## **SENATE . . . . . . . . . . . . . . . . No. 216**

## The Commonwealth of Massachusetts

PRESENTED BY:

#### Thomas M. McGee

To the Honorable Senate and House of Representatives of the Commonwealth of Massachusetts in General Court assembled:

The undersigned legislators and/or citizens respectfully petition for the adoption of the accompanying bill:

An Act to improve quality physical education..

#### PETITION OF:

NAME:	DISTRICT/ADDRESS:
Thomas M. McGee	Third Essex
Sal N. DiDomenico	Middlesex and Suffolk
Michael F. Rush	Norfolk and Suffolk
William N. Brownsberger	
James B. Eldridge	
Robert F. Fennell	10th Essex
John Hart, Jr.	
Jonathan Hecht	29th Middlesex
Kevin G. Honan	17th Suffolk
Patricia D. Jehlen	
Stephen Kulik	1st Franklin
Denise Provost	27th Middlesex
Kathi-Anne Reinstein	16th Suffolk
Carl M. Sciortino, Jr.	34th Middlesex
Karen E. Spilka	
Ellen Story	3rd Hampshire

## **SENATE . . . . . . . . . . . . . . . No. 216**

By Mr. McGee, a petition (accompanied by bill, Senate, No. 216) of Thomas M. McGee, Sal N. DiDomenico, Michael F. Rush, William N. Brownsberger and other members of the General Court for legislation to improve quality physical education. Education.

# [SIMILAR MATTER FILED IN PREVIOUS SESSION SEE SENATE, NO. 248 OF 2009-2010.]

### The Commonwealth of Alassachusetts

In the Year Two Thousand Eleven

An Act to improve quality physical education..

Be it enacted by the Senate and House of Representatives in General Court assembled, and by the authority of the same, as follows:

- SECTION 1. Chapter 71 of the General Laws is hereby amended by striking out section
- 2 3, as so appearing, and inserting in place t hereof the following section:-
- Physical education shall be taught as a required subject in all grades for all students in the
- 4 public schools, by licensed teachers, certified in physical education. The purpose of physical
- 5 education shall be to increase the physical competence, health-related fitness and enjoyment of
- 6 physical activity so as to benefit children physically, cognitively, emotionally, and socially. In
- 7 addition, there shall be no substitution or waivers of instruction or activities for Physical
- 8 Education; and physical education coursework standards shall be based on the National
- 9 Association for Sport & Physical Education (NASPE) national standards for Physical Education
- including program and student assessment.

SECTION 2. The Commissioner of Elementary and Secondary Education, in conjunction with the Commissioner of Public Health, shall conduct an evaluation of current physical education standards, practices and the instruction provided to students in grades kindergarten through twelve and report their findings for each individual school. The report shall include, but not be limited to, (a) the current school physical education offerings with specifics in regards to the duration of each individual session and the number of days per week that the class meets per year and (b) report on how each individual school is providing a curriculum based quality physical education to achieve physical fitness, (c) the amount of recess student participate in each week, including the time and space allotted to recess in each school.

The Commissioner of Elementary and Secondary Education shall convey the findings for each individual school and report it to the to the Governor of the Commonwealth, the Senate President, the Speaker of the House, Chairpersons of the Joint Education Committee, and Chairpersons of the Joint Public Health Committee. The Commissioner of Elementary and Secondary Education shall make appropriate recommendations based on the findings in conjunction with the Commission on School Nutrition and Childhood Obesity established under Chapter 197 of the Acts of 2010.

SECTION 3. Within the Department of Elementary and Secondary Education a designated full time equivalent staff person shall be determined to serve as a physical education coordinator for the state. This such person shall, but not be limited to, gathering information on best practices of quality physical education and physical activity programs throughout the Commonwealth, developing and providing a comprehensive framework and technical assistance to schools in implementing quality physical education programs, identifying resources to

- 33 implement quality physical education programs and evaluating effectiveness of physical
- 34 education programs