

# The Commonwealth of Massachusetts Executive Office of Health and Human Services Department of Public Health 250 Washington Street, Boston, MA 02108-4619

CHARLES D. BAKER Governor

KARYN E. POLITO Lieutenant Governor MARYLOU SUDDERS Secretary

MONICA BHAREL, MD, MPH

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June 6, 2016

Steven T. James House Clerk State House Room 145 Boston, MA 02133

William F. Welch Senate Clerk State House Room 335 Boston, MA 02133

Dear Mr. Clerk,

Pursuant to Line Item 4512-0210 of Section 2 of Chapter 165 of the Acts of 2014, and Line Item 1595-4510 of Section 2E of Chapter 46 of the Acts of 2015, please find enclosed a report on the Substance Abuse Trust Fund for each quarter of FY15 and the first three quarters of FY16. As required by statute, the enclosed report includes "1) the way funds were spent in the previous quarter, including, but not limited to, an itemized accounting of the goods and services that were procured; (2) an accounting of substance abuse services provided by the fund, broken down by month and type of service, since 2011 through the current quarter; (3) the number of clients served, by month and type of service, by the goods and services procured in the previous quarter; (4) amounts expended by type of service for each month in the prior quarter; and (5) procurement and service goals for the subsequent quarter."

Sincerely,

Monica Bharel, MD, MPH Commissioner Department of Public Health



**Charles D. Baker**Governor

**Karyn Polito**Lieutenant Governor



Marylou Sudders Secretary

Monica Bharel, MD, MPH Commissioner

# Substance Abuse Trust Fund Report

Fiscal Year 2015 Fiscal Year 2016 Q1-Q3

**June 2016** 





#### **Legislative Mandate**

The following report is hereby issued pursuant to Line Item 4512-0210 of Section 2 of Chapter 165 of the Acts of 2014, and Line-Item 1595-4510 of Section 2E of Chapter 46 of the Acts of 2015:

The commissioner of public health shall report quarterly to the executive office of administration and finance, the joint committee on mental health and substance abuse and the house and senate committees on ways and means on: (1) the way funds were spent in the previous quarter, including, but not limited to, an itemized accounting of the goods and services that were procured; (2) an accounting of substance abuse services provided by the fund, broken down by month and type of service, since 2011 through the current quarter; (3) the number of clients served, by month and type of service, by the goods and services procured in the previous quarter; (4) amounts expended by type of service for each month in the prior quarter; and (5) procurement and service goals for the subsequent quarter."

#### **Executive Summary**

The Bureau of Substance Abuse Services (BSAS) within the Department of Public Health is the Commonwealth's single state authority (SSA) to oversee the provision of substance abuse and gambling addiction treatment in Massachusetts. BSAS is responsible for licensing substance abuse and gambling addiction treatment programs, Licensed Alcohol and Drug Counselors (LADC), and certification of addiction prevention programs.

Beyond its regulatory function, BSAS is a vendor of a continuum of addiction services including prevention, intervention, treatment, and recovery support. These services include: licensed treatments such as inpatient detoxification; inpatient post detoxification stabilization; residential rehabilitation; outpatient counseling; and, medication assisted treatment including methadone maintenance and Office Based Opioid Treatment (OBOT). In addition, BSAS funds non-licensed services such as case management for individuals and families and for recovery support.

This report provides an accounting of the initial planned services being procured under the fund and related encumbrances and projected expenditures through the third quarter of 2016.

This report also includes a register of the clients served and the types of services provided between FY2011 and FY2015, inclusive.

## **FY15** Procurements and Expenditures

At the start of Fiscal Year 2015, BSAS allocated resources to expand capacity within certain existing programs. Many of the initiatives that are being implemented through this fund require the procurement and development of new systems including program design, siting, construction, and staffing. The following table includes the initiatives that are being implemented through the fund in quarter four (4).

Recommended Program/Initiative	Annual Amount*	Procurement Status	Encumber FY15**	Spending 1 <sup>st</sup> Quarter FY15	Spending 2nd Quarter FY15 (Cumulative)	Spending 3rd Quarter FY15 (Cumulative)	Final Spending 4th Quarter FY15 (Cumulative)	FY15 Balance to roll into FY16
Expand Learn to Cope Chapters across the state	\$300,000	Completed upwardly amended existing contract as of July 2014	\$300,000	\$0.00	\$150,000	\$300,000	\$300,000	\$0
Expand the hours of currently existing Recovery Support Centers	\$350,000	Completed upwardly amended existing contract as of July 2014	\$350,000	\$58,331	\$155,333	\$165,000	\$313,881	\$36,119
Expand the use of injectable naltrexone for persons re- entering the community from correctional facilities ***	\$1,000,000	Completed (ISA to DOC) funds transferred to DOC via ISA as of August 2014	\$1,000,000	\$0.00	\$125,000	\$ 450,000.	\$747,292	\$252,708
Develop peer to peer support networks	\$500,000	Completed upwardly amended existing contract as of October 2014	\$348,570	\$0.00	\$100,000	\$162,512	\$248,570	\$251,430
Add three new Recovery Support Centers	\$1,050,000	Completed awarded Sept. 2014	\$551,500	\$137,875	\$275,750	\$ 430,920	\$533,687	\$516,313
Develop a new Acute Treatment Services (ATS) program in Franklin County	\$500,000	Completed awarded November 2014	\$445,000	\$0.00	\$0.00	\$0.00	\$398,365	\$101,635
Develop a new Clinical Stabilization Services (CSS) program in Franklin County	\$350,000	Completed awarded November 2014	\$294,500	\$0.00	\$0.00	\$0.00	\$272,282	\$77,718

Recommended Program/Initiative	Annual Amount*	Procurement Status	Encumber FY15**	Spending 1 <sup>st</sup> Quarter FY15	Spending 2nd Quarter FY15 (Cumulative)	Projected Spending 3 <sup>rd</sup> Quarter FY15 (Cumulative)	Projected Spending 4th Quarter FY15 (Cumulative)	FY15 Balance to roll into FY16
Add five community based treatment programs for youth and young adults to provide home based counseling services	\$1,000,000	Completed awarded November 2014	\$1,000,000	\$0.00	\$0.00	\$305,944	\$756,023	\$243,977
Increase capacity to provide medication assisted treatment including injectable naltrexone by adding three Office Based Treatment Programs	\$300,000	Completed awarded January 2015	\$1,000,000	\$0.00	\$0.00	\$32,402	\$83,627	\$216,373
Develop a Recovery High School in the Worcester area	\$500,000	Completed awarded January 2015	\$250,000	\$0.00	\$0.00	\$16,346	\$249,076	\$250,924
Pilot regional assessment centers *****	\$1,800,000	On Hold	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$1,800,000
Develop a central navigation system that could be accessed through an 800 number	\$750,000	On Hold	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$750,000
Add one residential treatment programs for 16-21 year olds *****	\$660,985	On Hold	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$660,985
Add one family residential treatment program *****	\$820,000	On Hold	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$820,000
Grand Total	\$9,880,985		\$5,539,570	\$196,206	\$806,083	\$1,866,124	\$3,902,803	\$5,978,182
Uncommitted	\$119,015							\$119,015
Total Trust Fund	\$10,000,000							\$,6,097,197

Annual amounts reflect yearly costs for fully implemented programs.

<sup>\*\*</sup>Encumbered amounts are prorated based on start date and start up process.

<sup>\*\*\*</sup>Expenditures projected by DOC.

<sup>\*\*\*\*</sup>Being addressed in Governor Baker's Opioid Working Group.

<sup>\*\*\*\*\* &</sup>quot;On Hold" pending Governor's Opioid Working Group.

## FY16 Q1 through Q3 Procurements and Expenditures

At the start of Fiscal Year 2016, BSAS allocated resources to expand capacity within certain existing programs. Many of the initiatives that are being implemented through this fund require the procurement and development of new systems including program design, siting, construction, and staffing. The following table includes the initiatives that are being implemented through the fund through quarter three (3).

Recommended Program/Initiative	Annual Amount *	Procurement Status	Encumbered FY16**	Spending 1st Quarter FY16	Spending 2nd Quarter FY 16 (Cumulative)	Spending 3rd Quarter FY16 (Cumulative)	Projected Spending 4th Quarter FY16 (Cumulative)
Expand Learn to Cope Chapters across the state	\$300,000	Completed- upwardly amended existing contract as of July 2014	\$300,000	\$63,559	\$300,000	\$300,000	\$300,000
Expand the hours of currently existing Recovery Support Centers	\$350,000	Completed- upwardly amended existing contract as of July 2014	\$350,000	\$0	\$0	\$2,469	\$350,000
Expand the use of injectable naltrexone for persons re-entering the community from correctional facilities	\$1,000,000	Completed (ISA to DOC) funds transferred to DOC via ISA as of August 2014	\$1,000,000	\$205,821	\$414,363	\$622,905	\$1,000,000
Develop peer to peer support networks	\$500,000	Completed- upwardly amended existing contract as of October 2014	\$500,000	\$91,146	\$256,730	\$422,315	\$500,000
Add three new Recovery Support Centers	\$1,050,000	Completed - awarded September 2014	\$1,050,000	\$196,668	\$435,396	\$674,125	\$1,050,000
Add a new Acute Treatment (ATS) program in Franklin County	\$548,706	Completed - awarded November 2014	\$548,706	\$23,887	\$105,450	\$187,013	\$374,026
Develop a new Clinical Stabilization Services (CSS) program in Franklin County	\$350,000	Completed - awarded November 2014	\$346,178	\$20,557	\$87,977	\$155,397	\$310,794

Extend Services in community-based treatment programs for youth, young adults & families	\$893,294	Completed - awarded November 2014	\$219,507	\$0	\$0	\$0	\$54,877
Increase capacity to provide medication assisted treatment including injectable naltrexone by adding 13 Office Based Treatment Programs	\$1,100,000	Completed awarded January 2015	\$570,271	\$42,840	\$85,679	\$246,924	\$380,181
Opioid Urgent Care Centers***	\$1,800,000	Completed awarded March 2016	\$409,563	\$0	\$0	\$0	\$409,563
****Helpline	\$750,000	Completed awarded March 2016	\$750,000	\$0	\$0	\$0	\$750,000
Recovery Coaches in Emergency Departments	\$1,000,000	Procurement Completed 7/1/16 Start date	\$0	\$0	\$0	\$0	\$0
ESP Project through MassHealth	\$358,000	Completed (ISA to MassHealth) funds transferred to MassHealth via ISA as of April 2016	\$358,000	\$0	\$0	\$0	\$358,000
Develop a Recovery High School in the Worcester area****	\$0	Moved to a different account	\$177,442	\$58,890	\$177,442	\$177,442	\$177,442
Grand Total	\$10,000,000		\$6,579,668	\$703,366	\$1,863,037	\$2,788,590	\$6,014,883

<sup>\*</sup> Annual amounts reflect yearly costs for fully implemented programs.

<sup>\*\*</sup> Encumbered amounts can be prorated based on start date and start up process

<sup>\*\*\*</sup> Formerly known as "Pilot Regional Assessment Centers"

<sup>\*\*\*\*</sup>Formerly known as "Central Navigation System that could be accessed through an 800 number

<sup>\*\*\*\*\*</sup>This project was moved to a different account after Q2

<sup>\*\*\*\*\*</sup> No longer occurring

# Clients Served from FY2011 through FY2015

The table below shows the number of clients served between FY2011 and FY2015 by service type. The table provides a cumulative count for FY2011 as well as quarterly counts for the fourth quarter of FY2015.

Number of Clients served in Substance Service Type	Abuse Trea	tment Prog	grams during	g FY11- FY 1	L5 by		FY 2015 Q1- Q4  FY FY FY FY FY 2015 2015 2015 Q1 Q2 Q3 Q4 4,767 4,710 5,030 6,083  1.029 1.032 1.073 1.199		
Service Types	FY 2011	FY 2012	FY 2013	FY 2014	FY 2015	2015	2015	2105	2015
1 <sup>st</sup> Offender Drunk Driver***	12,551	12,117	13,366	12,505	11,813				
2 <sup>nd</sup> Offender Aftercare	2,593	2,553	2,377	1,941	1,793	1,029	1,032	1,073	1,199
2 <sup>nd</sup> Offender Residential	1,480	1,473	1,372	1,253	1,411	152	113	177	379
Access to Recovery (ATR)		6	9	*					
Acupuncture Detox	482	558	443	441	451	148	135	143	451
Acute Treatment Services	37,924	38,073	40,165	43,976	41,869	3,910	3,476	4,026	10,763
Adolescent Recovery Home	117	135	142	150	112	39	34	38	44
ATARP	42	42	42	42	42	42	42	42	42
BSAS Case Mgt./Sec. 35 ACRA/ACC					*				
BSAS Case Mgt./Sec. 35 CSP					178	79	79	59	73
BSAS Sec. 35 - ATS					34	6			
BSAS Specialty Court Clients					124	17	48	81	109
BSAS Supportive Case Mgt. Levels					*				
BSAS Young Adult Residential					49	15	16	24	44
BSAS Youth Stabilization/Sec. 35					66	8	*	15	30
Case Management						14	14	12	10
Case Mgt Families in Sober Living	45	60	11	45	26	16	16	18	20
Clinical Stabilization Services	6,339	6,877	6,546	7,358	7,244	719	698	798	1,965
Compulsive Gambling	177	98	82	73	85	50	47	50	55
County Corrections	3,006	2,741	2,754	2,549	2,570	879	891	901	1,189
Day Treatment	5,701	5,173	4,453	3,366	3,137	688	636	717	1,185
Drug Court Case Mgt.				40	81	53	55	58	66
Drug Court Programs	9	7	7		*				
DYS Residential	29	29	29	29	29	29	29	29	29

Number of Clients served in Substance Abuse Treatment Programs during FY11- FY 1 Service Type						FY 2015 Q1- Q4			
	l								
	FY	FY	FY	FY	FY	FY	FY	FY	FY
Service Types	2011	2012	2013	2014	2015	2015	2015	2015	2015
		4.04	400	242		Q1	Q2	Q3	Q4
Jail Diversion Case Mgt./ Component^	84	161	190	240	244	98	102	109	134
Family Focused Intervention & Care	40	197	371	600	596	291	288	297	320
Coordination									
Family Residential	321	320	293	313	295	106	110	114	144
Housing Options Program	14	14	14	14	14	14	14	14	14
Intensive Outpatient Treatment	11	11	11	11	11	11	11	11	11
Jail Diversion –Residential Component	80	159	163	174	193	40	48	50	82
Low Threshold Housing	310	347	374	380	377	356	355	352	358
Methadone Treatment	20,613	21,154	22,132	22,809	21,677	6,924	6,736	6,801	7,585
ОВОТ	2,673	2,757	2,820	2,852	3,098	2,137	2,132	2,181	2,409
Other	502	308	238	194	185	184	184	184	183
Outpatient Counseling	27,668	26,741	25,941	25,601	25,944	14,987	14,888	15,333	17,707
Permanent Housing	1,319	1,381	1,273	1,253	1,255	1,139	1,139	1,140	1,175
Recovery High School		148	247	245	194	159	161	168	180
Recovery Home	6,309	6,488	6,572	6,466	6,171	1,624	1,576	1,629	2,470
Recovery Support Services	672	1,229	1,869	2,549	2,985	2,327	2,305	2,361	2,654
Residential/Section 35				961	874	224	242	261	354
Section 35	3,098	3,330	3,101	3,739	3,818	467	436	520	1,096
Social Model House	861	840	788	719	708	212	215	217	319
State Parole Board	2,727	1,765	1,732	1,775	1,501	432	397	407	631
Tewksbury Stabilization	810	686	717	677	573	94	77	92	163
Therapeutic Community	696	829	896	801	828	214	199	198	316
Transitional Housing	1,110	1,122	1,108	1,055	1,009	732	738	733	799
Transitional Support Services	3,972	3,900	3,734	4,388	4,308	495	493	576	1,249
TSS/Section 35				58	419	65	46	40	100
Unknown	1,668	1,644	1,767	1,778	1,560	1,510	1,509	1,511	1,520
Youth Intervention	109	144	130	133	127	82	86	91	97
Youth Residential	418	411	430	417	384	74	67	79	129
Youth Stabilization	893	822	850	844	752	94	84	108	224
Summary **	147,478	146,850	149,595	154,857	141,319	47,752	46,714	48,848	65,906

Data Source: Prepared by The Office of Data Analytics and Decision Support, BSAS/MDPH on November 24, 2015 with data as of October 13, 2015. \*Cells with 1 to 5 cases are suppressed.

Note: FY15 numbers reported in previous reports may be lower than reported in the above table due to late data submissions.

<sup>^</sup>Since June 2015 data submission of this data, service type Earmark Case Management has been changed to Jail Diversion - Case Management Component

<sup>^^</sup>Since June 2015 data submission of this data, service type Jail Diversion has been changed to Jail Diversion - Residential Component

<sup>\*\*</sup>Column counts add up to more than the summary because clients who were served in multiple service types in a given time period would be counted only once in the summary.

<sup>\*\*\*</sup> Row counts add up to more than the summary because the clients can still be active in the subsequent month or thereafter. This issue is more apparent for programs with longer lengths of stay.

#### **Clients Served from Quarter One through Quarter Three of FY2016**

The table below shows the number of clients served between quarter one (1) and quarter three (3) of FY2016 by service type. The table also provides cumulative counts between FY2011 and FY2015. "Clients served" is a measure of the number of people served by a program at any given time within the fiscal year. The FY2016 quarter three report does not include certain service types that are currently being implemented through the trust fund. Those services, and the number of clients served, will be included in future reports once they have been procured and begin service delivery.

Number of Clients served in Substance A	buse Treatmen	t Programs	during FY11	- FY 15 by Se	ervice Type			
	FY	FY	FY	FY	FY		Q1-Q3	
Service Types	2011	2012	2013	2014	2015	Q1	Q2	Q3
1 <sup>st</sup> Offender Drunk Driver ***	12,551	12,117	13,366	12,505	11,813	5,853	5,623	5,487
2 <sup>nd</sup> Offender Aftercare	2,593	2,553	2,377	1,941	1,793	1,194	1,157	1,117
2 <sup>nd</sup> Offender Residential	1,480	1,473	1,372	1,253	1,411	373	303	401
Access to Recovery (ATR)		6	9	*				
Acupuncture Detox	482	558	443	441	451	204	203	193
Acute Treatment Services	37,924	38,073	40,165	43,976	41,869	10,866	10,159	9,108
Adolescent Recovery Home	117	135	142	150	112	54	41	28
ATARP	42	42	42	42	42	15	15	15
BSAS Case Mgt./Sec. 35 ACRA/ACC								
BSAS Case Mgt./Sec. 35 CSP					178	77	55	18
BSAS CJ Diversion						102	116	116
BSAS Family Intervention-Clinical						112	125	154
BSAS Family Intervention- Support						30	19	13
BSAS Latina Res. Serv.								22
BSAS Rec. Support OP						221	449	598
BSAS Sec. 35 - ATS					34	*		
BSAS Specialty Court Clients					124	81	64	*
BSAS Supportive Case Mgt. Levels								
BSAS Young Adult Residential					49	53	66	68
BSAS Youth Stabilization/Sec. 35					66	18	19	12
Case Management						7	*	7
Case Mgt Families in Sober Living	45	60	11	45	26	20	19	18
Clinical Stabilization Services	6,339	6,877	6,546	7,358	7,244	2,219	2,222	2,032
Compulsive Gambling	177	98	82	73	85	44	39	34
County Corrections	3,006	2,741	2,754	2,549	2,570	1,160	1,148	1,124
Day Treatment	5,701	5,173	4,453	3,366	3,137	1,172	1,308	1,241
Drug Court Case Mgt.				40	81	53	51	46
DYS Residential	29	29	29	29	29	29	29	29

Number of Clients served in Substance Abuse Tr	eatment Pro	grams duri	ng FY11- F	Y 15 by Ser	vice Type		FY 16		
							Q1-Q3		
Drug Court Programs	9	7	7						
Jail Diversion Case Mgt./ Component^	84	161	190	240	244	92	95	79	
Family Focused Intervention & Care	40	197	371	600	596				
Coordination	224	220	202	242	205	444	420	425	
Family Residential	321	320	293	313	295	144	138	135	
Housing Options Program	14	14	14	14	14	14	14	14	
Intensive Outpatient Treatment	11	11	11	11	11	11	11	11	
Jail Diversion –Residential Component ^^	80	159	163	174	193	79	63	74	
Low Threshold Housing	310	347	374	380	377	358	359	358	
Methadone Treatment	20,613	21,154	22,132	22,809	21,677	8,230	7,516	7,069	
OBOT	2,673	2,757	2,820	2,852	3,098	2,542	2,637	2,752	
Other	502	308	238	194	185	183	183	183	
Outpatient Counseling	27,668	26,741	25,941	25,601	25,944	17,282	16,933	16,915	
Permanent Housing	1,319	1,381	1,273	1,253	1,255	1,176	1,173	1,166	
Recovery High School		148	247	245	194	107	113	120	
Recovery Home	6,309	6,488	6,572	6,466	6,171	2,538	2,622	2,704	
Recovery Support Services	672	1,229	1,869	2,549	2,985	2,729	2,837	2,920	
Residential/Section 35				961	874	226	227	176	
Section 35	3,098	3,330	3,101	3,739	3,818	1,118	1,036	1,008	
Social Model House	861	840	788	719	708	298	331	349	
State Parole Board	2,727	1,765	1,732	1,775	1,501	614	532	549	
Tewksbury Stabilization	810	686	717	677	573	182	181	184	
Therapeutic Community	696	829	896	801	828	379	397	391	
Transitional Housing	1,110	1,122	1,108	1,055	1,009	786	782	764	
Transitional Support Services	3,972	3,900	3,734	4,388	4,308	1,361	1,216	1,009	
TSS/Section 35				58	419	127	160	142	
Unknown	1,668	1,644	1,767	1,778	1,560	1,513	1,518	1,514	
Youth Intervention	109	144	130	133	127	94	73	79	
Youth Residential	418	411	430	417	384	116	100	94	
Youth Stabilization	893	822	850	844	752	181	220	195	
Summary **	147,478	146,850	149,595	154,857	141,319	66,691	64,928	62,998	

Data Source: Prepared by The Office of Data Analytics and Decision Support, BSAS/MDPH on May 5, 2016 with data as of April 8, 2016. \*Cells with 1 to 5 cases are suppressed.

^Since June 2015 data submission of this data, service type Earmark Case Management has been changed to Jail Diversion - Case Management Component.

^^Since June 2015 data submission of this data, service type Jail Diversion has been changed to Jail Diversion - Residential Component.

- \*\* Column counts add up to more than the summary because clients who were served in multiple service types in a given time period would be counted only once in the summary.
- \*\*\* Row counts add up to more than the summary because the clients can still be active in the subsequent month or thereafter. This issue is more apparent for programs with longer lengths of stay.

#### Conclusion

The above tables show that between FY2011 and FY2015 there was an increase in clients served in many of the core substance abuse treatment service types.

For example, clients served in:

- Acute Treatment Services increased by 10.5%
- Clinical Stabilization Services increased by 14%
- Transitional Support Services increased by 8.5%
- Office Based Opioid Treatment increased by 16%

Increases in the number of clients served between FY2011 and FY2015 were observed in additional service types including Family Focused Intervention, Recovery Support Services, Jail Diversion, Section 35, Low-Threshold Housing, and Therapeutic Community programs.

With additional funds directed toward these services from the Substance Abuse Trust Fund account, BSAS expects to see additional increases in the number of clients served in the future.

**NOTE:** The closure of the Long Island Bridge in October 2014, resulting in 228 substance abuse treatment beds being taken offline, will likely delay this increase in clients until those services are restored.