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# The Commonwealth of Massachusetts

### PRESENTED BY:

### Brian A. Joyce

To the Honorable Senate and House of Representatives of the Commonwealth of Massachusetts in General Court assembled:

The undersigned legislators and/or citizens respectfully petition for the adoption of the accompanying bill:

An Act relative to level IV treatment interventions..

#### PETITION OF:

NAME:

Brian A. Joyce

DISTRICT/ADDRESS: Norfolk, Bristol and Plymouth

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By Mr. Joyce, a petition (accompanied by bill, Senate, No. 49) of Brian A. Joyce for legislation to create and authorize level iv behavioral treatment interventions. Children, Families and Persons with Disabilities.

## [SIMILAR MATTER FILED IN PREVIOUS SESSION SEE SENATE, NO. 45 OF 2009-2010.]

# The Commonwealth of Massachusetts

In the Year Two Thousand Eleven

An Act relative to level IV treatment interventions..

Be it enacted by the Senate and House of Representatives in General Court assembled, and by the authority of the same, as follows:

1 SECTION 1. Chapter 6A is hereby amended by adding the following section:-

3 (a) As used in this section, the following words shall, except as otherwise provided, have
4 the following meanings:-

5 "Level IV treatment intervention", any procedure which involves the systematic use of

6 noxious or intrusive stimuli which are generally known to be painful or otherwise unpleasant to

7 individuals, including but not limited to, procedures that: (1) cause physical pain to the

8 individual, whether administered directly or through intermediate devices, such as skin electric

9 shock, inhalants, or ingestible substances (excluding alcoholism treatments, such as disulfram,

<sup>2</sup> Section 16P.

10	Antabuse or Antabus); (2) involve sleep or food deprivation; (3) include the introduction of
11	additives to make food unpleasant; or (4) involve the prompting of an individual to engage in a
12	behavior which then results in an aversive stimulus being applied as a punitive consequence.
13	"Department", the department of mental retardation, or its successor, the department of
14	developmental services, as established in Chapter 19B.
15	"Individual treatment plan", a plan approved by the statewide peer review committee
16	pursuant to regulations promulgated under this section.
17	"Secretary", secretary of the executive office of health and human services.
18	(b) The Department hereby creates a new classification of behavioral treatment
19	interventions, to be known as Level IV treatment interventions. The Department shall, with the
20	advice and input of the statewide peer review committee, promulgate rules and regulations
21	consistent with this chapter regarding the use of Level IV treatment interventions to address
22	behaviors that present a pattern of conduct or behavior caused by a disorder which poses a
23	serious danger or risk of injury or harm to self or others by any consumer of any public or private
24	agency in the commonwealth receiving public funding or subsidy through the federal
25	government, the commonwealth, any of its political subdivisions, or another state or political
26	subdivision, thereof. The Department regulations regarding the use of Level IV treatment
27	interventions will govern all uses of such procedures by any public or private agency receiving
28	public funding through the federal government, the Commonwealth of Massachusetts, any of its
29	political subdivisions, or another state or political subdivision, thereof.
30	Level IV treatment interventions are designed for the treatment of certain types of
21	demonstrate on self destructive helpsving fellowing a num determined treatment motocal which

31 dangerous or self destructive behaviors following a pre-determined treatment protocol which

32 includes highly punitive techniques designed to teach an individual not to repeat those 33 challenging behaviors. Level IV treatment interventions are the most intrusive form of treatment 34 interventions and they shall be considered to only be used as a method to address behaviors that 35 directly present a clear risk of injury or harm to self or others. Level IV treatment interventions 36 are not appropriate for addressing minor behavior problems, even if said behaviors are identified 37 as antecedents to targeted challenging behaviors. Level IV treatment interventions should only 38 be considered when reinforcement-based interventions and other less intrusive treatments have 39 failed, including programs developed by clinicians specially skilled in positive behavior 40 supports. Documentation of the fidelity of the application of all less intrusive interventions and 41 the completion of formal procedural reliability assessments must be provided in all proposed 42 Level IV treatment intervention submissions.

Level IV treatment interventions are restricted to those techniques and procedures that are considered as evidence-based practices and meet the standards of being scientifically validated, as demonstrated by their publication in peer-reviewed professional journals. All such proposed interventions must have been demonstrated as clinically effective in the reduction of similar topographies of challenging behaviors with participants within similar age ranges, diagnostic categories, and settings. All such proposed interventions for children must be consistent with the Individuals with Disabilities Education Act of 2004 (IDEA) and No Child Left Behind.

(c) There shall be a statewide peer review committee on Level IV treatment interventions, hereinafter called the statewide committee, consisting of five members appointed by the governor for terms of three years. The statewide committee shall be located within, but not subject to control by, the executive office. Members of the statewide committee shall be residents of the commonwealth and citizens of the United States. Two members of the statewide

55 committee shall be licensed psychologists, who meet the guidelines and standards of clause (2) 56 (d) below, have 10 or more years of experience in applied behavior analysis and behavior 57 treatment of severe behavior problems, and shall have been actively engaged in the practice of 58 applied behavior analysis and behavior treatment of severe behavior problems for the five years 59 next preceding their appointment. Two members of the committee shall be either Licensed 60 Independent Behavior Analysts in the commonwealth or Board Certified Behavior Analysts who 61 meet the guidelines and standards of clause (d) below, have 10 or more years of experience in 62 applied behavior analysis and behavior treatment of severe behavior problems and shall have 63 been actively engaged in the practice of applied behavior analysis and behavior treatment of 64 severe behavior problems for the five years next preceding their appointment. One member of 65 the statewide committee shall be selected from and shall represent the public, subject to the 66 provisions of section nine B of chapter 13.

In the case where a public or private agency in the commonwealth receives public funding from another state or jurisdiction and seeks to utilize a Level IV procedure with a client whose permanent residence is from that state or jurisdiction, said state or jurisdiction may recommend an individual who meets the guidelines and standards of clause (d) below to serve as an "ad-hoc", sixth member of the statewide committee to review any and/or all proposed Level IV treatment interventions for residents from said state or jurisdiction.

The statewide committee shall: (1) oversee all Level IV treatment interventions being implemented with any person in the commonwealth who is served by a public or private agency receiving public funding or subsidy through the federal government, the commonwealth, any of its political subdivisions or another state or political subdivision thereof; appoint a Chair from its permanent members; (3) review individual treatment plans and make recommendations to the

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Probate and Family Court regarding the approval or disapproval of Level IV treatment interventions within such treatment plans; (4) review and make recommendations to the department regarding guidelines and standards for facility peer review committees; (5) review and make recommendations to the executive office for any requested exclusions or waivers from the regulations governing Level IV treatment interventions; and (6) be assisted in its duties by the executive office, which shall provide technical, technological, operational and administrative support.

85 Members of the statewide committee may participate in any meeting by means of a 86 conference telephone or similar communications equipment by means of which all persons 87 participating in the meeting may simultaneously hear each other, and participation by such 88 means shall constitute presence in person at a meeting. Members may also transmit or receive 89 any written materials discussed at a meeting and transmit any written authorizations that may be 90 required during the meeting by electronic facsimile or other commercially acceptable 91 transmission. A quorum shall consist of not less than a majority of the members of the statewide 92 committee participating in the meeting.

A member of the statewide committee shall be indemnified from any civil action brought for damages to the same extent as provided for public employees in chapter 258, and shall be indemnified for all expenses in the defense thereof provided, however, that the claim arose out of acts performed by such member while acting within the scope of the member's official duties.

97 (d) All Level IV treatment interventions shall be designed by an individual who is a
98 Licensed Applied Behavior Analyst, or is a Board Certified Behavior Analyst, or holds Specialty
99 Certification in Cognitive and Behavioral Psychology from the American Board of Professional

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100 Psychology, or is a Licensed Psychologist with documented education, professional training and 101 experience in applied behavior analysis and behavioral treatment, and 5 years of full-time 102 experience serving individuals within the same age range and diagnostic category; demonstrating 103 similar topographies of challenging behaviors and utilizing similar treatment approaches as those 104 proposed in the Level IV plan under review. Individuals responsible for the design of Level IV 105 treatment interventions will comply fully with the Ethical Principles of Psychologists and the 106 Code of Conduct of the American Psychological Association. All Level IV treatment 107 interventions submitted for review and approval must meet the standards outlined within the 108 Guidelines for Responsible Conduct of the Behavior Analysis Certification Board, and include 109 documentation that the challenging behaviors being addressed are not a function of a medical or 110 psychiatric disorder. Additionally, all such proposed interventions must include evidence of the 111 completion of a formal comprehensive functional behavioral assessment, a preference 112 assessment, and reinforcement strategies designed to teach functionally equivalent replacement 113 behaviors. In addition to the ongoing empirical measurement of all targeted challenging and 114 replacement behaviors throughout any approved Level IV treatment intervention, all such Level 115 IV treatment interventions must also include ongoing objective documentation of the trauma 116 suffered by the individual or others as a result of the challenging behaviors addressed within the 117 treatment plan.

(e) Level IV treatment interventions shall only be implemented by staff persons who
have received specific training in the application of the intervention and the individualized
treatment plan. Documentation listing all qualified staff who received training in the Level IV
treatment intervention and the individuals who designed the treatment protocol and who

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administered each application of the Level IV treatment intervention shall be incorporated in theclient record.

All level IV treatment interventions shall be implemented only under the direct supervision and physical presence of a Licensed Applied Behavior Analyst, a Board Certified Behavior Analyst, a professional with Specialty Certification in Cognitive and Behavioral Psychology from the American Board of Professional Psychology, or a Licensed Psychologist with documented education, professional training and experience in applied behavior analysis and behavioral treatment.

130 (f) Each facility seeking to use Level IV treatment interventions shall establish a facility 131 peer review committee, hereinafter called the facility committee, whose membership shall 132 include (1) a minimum of two Licensed Applied Behavior Analysts or Board Certified Behavior 133 Analysts or psychologists with documented education, professional training and experience in 134 applied behavior analysis and behavioral treatment, (2) one psychologist with broad clinical 135 expertise outside the specialty of applied behavior analysis, (3) a physician, and (4) a public 136 member who shall not, nor shall have been within the period of five years immediately preceding 137 his/her appointment either been employed by said facility, been a recipient of services from said 138 facility, nor having had any immediate family members been an employee or recipient of 139 services from said facility.

Prior to application to the statewide committee for authority to implement a Level IV
behavior treatment intervention, consent shall be obtained from the client (if competent) and the
facility committee.

143 In cases of extreme emergencies, the agency serving the individual shall not be required 144 to apply for approval to the facility committee, but shall apply directly to the statewide 145 committee for a 30-day temporary approval of the intervention, provided, that the agency has 146 secured informed consent from the client (if competent). If such emergency application is 147 approved by the statewide committee consistent with clauses (g) and (h) below, the application 148 must also be submitted, together with a copy of the statewide committee's vote, prior to 149 implementation, to the Probate and Family Court of the county in which the client resides for approval through a substituted judgment review process. 150

151 (g) Prior to rendering a decision, the statewide committee shall permit the proponent of 152 the use of such interventions and any other interested person the opportunity to present materials 153 in support of or in opposition to the proposed treatment plan. Approval of a Level IV treatment 154 intervention by the statewide committee shall require an affirmative vote of a majority of the 155 members participating at the meeting when said Level IV treatment intervention was under 156 review. The decision of the statewide committee shall be in writing, with supporting reasons 157 provided for its decision. A finding by the statewide committee permitting Level IV treatment 158 interventions with respect to any individual treatment plan shall be submitted thereafter to the 159 probate court of the county in which the client resides as part of the court's independent review 160 and approval of said treatment plan.

(h) Level IV treatment interventions shall not be initially approved by the statewide
committee unless the proponent of the use of such interventions provides clear and convincing
evidence through the evaluation protocol and ongoing behavioral data, that (i) the target behavior
presents an immediate risk of serious physical injury or harm to self or others; (ii) the Level IV
procedures will lead to positive outcomes and a significant decrease in the target behaviors; and

(iii) that less intrusive treatments continue to be unsuccessful or would present an immediate riskof serious physical injury or harm.

168 Level IV treatment interventions may be initially approved for no more than 30 days by 169 the statewide committee, and may be re-approved thereafter for additional 30-day periods, not to 170 exceed six months. Request for re-approval shall be subject to such conditions as the statewide 171 committee may designate, including a review of all existing data to confirm that the use of the 172 Level IV treatment intervention has led to positive outcomes and a significant decrease in the 173 target behaviors. Any request for the use of the Level IV treatment intervention beyond the 30-174 day trial shall require re-submission to the statewide peer review committee and the probate 175 court of the county in which the client resides as part of the court's independent review and 176 approval of said treatment plan. The statewide committee shall petition the Commissioner of the 177 Department to review all cases in which the continued use of Level IV treatment interventions 178 are requested beyond the six-month limit.

(i) The Secretary may, after a hearing pursuant to chapter 30A, deny, refuse, revoke,
limit or suspend a license of any recipient of funding or subsidy through the executive office for
failure to comply with the provisions of this section.

Except for emergency regulations adopted pursuant to Section 2 of chapter 30A, any regulation, as defined in Section 1 of said chapter 30A, or any amendment or repeal of any such regulation adopted by the Department pursuant to this section, shall, after compliance with all applicable provisions of this section and said chapter 30A, except section 5, be submitted to the general court. Said Department shall file the proposed regulation, amendment or repeal with the clerk of the house of representatives, together with a statement of compliance with the pertinent

188 provisions of said chapter 30A, except section 5. The clerk of the house of representatives, with 189 the approval of the president of the senate and the speaker of the house of representatives, shall 190 refer such regulations to the joint committee on children, families, and persons with disabilities. 191 Within 30 days after such referral, said legislative committee may hold a public hearing on the 192 regulations and shall issue a report to said Department. Said report shall contain any proposed 193 changes to the regulations voted upon by the legislative committee. The Department and the 194 statewide committee shall review and report and the Department shall adopt final regulations as 195 deemed appropriate in view of said report and shall file with the chairmen of the legislative 196 committee its final regulations. If the final regulations do not contain the changes proposed by 197 the legislative committee, the Department shall send a letter to the legislative committee 198 accompanying the final regulations stating the reasons why such proposed changes were not 199 adopted. Not earlier than 45 days after the filing of such letter and final regulations with said 200 legislative committee, said Department shall file the final regulations with the state secretary as 201 provided in section 5 of said chapter 30a and said regulations shall thereupon take effect.

If no such proposed changes to the regulations are made to the Department within 60 days of the initial filing of the proposed regulation or any amendment or a repeal of such regulation with the clerk of the house of representatives, the Department may file the final regulations with the state secretary as provided in section 5 of the said chapter 30A and said regulations shall thereupon take effect.

207 SECTION 2. Within 90 days after the passage of this act, the Department, with 208 the advice and input of the statewide committee shall draft, pursuant to chapter 30A, proposed 209 rules and regulations to the General Court regarding the development, review, approval, and on-210 going review and monitoring process for Level IV treatment interventions. SECTION 3. The implementation of any Level IV treatment intervention beyond the scope of a court-ordered treatment plan or the approval of the statewide committee, or by a staff member who does not meet the requirement of section 16P of chapter 6A will be considered an act of mistreatment, pursuant to section 13K of chapter 265 and shall be reported to the Disabled Persons Protection Commission.

SECTION 4. Except as provided herein, this act shall not otherwise alter the
procedures for substituted judgment review by the Probate and Family Court.