Safety Commission: Notification of Intent to Rescind 530 CMR 2.00

Dear Mr. James:

On behalf of the Commonwealth of Massachusetts Fire Safety Commission and pursuant to the provisions of M.G.L. c. 6, s. 200, you are hereby notified of the proposed regulatory action of said Commission to rescind the provisions of 530 CMR 2.00.

The original purpose of 530 CMR 2.00 was to carry out the provisions of c. 633, Acts of 1986. The law, (see M.G.L. c. 6, s. 200 and c. 148, s. 26A½) required the Commission to promulgate a Statewide Implementation Plan for the mandatory retrofit of automatic sprinkler systems in existing, older high rise buildings (over 70') built before the effective date of the State Building Code, January 1, 1975. Buildings built after January 1, 1975 are required to be sprinklered under The State Building Code, 780 CMR (see also M.G.L. c. 148, s. 26A).

The regulation subject to rescission, 530 CMR 2.00, established an implementation plan in accordance with the statutory requirements. However, in accordance with said plan and related laws, all retrofit sprinkler installations were to be completed no later than March 14, 1998, over 18 years ago. Therefore, the provisions of 530 CMR 2.00 are unnecessary and meaningless due to the passage of time.

The Commission held a “listening session” on October 29, 2015, prior to making its final decision to propose rescission. This recommended action was also submitted to the Building Code Coordinating Council (BCCC) for informational/review purposes. The BCCC represents a broad “cross section” of the Commonwealth’s building code related code authorities (Building Code, Fire Code, Electrical, Plumbing, Gas, Pipefitting, HVAC, Sprinklers, Health Code, DEP, DEP, DPS, DFS, DEP, AGO, Architectural Access, etc.) to ensure coordination of said codes and the elimination overlap and/or conflict. On December 17, 2015, the BCCC reviewed and voted to support the action to rescind the regulation. The Commission also held a hearing on its proposed regulatory action on April 26, 2016, in accordance with the provisions of M.G.L. c. 30A, with no adverse comments received.

However, before formal submission to the Secretary of State’s Office for final promulgation can take place, the provisions of M.G.L. c. 6, s. 200 requires that notice of such proposed regulatory action be submitted to the House Clerk. For your convenience, I have attached a copy of the provisions of s. 200, which outlines this notification procedure and the obligations of the House Clerk in this regard, together with a copy of 530 CMR 2.00, the regulation subject to rescission.

Thank you for your kind attention to this submission. If you have any questions in regard to this matter, please feel free to contact me at (978) 567-3183.

Sincerely,

PETER A. SENOPOULOS

Peter A. Senopoulos, Deputy General Counsel  
Department of Fire Services  
Board Counsel, Fire Safety Commission

PAS/ml  
Enclosures

## 530 CMR FIRE SAFETY COMMISSION

### 530 CMR 2.00: INSTALLATION OF AUTOMATIC SPRINKLERS IN HIGH RISE BUILDINGS AND STRUCTURES

#### Section

2.01: Administration and Enforcement

2.02: Definitions

2.03: Implementation

2.04: Appeals

#### 2.01: Administration and Enforcement

(1) Title. 530 CMR 2.00 shall be known as the Commonwealth of Massachusetts Fire Safety Commission Regulations for the Installation of Automatic Sprinklers in High Rise Buildings or Structures, hereinafter referred to as 530 CMR 2.00.

(2) Scope. 530 CMR 2.00, in accordance with M.G.L. c. 6, § 200 and c. 148, § 26A½ shall control the installation of automatic sprinklers in all high rise buildings or structures of more than 70' above the mean grade and constructed prior to January 1, 1975.

(3) Applicability. The provisions of 530 CMR 2.00 shall apply to all high rise buildings or structures more than 70' above the mean grade and constructed prior to January 1, 1975; and shall apply with equal force to municipal, county, state, state authorities of or established by the legislature and private buildings or structures except where such buildings or structures, or portions thereof, are exempted by statute.

EXCEPTIONS: Automatic sprinklers shall not be required to be provided in:

(a) Patient rooms in hospitals.

(b) Public or private libraries.

(c) Buildings where construction has commenced prior to January 1, 1975 and which have been submitted to the provisions of M.G.L. c. 183A.

(d) Rooms or areas of a telephone central office equipment building when such rooms or areas are protected with an automatic fire alarm system.

(4) Authority. Under authority granted by St. 1986, c. 633, the Fire Safety Commission, hereinafter known as "the Commission", is empowered in the interest of public safety and general welfare to alter, rescind, amend, and repeal in accordance with M.G.L. c. 30A, and 530 CMR 2.00 and to interpret and implement the provisions of 530 CMR to secure the intent thereof.

(5) Enforcement.

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- (a) **Head of the Fire Department:** The head of the fire department shall enforce and administer the provisions of 530 CMR 2.00 in addition to his duties of review and approval of plans as required by the Massachusetts State Building Code (780 CMR).
  - (b) **Building Official:** The building commissioner or the inspector of buildings shall enforce all applicable provisions of 780 CMR, with the exception of the duties required and reserved to the head of the fire department.
- (6) Application for Permit. An application for a permit shall be submitted to the building official prior to the installation of any portion of an automatic sprinkler system and shall describe all structural, mechanical, and electrical work required to conform to 530 CMR 2.00 and the provisions of 780 CMR. The permit application shall contain a general description of any asbestos removal or encapsulation. The application for permit shall be submitted in such a form as the building official may prescribe and shall be accompanied by the required permit fee. The building official shall forward a copy of the permit application to the head of the fire department for his records. The codes in effect at the time of issuance of the permit shall apply.

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### 2.01: continued

(7) Plans and Specifications. The application for the permit shall be accompanied by three copies of specifications and plans drawn to scale, with sufficient clarity and detail dimensions to show the nature and character of the work to be performed. The plans shall contain a certification by a Massachusetts registered professional engineer that the existing structure can support the weight of the sprinkler system and that the method of support of the piping is adequate. The automatic sprinkler system plans shall bear the seal and signature of a Massachusetts registered professional engineer. The building official shall forward one copy of the plans and specifications to the head of the fire department for his review and approval.

(8) Compliance. No work shall proceed until the permit has been issued by the building official and with the approval of the head of the fire department. The permit shall be a license to proceed with the work and shall not be construed as authority to violate, cancel, or set aside any of the provisions of 780 CMR or 530 CMR, except as specifically stipulated by modification or legally granted variation in accordance with 530 CMR 2.04. All work shall conform to the stamped or endorsed application and plans for which the permit has been issued.

(9) Approved Materials and Equipment. All materials, equipment, devices, systems, or methods of installation for automatic sprinkler systems shall be subject to the approvals as required by 780 CMR 110.0 unless herein provided by 530 CMR 2.00.

(10) Accepted Engineering Practice. If not otherwise specified in 530 CMR, the specifications regulations, and standards listed in the appropriate appendices of 780 CMR shall be deemed to represent accepted engineering practice with respect to the material, equipment, device, system or method of installation for automatic sprinkler systems therein specified.

(11) Variances/Modifications. When there exists manifest injustice involved in carrying out structural or mechanical provisions of 780 CMR or 530 CMR regarding the installation of automatic sprinkler systems in buildings or structures as controlled by 530 CMR 2.00, the Automatic Sprinkler Appeals Board may allow a variance or a modification from such provisions as applied for by the owner as provided in 530 CMR 2.04, provided that the decision of the appeals board shall not conflict with the general objectives of 780 CMR, 530 CMR and its enabling legislation and provided that no decision shall be considered by any person or agency as a precedent for future decisions.

### 2.02: Definitions

(1) Meaning. Unless otherwise expressly stated, the following terms shall, for the purpose of 530 CMR 2.00, have the meaning indicated in 2.02.

(2) Tense, Gender, and Number. Words used in the present tense include the future; words used in the masculine gender include the feminine and neuter; the singular number includes the plural and the plural the singular.

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(3) Terms not Defined Herein. Refer to 780 CMR, and where terms are not defined, they shall have their ordinarily accepted meanings or such as the context may imply.

Accepted Engineering Practice. That which conforms to accepted principles, tests, or standards of nationally recognized technical or scientific authorities.

Alley. A secondary thoroughfare less than 30' in width dedicated for the public use of vehicles and pedestrians, affording access to abutting property.

Approved. Approved by the head of the fire department, the building official, or other authority having jurisdiction.

Approved Material, Equipment and Methods. Approved by the Massachusetts Board of Building Regulations and Standards or by an agency approved by the Massachusetts Board of Building Regulations and Standards.

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2.02: continued

Automatic Sprinkler. A device, connected to a water supply system, that opens automatically at a predetermined fixed temperature and discharges a spray of water.

Automatic Sprinkler System. A sprinkler system for fire protection purposes, is an integrated system of underground and/or overhead piping designed in accordance with fire protection engineering standards. The system includes a suitable water supply. The portion of the system above ground is a network of specially or hydraulically designed piping installed in a building, structure, generally overhead, and to which automatic sprinklers are connected in a systematic pattern. The system is usually activated by heat from a fire and discharges water over the fire area. The system includes all required alarm and supervisory devices as required by applicable provisions of 780 CMR.

Building/Structure. A structure enclosed within exterior walls or firewalls, built, erected and framed of a combination of any materials, whether portable or fixed, having a roof, to form a structure for the shelter of persons, animals or property. For the purpose of this definition, "roof" shall include an awning or any similar covering, whether or not permanent in nature. The word "building" shall be construed where the context requires as though followed by the words "or part or parts thereof".

Building Official. The officer or other designated authority charged with the administration and enforcement of 780 CMR. Building official as used herein includes the building commissioner or the inspector of buildings and the local inspector.

Fire Safety Commission. The Fire Safety Commission established by M.G.L. c. 6, § 200.

Floor Area, Gross. Gross floor area shall be the floor area within the perimeter of the outside walls of the building under consideration, without deduction for hallways, stairs, closets, thickness of walls, columns, or other features.

Grade. A reference plane representing the average of finished ground level adjoining the building at all exterior walls.

Gross Square Footage. The sum total of the floor areas (gross) of a building or structure for all floor levels including basements and sub-basements, measured from the outside walls irrespective of the existence of interior fire resistive walls, floors and ceilings.

Head of the Fire Department. The chief executive officer of the fire department in a city, town or fire district having such an officer, otherwise the fire commissioner, board of fire commissioners or fire engineers, or commissioner of public safety; and in towns not having a fire department, the Chief engineer, if any, otherwise the chairman of the board of selectmen.

Height, Building. The vertical distance from the grade to the top of the highest roof beams of a flat roof, or to the mean level of the highest gable or slope of a hip roof. When a building faces on more than

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one street, the height shall be measured from the average of the grades at the center of each street front. For exceptions reference 780 CMR 308.3..

High Rise Building or Structure. Those buildings or structures which are controlled by 530 CMR 2.01(2) and (3).

Historic Buildings. See 780 CMR 436.2.

Mean Grade. See grade.

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### 2.02: continued

Owner. Every person who alone or jointly or severally with others (a) has legal title to any building or structure; or (b) has care, charge, or control of any building or structure in any capacity including but not limited to agent, executor, executrix, administrator, administration, trustee or guardian of the estate of the holder of legal title; or (c) lessee under a written letting agreement; or (d) mortgagee in possession; or (e) agent, trustee or other person appointed by the courts. Each such person is bound to comply with the provisions of 530 CMR 2.00.

Permit. An official document or certificate issued by the authority having jurisdiction authorizing performance of a specified activity.

Person. Every individual, partnership, corporation, firm, association, trustee or group, including a city, town, county, authority or other governmental unit, owning property or conducting any activity regulated by 530 CMR 2.00.

Street. A public thoroughfare (street, avenue, boulevard, alley) which has been dedicated for public use.

Structure. (see building)

Written Notice. A notification in writing delivered in person to the individual or parties intended, or delivered at, or sent by certified or registered mail to the last residential or business address of legal record.

### 2.03: Implementation

(1) General. Any owner of a building or structure constructed prior to January 1, 1975, which building or structure exceeds 70' in height above mean grade shall submit to the head of the fire department of their city or town wherein such building or structure is located a statement of intent, schedule, and Fire Protection Systems Data Sheet as provided by the Commission for the installation of a complete automatic sprinkler system in compliance with the provisions of M.G.L. c. 148, § 26A½. Such information must be filed with the head of the fire department and the Commission within 45 days of the filing of the final regulations with the state secretary as provided in M.G.L. c. 30A, and shall contain a compliance schedule that is in accordance with the dates included in M.G.L. c. 148, § 26A½.

(2) Notice. Upon the filing of 530 CMR 2.00 with the state secretary, the head of the fire department shall serve notice on the building or structure owner or the person responsible that said building or structure is within the scope and applicability of 530 CMR 2.00. The notice shall be in writing and shall be served on the person responsible:

- (a) personally, by any person authorized by the head of the fire department; or
- (b) by sending him a copy of the order by registered or certified mail return receipt requested.

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(3) Schedules. Any building or structure subject to the provisions of 530 CMR 2.00 shall comply with one of the following three schedules:

(a) Schedule 1

1. **a of** the gross square footage of the building or structure shall be equipped with automatic sprinklers by January 1, 1991;
2. **b of** the gross square footage of the building or structure shall be equipped with automatic sprinklers by January 1, 1994;
3. and the entire gross square footage of the building or structure shall be equipped with automatic sprinklers by January 1, 1997.

(b) Schedule 2

1. the entire gross square footage of the building or structure shall be equipped with automatic sprinklers by January 1, 1994.
2. the owner of any building or structure affected by 530 CMR 2.03(3) if he elects to comply with Schedule 2 as provided in 530 CMR 2.03(3)(B)(1) shall be deemed to have waived his right to any extension of time.

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### 2.03: continued

#### (c) Schedule 3

1. the building or structure shall be equipped with automatic sprinklers in all corridors; lobbies; exit accessways; elevator lobbies; exitways; stairways; places of assembly. The installation of automatic sprinklers in the above areas by January 1, 1991 shall be considered equivalent to complying with 530 CMR 2.03(3)(a)1.;
2. **b o f** the gross square footage of the building or structure shall be equipped with automatic sprinklers by January 1, 1994;
3. and the entire gross square footage of the building or structure shall be equipped with automatic sprinklers by January 1, 1997.

(4) Owner's Report. At the end of each calendar year the building owner shall submit to the head of the fire department and the Commission a statement of progress that summarizes all automatic sprinkler equipment installed if any, including but not limited to, the square footage covered by the automatic sprinkler equipment and locations of said equipment. The head of the fire department may request additional summaries between the start and end of the calendar year. The building owner shall submit the requested summary within seven days of said request to the head of the fire department and the Commission. All summaries shall carry the seal and signature of a Massachusetts notary public.

(5) Inspections. The head of the fire department or persons authorized by the head of the fire department shall have the right to inspect any building or structure affected by 530 CMR 2.00 for compliance with 530 CMR 2.00 and provisions of M.G.L. c. 148.

### 2.04: Appeals

(1) Automatic Sprinkler Appeals Board. Whoever is aggrieved by the head of the fire department's interpretation, order, requirement, direction or failure to act under the provisions of M.G.L. c. 148, § 26A½, may appeal directly to the Automatic Sprinkler Appeals Board as provided in 530 CMR 2.04(4). In the event an appeal is taken directly to the Automatic Sprinkler Appeals Board from an interpretation, order, requirement, or direction, said appeal shall be filed as specified in 530 CMR 2.04(4) with the Automatic Sprinkler Appeals Board not later than 45 days after the service of notice thereof the interpretation, order, requirement or direction. In the event the appeal is taken to the Automatic Sprinkler Appeals Board for the failure to act. the appeal shall be taken not later than 45 days after a request to act has been made by the aggrieved person in writing and served upon the head of the fire department of the local fire department which fails to act.

(2) Membership of Appeals Board. The Automatic Sprinkler Appeals Board, hereinafter referred to as "the Board", shall be selected from the membership of the Fire Safety Commission. The chairman of the Commission shall designate any five members of the Commission to act as The Appeals Board to hold a public hearing under 530 CMR 2.04 and to hear testimony and take evidence. The chairman of the Commission shall select one of the five members to act as chairman of The Appeals Board. For the five member Board every decision shall require the concurrence of at least four of the five members of the Board.

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(3) Clerk. The Commissioner of the Department of Public Safety, or his designee, shall designate one of the staff of the Commission to act as clerk to the Board. The clerk shall keep a detailed record of all decisions and appeals and a docket book on file showing the name of each appeal properly indexed and the disposition of the appeal. Said docket book shall be open to public inspection at all times during normal business hours.

## 530 CMR FIRE SAFETY COMMISSION

### 2.04: continued

(4) Appeals Procedure for the Automatic Sprinkler Appeals Board. Appeals shall be entered on forms provided by the Commission and shall be accompanied by an entry fee of \$100 or such other amounts as may be determined by the Commission from time to time. The appeal shall be signed by the appellant or his attorney and shall note the name and address of the person or agency in whose behalf the appeal is taken and the address wherein service of notice for the appellant is to be made. The appeal shall also state in detail the interpretation, order, requirement, direction or failure to act which are the grounds of the appeals as well as the particular section or sections of 530 CMR and M.G.L. c. 148, § 26A½ which are involved in the appeal and the reasons for the appellant advances supporting the appeal. A copy of the appeal shall be served in accordance with 530 CMR 2.03(2)(a) or (b) by the appellant on the head of the fire department from whose action or inaction the appeal is taken, on or before entry of the appeal. An affidavit, under oath, that such copy has been served shall be filed with the Board forthwith by the appellant.

(5) Stay of Proceedings. Entry of an appeal shall stay all proceedings in furtherance of the action or failure to act appealed from, unless the head of the fire department charged with the administration or enforcement of 530 CMR 2.00 presents evidence and the Board, or a five member panel or a single member of the Board, appointed by the chairman for said purpose, finds that upon the evidence presented a stay would involve imminent peril to life or property. In such an event, stay of all proceedings shall be waived or the Board or five member panel or single member may order such other action necessary to preserve public safety. Before waiving the stay or proceedings, the Board or five member panel or single member of the Board, appointed by the chairman for said purpose, shall hold a hearing and give the appellant and the head of the fire department or any person claiming that a stay would involve imminent peril to life or property, notice in writing of the hearing not less than 24 hours before said hearing.

(6) Documents. Upon entry, the clerk shall request in writing from the state, city, regional or town officer in charge of the matter on appeal, a copy of the record and all other papers and documents relative to the appeal to be transmitted forthwith to the Board. Said state, city, regional or town officer shall upon receipt of the request of the Board transmit forthwith all the papers and documents and a copy of the record relating to the matter on appeal.

(7) Hearings. The chairman of the board shall fix a convenient time and place for a public hearing. Said hearings shall be held not later than 30 days after the entry of such appeal, unless such time is extended by agreement with the appellant. Any such party may appear in person or by agent or by attorney at such hearing. The chairman or clerk shall give notice of the time and place of said hearing to all parties to the hearing and to anyone else requesting notice in writing at least ten days prior thereto. Failure to hold a public hearing within 30 days shall not affect the validity of the appeal or any decision rendered. The Board or five member panel in its hearings conducted under 530 CMR 2.04 shall not be bound by strict rules of evidence prevailing in courts of law or equity.

## 530 CMR FIRE SAFETY COMMISSION

(8) Decisions. If the appeal is conducted by a five member panel, then the concurrence of four of the five members holding the public hearing shall be required. On the finding of manifest injustice, the Board may grant a variance from any provision of M.G.L. c. 148, § 26A½ or from any provision of 530 CMR and may determine the suitability of alternate materials and methods of automatic sprinkler installation and may provide interpretations of M.G.L. c. 148, § 26A½ and 530 CMR; provided however, that the Board decisions shall not conflict with the general objectives of M.G.L. c. 148, § 26A½ and 530 CMR 2.00.

The Board shall vote at such hearing, and issue a decision or order reversing, affirming or modifying in whole or in part the order, interpretation, requirement, direction or failure to act which is the subject matter of the appeal. All decisions shall be in writing and state findings of fact, conclusions and reasons for decisions. Every decision shall indicate thereon the vote of each member and shall be signed by each member voting. A decision shall not be considered by any person or agency as a precedent for future decisions.

Notice of and a copy of the decision shall be sent by the clerk to all parties to the appeal and anyone requesting in writing a copy of the decision.

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2.04: continued

(9) Enforcement. Upon receipt of the decision of the Board, the parties to the appeal shall take action forthwith to comply with the decision unless a later time is specified in the decision.

(10) Appeals from Automatic Sprinkler Appeals Board. Any person aggrieved by a decision of the Automatic Sprinkler Appeals Board may appeal to a court of law or equity in conformance with M.G.L. c. 30A, § 14.

REGULATORY AUTHORITY

530 CMR 2.00: M.G.L. St. 1986, c. 633.

NON-TEXT PAGE

- PART I ADMINISTRATION OF THE GOVERNMENT
- TITLE II EXECUTIVE AND ADMINISTRATIVE OFFICERS OF THE COMMONWEALTH
- CHAPTER 6 THE GOVERNOR, LIEUTENANT GOVERNOR AND COUNCIL, CERTAIN OFFICERS UNDER THE GOVERNOR AND COUNCIL, AND STATE LIBRARY
- Section 200 Fire safety commission; membership; quorum; compensation; duties

Section 200. There shall be established a fire safety commission, hereinafter called the commission, to consist of the state fire marshal or his designee, the chairman of the board of building regulations and standards or his designee, the fire commissioner of the city of Boston or his designee and six members to be appointed by the governor, one of whom shall be a member of the Fire Chiefs Association of Massachusetts, one of whom shall be a member of the Massachusetts Association of Realtors, one of whom shall be a member of the hotel and motel association, one of whom shall be a registered professional engineer who is a structural engineer, one of whom shall be an inspector of wires with ten years of experience and is the holder of an electrician's license and one of whom shall be a member of the sprinkler fitters union.

Each member shall be appointed for a term of three years, except that in making his initial appointments the governor shall appoint two members for one year, two members to serve for two years and two members to serve for three years, as he may designate. Any person appointed to fill a vacancy shall serve only for the unexpired term. Any member shall be eligible for reappointment. Any member of the commission may be removed by the governor for cause, after being given a written statement of the charges and an opportunity to be heard thereon. No member shall act as a member of the commission or vote in connection with any matter as to which his private right, distinct from public interest, is concerned.

A majority of the members of the commission shall constitute a quorum for the purpose of conducting business, but a lesser number may adjourn from time to time.

The commission shall annually elect a chairman and a vice chairman from its members; provided, however, that no member shall serve as chairman or vice chairman for more than two consecutive years.

Each member of the commission who is not otherwise an employee of the commonwealth shall receive from the commonwealth fifty dollars for each day or portion thereof spent in the performance of his official duties; provided, however, that the total sum paid to any member in any fiscal year shall not exceed three thousand dollars. Each member shall be paid necessary traveling and other expenses incurred in the performance of his duties.

The commission shall make and from time to time alter, rescind, amend and repeal in accordance with chapter thirty A, rules and regulations providing for the implementation of a statewide plan to require the installation of automatic sprinklers in all buildings or structures subject to the provisions of section twenty-six A1/2 of chapter one hundred and forty-eight. Any regulation, as defined in section one of chapter thirty A, or any amendment or repeal of any such regulation adopted by the commission pursuant to this paragraph, shall, after compliance with all applicable provisions of said chapter thirty A, except section five, be submitted to the general court. Said commission shall file the proposed regulation, amendment or repeal with the clerk of the house of representatives, together with a statement that the pertinent provisions of said chapter thirty A, except section five, have been complied with. Such regulations shall be accompanied by a summary of the regulations in layman's terms. The clerk of the house of representatives, with the approval of the president of the senate and the speaker of the house of representatives, shall refer such regulations to the appropriate joint standing committee. Within thirty days after such referral, such committee may hold a public hearing on the regulations and shall issue a report to the commission. Said commission shall review said report and shall adopt final regulations as deemed appropriate in view of said report and shall file with the chairman of such reporting committee its final regulations, not earlier than thirty days after the filing of such report with said chairmen. Said commission shall file the final regulations with the state secretary as provided in section five of said chapter thirty and said regulations shall thereupon take effect.