

HOUSE No. 979

The Commonwealth of Massachusetts

In the Year Two Thousand Nine

An Act to Protect Consumers in the Purchase of Long-Term Care Insurance..

Be it enacted by the Senate and House of Representatives in General Court assembled, and by the authority of the same, as follows:

1 The General Laws, as appearing in the 2006 Official Edition, are hereby amended by
2 inserting after chapter 176R the following chapter: –

3 CHAPTER 176S

4 LONG-TERM CARE INSURANCE

5 Section 1. Short Title

6 This act may be cited as the Long-Term Care Insurance Act or the Act.

7 Section 2. Purpose

8 The purpose of this Act is to promote the public interest, to promote the availability of
9 long-term care insurance policies, to protect applicants for long-term care insurance, as defined,
10 from unfair or deceptive sales or enrollment practices, to establish standards for long-term care
11 insurance, to facilitate public understanding and comparison of long-term care insurance

12 policies, and to facilitate flexibility and innovation in the development of long-term care
13 insurance coverage.

14 Section 3. Scope

15 The requirements of this Act shall apply to policies delivered or issued for delivery in the
16 commonwealth on or after the effective date of this Act. This Act is not intended to supersede the
17 obligations of entities subject to this Act to comply with the substance of other applicable
18 insurance laws insofar as they do not conflict with this Act, except that laws and regulations
19 designed and intended to apply to Medicare Supplement insurance policies shall not be applied
20 to long-term care insurance.

21 Section 4. Definitions

22 As used in this chapter, the following words shall, unless the context clearly requires
23 otherwise, have the following meanings: -

24 “Long-term care insurance” means any insurance policy or rider advertised, marketed,
25 offered or designed to provide coverage for not less than twelve (12) consecutive months for
26 each covered person on an expense incurred, indemnity, prepaid or other basis; for one or more
27 necessary or medically necessary diagnostic, preventive, therapeutic, rehabilitative, maintenance
28 or personal care services, provided in a setting other than an acute care unit of a hospital. The
29 term includes group and individual annuities and life insurance policies or riders that provide
30 directly or supplement long-term care insurance. The term also includes a policy or rider that
31 provides for payment of benefits based upon cognitive impairment or the loss of functional
32 capacity. The term shall also include qualified long-term care insurance contracts. Long-term
33 care insurance may be issued by insurers; fraternal benefit societies; nonprofit health, hospital,

34 and medical service corporations. Long-term care insurance shall not include any insurance
35 policy that is offered primarily to provide basic Medicare supplement coverage, basic hospital
36 expense coverage, basic medical-surgical expense coverage, hospital confinement indemnity
37 coverage, major medical expense coverage, disability income or related asset-protection
38 coverage, accident only coverage, specified disease or specified accident coverage, or limited
39 benefit health coverage. With regard to life insurance, this term does not include life insurance
40 policies that accelerate the death benefit specifically for one or more of the qualifying events of
41 terminal illness, medical conditions requiring extraordinary medical intervention or permanent
42 institutional confinement, and that provide the option of a lump-sum payment for those benefits
43 and where neither the benefits nor the eligibility for the benefits is conditioned upon the receipt
44 of long-term care. Notwithstanding any other provision of this Act, any product advertised,
45 marketed or offered as long-term care insurance shall be subject to the provisions of this Act.

46 “Applicant” means: (a) In the case of an individual long-term care insurance policy, the
47 person who seeks to contract for benefits; and (b) In the case of a group long-term care insurance
48 policy, the proposed certificate holder.

49 “Certificate” means, for the purposes of this Act, any certificate issued under a group
50 long-term care insurance policy, which policy has been delivered or issued for delivery in the
51 commonwealth.

52 “Commissioner” means the insurance commissioner, appointed pursuant to section six of
53 chapter 26, or his/her designee.

54 “Division of Medical Assistance” means the state agency responsible for administering
55 programs of medical assistance in the commonwealth pursuant to chapter 118E.

56 “Effective date of coverage” means the date on which an insurance policy goes
57 into force.

58 “Group long-term care insurance” means a long-term care insurance policy that is
59 delivered or issued for delivery in the commonwealth and issued to:

60 (a) One or more employers or labor organizations, or to a trust or to the trustees of a fund

61 established by one or more employers or labor organizations, or a combination
62 thereof,

63 for employees or former employees or a combination thereof or for members
64 or former

65 members or a combination thereof, of the labor organizations; or

66 (b) Any professional, trade or occupational association for its members or former
67 or

68 retired members, or combination thereof, if the association:

69 (1) Is composed of individuals all of whom are or were actively engaged in the same
70 profession, trade or occupation; and

71 (2) Has been maintained in good faith for purposes other than obtaining insurance; or

72 (c) An association or a trust or the trustees of a fund established, created or maintained
73 for the benefit of members of one or more associations. Prior to advertising, marketing or

74 offering the policy within the commonwealth, the association or associations, or
75 the
76 insurer of the association or associations, shall file evidence with the
77 commissioner that
78 the association or associations have at the outset a minimum of 100 persons and
79 have
80 been organized and maintained in good faith for purposes other than that of
81 obtaining
82 insurance; have been in active existence for at least one year; and have a
83 constitution
84 and bylaws that provide that:

85 (1) The association or associations hold regular meetings not less than annually to further
86 purposes of the members;

87 (2) Except for credit unions, the association or associations collect dues or solicit
88 contributions from members; and

89 (3) The members have voting privileges and representation on the governing
90 board and committees. Thirty (30) days after the filing the association or
91 associations will be deemed to satisfy the organizational requirements, unless the
92 commissioner makes a finding that the association or associations do not satisfy those
93 organizational requirements.

94 (d) A group other than as described in subsections (a), (b) and (c), subject to a
95 finding by

96 the commissioner that:

97 (1) The issuance of the group policy is not contrary to the best interest of the public;

98 (2) The issuance of the group policy would result in economies of acquisition or
99 administration; and

100 (3) The benefits are reasonable in relation to the premiums charged.

101 “Policy” means, for the purposes of this Act, any policy, contract, subscriber agreement,
102 rider or endorsement delivered or issued for delivery in the commonwealth by an insurer;
103 fraternal benefit society; nonprofit health, hospital, or medical service corporation.

104 “Qualified long-term care insurance contract” or “federally tax-qualified long-term care
105 insurance contract” means

106 an individual or group insurance contract that meets the requirements of Section
107 7702B(b) of the Internal Revenue Code of 1986, as amended, as follows:

108 (1) The only insurance protection provided under the contract is coverage of qualified
109 long-term care services. A contract shall not fail to satisfy the requirements of this subparagraph
110 by reason of payments being made on a per diem or other periodic basis without regard to the
111 expenses incurred during the period to which the payments relate;

112 (2) The contract does not pay or reimburse expenses incurred for services or items to the
113 extent that the expenses are reimbursable under Title XVIII of the Social Security Act, as

114 amended, or would be so reimbursable but for the application of a deductible or coinsurance
115 amount. The requirements of this subparagraph do not apply to expenses that are reimbursable
116 under Title XVIII of the Social Security Act only as a secondary payor. A contract shall not fail
117 to satisfy the requirements of this subparagraph by reason of payments being made on a per diem
118 or other periodic basis without regard to the expenses incurred during the period to which the
119 payments relate;

120 (3) The contract is guaranteed renewable, within the meaning of section 7702B(b)(1)(C)
121 of the Internal Revenue Code of 1986, as amended;

122 (4) The contract does not provide for a cash surrender value or other money that can be
123 paid, assigned, pledged as collateral for a loan, or borrowed except as provided in this chapter;

124 (5) All refunds of premiums, and all policyholder dividends or similar amounts, under the
125 contract are to be applied as a reduction in future premiums or to increase future benefits, except
126 that a refund on the event of death of the insured or a complete surrender or cancellation of the
127 contract cannot exceed the aggregate premiums paid under the contract; and

128 (6) The contract meets the consumer protection provisions set forth in Section 7702B(g)
129 of the Internal Revenue Code of 1986, as amended.

130 (b) “Qualified long-term care insurance contract” or “federally tax-qualified long term
131 care insurance contract” also means the portion of a life insurance contract that provides
132 long-term care insurance coverage by rider or as part of the contract and that satisfies the
133 requirements of Sections 7702B(b) and (e) of the Internal Revenue Code of 1986, as amended.

134 Section 5. Extraterritorial Jurisdiction – Group Long-Term Care Insurance

135 No group long-term care insurance coverage may be offered to a resident of the
136 commonwealth under a group policy issued in another state to a group defined in section 4 of
137 this chapter, unless the Division of Insurance has determined that it meets all relevant statutory
138 and regulatory requirements, or another state having statutory and regulatory long-term care
139 insurance requirements substantially similar to those adopted in the commonwealth has made a
140 determination that such requirements have been met.

141 Section 6. Disclosure and Performance Standards for Long-Term Care Insurance

142 (a) The commissioner may adopt regulations that include, but are not limited to,
143 standards for full and fair disclosure setting forth the manner, content and required disclosures
144 for the sale of long-term care insurance policies, terms of renewability, initial and subsequent
145 conditions of eligibility, benefit requirements, non-duplication of coverage provisions, coverage
146 of dependents, preexisting conditions, recurrent conditions, termination of insurance,
147 continuation or conversion, probationary periods, limitations, exclusions, exceptions, reductions,
148 elimination periods, requirements for replacement, mandatory benefit offers, form and rate filing
149 procedures, requirements for agent training and marketing and definitions of terms.

150 (b) No long-term care insurance policy may:

151 (1) Be cancelled, nonrenewed or otherwise terminated on the grounds of the age or the

152 deterioration of the mental or physical health of the insured individual or

153 certificate

154 holder; or

155 (2) Contain a provision establishing a new preexisting condition limitation period in the

156 event an existing coverage is converted to or replaced by a new or other form within the
157 same company, except with respect to an increase in benefits voluntarily selected by the
158 insured individual or group policyholder; or

159 (3) Provide coverage for skilled nursing care only or provide significantly more
160 coverage for skilled care in a facility than coverage for lower levels of care.

161 (c) Preexisting Condition

162 (1) No long-term care insurance policy or certificate, other than a policy or certificate
163 issued to a group as defined in section 4 of this chapter, shall use a definition of “preexisting
164 condition” that is more restrictive than the following: Preexisting condition means a condition
165 for which medical advice or treatment was recommended by, or received from a provider of
166 health care services, within six (6) months preceding the effective date of coverage of an insured
167 person.

168 (2) No long-term care insurance policy or certificate, other than a policy or certificate
169 issued to a group as defined in section 4 of this chapter, may exclude coverage for any covered
170 benefit for which an insured person seeks coverage that is the result of a preexisting condition
171 unless the covered care occurs within six (6) months following the effective date of coverage of
172 an insured person.

173 (3) The commissioner may extend the limitation periods set forth in sections 6(c)(1) and
174 (2) of this chapter as to specific age group categories in specific policy forms upon findings that
175 the extension is in the best interest of the public.

176 (4) The definition of “preexisting condition” does not prohibit an insurer from using an
177 application form designed to elicit the complete health history of an applicant, and, on the basis
178 of the answers on that application, from underwriting in accordance with that insurer’s
179 established underwriting standards. Unless otherwise provided in the policy or certificate, a
180 preexisting condition, regardless of whether it is disclosed on the application, need not be
181 covered until the preexisting condition limitation period described in section 6(c)(2) of this
182 chapter expires. No long-term care insurance policy or certificate may exclude or use waivers or
183 riders of any kind to exclude, limit or reduce coverage or benefits for specifically named or
184 described preexisting diseases or physical conditions beyond the preexisting condition limitation
185 period described in section 6(c)(2) of this chapter.

186 (d) Prior hospitalization/institutionalization.

187 No long-term care insurance policy may be delivered or issued for delivery in the
188 commonwealth if the policy:

189 (1) Conditions eligibility for benefits or services on:

190 (A) a requirement that the insured is making a “steady improvement,” has

191 “recuperative potential” or has “returned to a pre-morbid condition;”

192 a prior hospitalization requirement or prior receipt of services from any

193 long-term care provider;

194 any standard of medical necessity, except for medical services

195 provided by a licensed professional; or

196 a care management system that disallows plan benefits if specific care
197 management standards and procedures are not met, unless specifically approved by the
198 commissioner and properly disclosed to the insured;

199 Conditions eligibility for benefits provided in an institutional care setting on the receipt
200 of a higher level of institutionalized care;

201 Conditions eligibility for any benefits, other than waiver of premium, post-confinement,
202 post-acute care or recuperative benefits, on a prior institutionalization requirement; or

203 Restricts or denies benefits because the insured is not eligible for Medicare.

204 (e) The commissioner may adopt regulations establishing loss ratio standards for long-
205 term care insurance policies provided that a specific reference to long-term care insurance
206 policies is contained in the regulation.

207 (f) Right to return—free look. Long-term care insurance insureds shall have the right to
208 return the policy or certificate within thirty (30) days of its delivery and to have the premium
209 refunded if, after examination of the policy or certificate, the insured is not satisfied for any
210 reason. Long-term care insurance policies and certificates shall have a notice prominently printed
211 on the first page or attached thereto stating in substance that the insured shall have the right to
212 return the policy or certificate within thirty (30) days of its delivery and to have the premium
213 refunded if, after examination of the policy or certificate, other than a certificate issued pursuant
214 to a policy issued to a group defined in section four of this chapter, the insured is not satisfied for
215 any reason. This subsection shall also apply to denials of applications and any refund must be
216 made within thirty (30) days of the return or denial.

217 (g) (1) An outline of coverage shall be delivered to a prospective applicant for long-term
218 care insurance at the time of initial solicitation through means that prominently direct the
219 attention of the recipient to the document and its purpose.

220 (A) The commissioner may prescribe a standard format, including style, arrangement and
221 overall appearance, and the content of an outline of coverage.

222 (B) In the case of agent solicitations, an agent shall deliver the outline of coverage prior
223 to the presentation of an application or enrollment form.

224 (C) In the case of direct response solicitations, the outline of coverage shall be presented
225 in conjunction with any application or enrollment form.

226 (D) In the case of a policy issued to a group defined in section 4 of this chapter, an
227 outline of coverage shall not be required to be delivered, provided that the information described
228 in sections 6(g)(2)(A) through (F) of this chapter is contained in other materials relating to
229 enrollment. Upon request, these other materials shall be made available to the commissioner.

230 (2) The outline of coverage shall include:

231 (A) A description of the principal benefits and coverage provided in the policy;

232 (B) A statement of the principal exclusions, reductions and limitations contained in the
233 policy;

234 (C) A statement of the terms under which the policy or certificate, or both, may be
235 continued in force or discontinued, including any reservation in the policy of a right to change
236 premium. Continuation or conversion provisions of group coverage shall be specifically
237 described;

238 (D) A statement that the outline of coverage is a summary only, not a contract of
239 insurance, and that the policy or group master policy contains governing contractual provisions;

240 (E) A description of the terms under which the policy or certificate may be returned and
241 premium refunded;

242 (F) A brief description of the relationship of cost of care and benefits; and

243 (G) A statement that discloses to the policyholder or certificate holder whether the policy
244 is intended to be a federally tax-qualified long-term care insurance contract under 7702B(b) of
245 the Internal Revenue Code of 1986, as amended.

246 (h) A certificate issued pursuant to a group long-term care insurance policy that is
247 delivered or issued for delivery in the commonwealth shall include:

248 (1) A description of the principal benefits and coverage provided in the policy;

249 (2) A statement of the principal exclusions, reductions and limitations contained in the
250 policy; and

251 (3) A statement that the group master policy determines governing contractual provisions.

252 (i) If an application for a long-term care insurance contract or certificate is approved, the
253 issuer shall deliver the contract or certificate of insurance to the applicant no later than thirty (30)
254 days after the date of approval.

255 (j) At the time of policy delivery, a policy summary shall be delivered for an individual
256 life insurance policy that provides long-term care benefits within the policy or by rider. In the
257 case of direct response solicitations, the insurer shall deliver the policy summary upon the

258 applicant's request, but regardless of request shall make delivery no later than at the time of
259 policy delivery. In addition to complying with all applicable requirements, the summary shall
260 also include:

261 (1) An explanation of how the long-term care benefit interacts with other
262 components of

263 the policy, including deductions from death benefits;

264 (2) An illustration of the amount of benefits, the length of benefit, and the guaranteed
265 lifetime benefits if any, for each covered person;

266 (3) Any exclusions, reductions and limitations on benefits of long-term care;

267 (4) If applicable to the policy type, the summary shall also include:

268 (A) A disclosure of the effects of exercising other rights under the policy;

269 (B) A disclosure of guarantees related to long-term care costs of insurance

270 charges; and

271 (C) Current and projected maximum lifetime benefits.

272 (k) Any time a long-term care benefit, funded through a life insurance vehicle by the
273 acceleration of the death benefit, is in benefit payment status, a monthly report shall be provided
274 to the policyholder. The commissioner may adopt regulations that identify the content and format
275 of this monthly report, which shall include, but not be limited to:

276 (1) Any long-term care benefits paid out during the month;

277 (2) An explanation of any changes in the policy, e.g., death benefits or cash values, due to
278 long-term care benefits being paid out; and

279 (3) The amount of long-term care benefits existing or remaining.

280 (1) If a claim under a long-term care insurance contract is denied, the issuer shall, within
281 sixty (60) days of the date of a written request by the policyholder or certificate holder, or a
282 representative thereof:

283 (1) Provide a written explanation of the reasons for the denial; and

284 (2) Make available all information directly related to the denial.

285 (m) Any policy or rider advertised, marketed or offered as long-term care or nursing
286 home insurance shall comply with the provisions of this chapter.

287 Section 7. Incontestability Period

288 (a) For a policy or certificate that has been in force for less than six (6) months an
289 insurer may rescind a long-term care insurance policy or certificate or deny an otherwise valid
290 long-term care insurance claim upon a showing of misrepresentation that is material to the
291 acceptance for coverage.

292 (b) For a policy or certificate that has been in force for at least six (6) months but less
293 than two (2) years an insurer may rescind a long-term care insurance policy or certificate or deny
294 an otherwise valid long-term care insurance claim upon a showing of misrepresentation that is
295 both material to the acceptance for coverage and which pertains to the condition for which
296 benefits are sought.

297 (c) After a policy or certificate has been in force for two (2) years it is not contestable
298 upon the grounds of misrepresentation alone; such policy or certificate may be contested only
299 upon a showing that the insured knowingly and intentionally misrepresented relevant facts
300 relating to the insured's health.

301 (d) (1) A long-term care insurance policy or certificate may be field issued if the
302 compensation to the field issuer is not based on the number of policies or certificates issued.

303 (2) For purposes of this section, "field issued" means a policy or certificate issued by a
304 producer or a third-party administrator pursuant to the underwriting authority granted to the
305 producer or third party administrator by an insurer and using the insurer's underwriting
306 guidelines.

307 (e) If an insurer has paid benefits under the long-term care insurance policy or certificate,
308 the benefit payments may not be recovered by the insurer in the event that the policy or
309 certificate is rescinded.

310 (f) In the event of the death of the insured, this section shall not apply to the remaining
311 death benefit of a life insurance policy that accelerates benefits for long-term care. In this
312 situation, the remaining death benefits under these policies shall be governed by sections 132 and
313 134 of chapter 175. In all other situations, this section shall apply to life insurance policies that
314 accelerate benefits for long-term care.

315 Section 8. Nonforfeiture Benefits

316 (a) Except as provided in section 8(b) of this chapter, a long-term care insurance policy
317 may not be delivered or issued for delivery in the commonwealth unless the policyholder or

318 certificate holder has been offered the option of purchasing a policy or certificate including a
319 nonforfeiture benefit. The offer of a nonforfeiture benefit may be in the form of a rider that is
320 attached to the policy. In the event the policyholder or certificate holder declines the
321 nonforfeiture benefit, the insurer shall provide a contingent benefit upon lapse that shall be
322 available for a specified period of time following a substantial increase in premium rates.

323 (b) When a group long-term care insurance policy is issued, the offer required in section
324 8(a) of this chapter shall be made to the group policyholder. However, if the policy is issued as
325 group long-term care insurance as defined in section 4 of this chapter, other than to a continuing
326 care retirement community or other similar entity, the offering shall be made to each proposed
327 certificate holder.

328 (c) The commissioner may promulgate regulations specifying the type or types of
329 nonforfeiture benefits to be offered as part of long-term care insurance policies and certificates,
330 the standards for nonforfeiture benefits, and the rules regarding contingent benefit upon lapse,
331 including a determination of the specified period of time during which a contingent benefit upon
332 lapse will be available and the substantial premium rate increase that triggers a contingent
333 benefit upon lapse as described in section 8(a) of this chapter.

334 Section 9. Producer Training Requirements

335 (a) (1) An individual may not sell, solicit or negotiate long-term care insurance unless the
336 individual is licensed as an insurance producer for accident and sickness or life and has
337 completed a one-time training course. The training shall meet the requirements set forth in
338 section 9(b) of this chapter.

339 (2) An individual already licensed and selling, soliciting or negotiating long-term care
340 insurance on the effective date of this Act may not continue to sell, solicit or negotiate long term
341 care insurance unless the individual has completed a one-time training course as set forth in
342 section 9(b) of this chapter, within one year from the effective date of this Act.

343 (3) In addition to the one-time training course required in Paragraphs (1) and (2) above,
344 an individual who sells, solicits or negotiates long-term care insurance shall complete ongoing
345 training as set forth in section 9(b) of this chapter.

346 (4) The training requirements of section 9(b) of this chapter may be approved as
347 continuing education courses under section 177E of chapter 175.

348 (b) (1) The one-time training required by this Section shall be no less than eight (8) hours
349 and the ongoing training required by this Section shall be no less than four (4) hours every 24
350 months.

351 (2) The training required under section 9(b)(1) of this chapter shall consist of topics
352 related to long-term care insurance, long-term care services and, if applicable, qualified state
353 long-term care insurance Partnership programs, including, but not limited to:

354 (A) State and federal regulations and requirements and the relationship between
355 qualified state long-term care insurance Partnership programs and other public and private
356 coverage of long-term care services, including Medicaid;

357 (B) Available long-term services and providers;

358 (C) Changes or improvements in long-term care services or providers;

359 (D) Alternatives to the purchase of private long-term care insurance;

360 (E) The effect of inflation on benefits and the importance of inflation protection;
361 and

362 (F) Consumer suitability standards and guidelines.

363 (3) The training required by this Section shall not include training that is insurer or
364 company product specific or that includes any sales or marketing information, materials, or
365 training, other than those required by state or federal law.

366 (c) (1) Insurers subject to this chapter shall obtain verification that a producer receives
367 training required by section 9(a) of this chapter before a producer is permitted to sell, solicit or
368 negotiate the insurer's long-term care insurance products, maintain records subject to the state's
369 record retention requirements, and make that verification available to the commissioner upon
370 request.

371 (2) Insurers subject to this chapter shall maintain records with respect to the training of its
372 producers concerning the distribution of its Partnership policies that will allow the state
373 insurance department to provide assurance to the state Medicaid agency that producers have
374 received the training contained in section 9(b)(2)(A) as required by section 9(a) of this chapter
375 and that producers have demonstrated an understanding of the Partnership policies and their
376 relationship to public and private coverage of long-term care, including Medicaid, in the
377 commonwealth. These records shall be maintained in accordance with the state's record retention
378 requirements and shall be made available to the commissioner upon request.

379 Section 10. Authority to Promulgate Regulations

380 The commissioner may issue regulations to monitor and promote premium adequacy and
381 to protect the policyholder in the event of substantial rate increases, and to establish minimum
382 standards for producer education, marketing practices, producer compensation, producer testing,
383 penalties and reporting practices for long-term care insurance.

384 Section 11. Administrative Procedures

385 Regulations adopted pursuant to this chapter shall be in accordance with the provisions of
386 chapters 30A, 118E, 176D, and section 108 of chapter 175.

387 Section 12. Severability

388 If any provision of this Act or the application thereof to any person or circumstance is for
389 any reason held to be invalid, the remainder of the Act and the application of such provision to
390 other persons or circumstances shall not be affected.

391 Section 13. Penalties

392 In addition to any other penalties provided by the laws of the commonwealth, any insurer
393 and any producer found to have violated any requirement of the commonwealth relating to the
394 regulation of long-term care insurance or the marketing of such insurance shall be subject to a
395 fine of up to three (3) times the amount of any commissions paid for each policy involved in the
396 violation or up to \$10,000, whichever is greater.