

The Commonwealth of Massachusetts

PRESENTED BY:

Louis L. Kafka

To the Honorable Senate and House of Representatives of the Commonwealth of Massachusetts in General Court assembled:

The undersigned legislators and/or citizens respectfully petition for the adoption of the accompanying bill:

An Act relative to end of life options.

PETITION OF:

NAME:	DISTRICT/ADDRESS:	DATE ADDED:
Louis L. Kafka	8th Norfolk	1/8/2019
William N. Brownsberger	Second Suffolk and Middlesex	2/1/2019
William C. Galvin	6th Norfolk	2/1/2019
James J. O'Day	14th Worcester	1/30/2019
Jason M. Lewis	Fifth Middlesex	1/30/2019
Rebecca L. Rausch	Norfolk, Bristol and Middlesex	1/30/2019
Joanne M. Comerford	Hampshire, Franklin and Worcester	2/1/2019
Harriette L. Chandler	First Worcester	1/30/2019
Donald H. Wong	9th Essex	1/16/2019
Smitty Pignatelli	4th Berkshire	1/28/2019
Anne M. Gobi	Worcester, Hampden, Hampshire and Middlesex	1/24/2019
Jennifer E. Benson	37th Middlesex	1/29/2019
Lori A. Ehrlich	8th Essex	1/22/2019
Jonathan Hecht	29th Middlesex	1/28/2019
Aaron Vega	5th Hampden	1/18/2019
Michael J. Barrett	Third Middlesex	1/29/2019
Jay D. Livingstone	8th Suffolk	1/14/2019

Patricia D. Jehlen	Second Middlesex	1/31/2019
Paul W. Mark	2nd Berkshire	1/17/2019
Kay Khan	11th Middlesex	2/1/2019
Christine P. Barber	34th Middlesex	1/14/2019
David M. Rogers	24th Middlesex	1/30/2019
James B. Eldridge	Middlesex and Worcester	2/1/2019
Stephan Hay	3rd Worcester	2/1/2019
Michael J. Moran	18th Suffolk	2/1/2019
Dylan A. Fernandes	Barnstable, Dukes and Nantucket	1/15/2019
Paul McMurtry	11th Norfolk	1/31/2019
Carmine Lawrence Gentile	13th Middlesex	1/22/2019
Adrian C. Madaro	1st Suffolk	1/14/2019
Cynthia Stone Creem	First Middlesex and Norfolk	2/1/2019
Jack Patrick Lewis	7th Middlesex	1/8/2019
Michelle M. DuBois	10th Plymouth	1/20/2019
Sarah K. Peake	4th Barnstable	1/31/2019
Alice Hanlon Peisch	14th Norfolk	1/31/2019
Sean Garballey	23rd Middlesex	1/23/2019
Mike Connolly	26th Middlesex	2/1/2019
Julian Cyr	Cape and Islands	1/15/2019
Mindy Domb	3rd Hampshire	1/15/2019
Daniel R. Carey	2nd Hampshire	1/31/2019
Natalie M. Blais	1st Franklin	1/28/2019
Brian M. Ashe	2nd Hampden	1/28/2019
Paul R. Feeney	Bristol and Norfolk	1/8/2019
Carlos González	10th Hampden	1/22/2019
John Barrett, III	1st Berkshire	1/15/2019
Daniel M. Donahue	16th Worcester	1/28/2019
Maria Duaime Robinson	6th Middlesex	1/15/2019
Michelle L. Ciccolo	15th Middlesex	2/1/2019
James T. Welch	Hampden	1/15/2019
Eric P. Lesser	First Hampden and Hampshire	2/1/2019
Lindsay N. Sabadosa	1st Hampshire	1/11/2019
Paul A. Schmid, III	8th Bristol	1/30/2019
Tami L. Gouveia	14th Middlesex	1/17/2019
Thomas M. Petrolati	7th Hampden	1/25/2019
Bud L. Williams	11th Hampden	2/1/2019
Tommy Vitolo	15th Norfolk	1/30/2019
Natalie M. Higgins	4th Worcester	2/1/2019

Jon Santiago	9th Suffolk	2/1/2019
Steven Ultrino	33rd Middlesex	2/1/2019

By Mr. Kafka of Stoughton, a petition (accompanied by bill, House, No. 1926) of Louis L. Kafka and others relative to end of life options. Public Health.

The Commonwealth of Massachusetts

In the One Hundred and Ninety-First General Court (2019-2020)

An Act relative to end of life options.

Be it enacted by the Senate and House of Representatives in General Court assembled, and by the authority of the same, as follows:

1	Section 1: The General Laws, as appearing in the 2014 Official Edition, is hereby
2	amended by inserting after Chapter 201F the following new chapter:-
3	CHAPTER 201G
4	MASSACHUSETTS END OF LIFE OPTIONS ACT
5	Section 1. Definitions.
6	The definitions in this section apply throughout this chapter unless the context clearly
7	requires otherwise.
8	"Adult" means an individual who is 18 years of age or older.
9	"Aid in Dying" means the medical practice of a physician prescribing lawful medication
10	to a qualified patient, which the patient may choose to self-administer to bring about a peaceful
11	death.

12 "Attending physician" means the physician who has primary responsibility for the care of13 a terminally ill patient.

14 "Capable" means having the capacity to make informed, complex health care decisions;
15 understand the consequences of those decisions; and to communicate them to health care
16 providers, including communication through individuals familiar with the patient's manner of
17 communicating if those individuals are available.

18 "Consulting physician" means a physician who is qualified by specialty or experience to
19 make a professional diagnosis and prognosis regarding a terminally ill patient's condition.

20 "Counseling" means one or more consultations as necessary between a licensed mental 21 health professional and a patient for the purpose of determining that the patient is capable and 22 not suffering from a psychiatric or psychological disorder or depression causing impaired 23 judgment. A licensed mental health professional that is part of interdisciplinary team defined in 24 105 CMR 141.203, for a patient receiving hospice care, may provide the necessary consultations, 25 provided that a consultation occurs after the patient has made the oral request.

"Guardian" means an individual who has qualified as a guardian of an incapacitated
person pursuant to court appointment and includes a limited guardian, special guardian and
temporary guardian, but excludes one who is merely a Guardian ad litem (as defined in Chapter
190B, Article V, Section 5-101). Guardianship does not include a Health Care Proxy (as defined
by Chapter 201D of the Massachusetts General Laws).

31 "Health care provider" means an individual licensed, certified, or otherwise authorized or
32 permitted by law to administer health care or dispense medication in the ordinary course of
33 business or practice of a profession, and includes a health care facility.

34 "Incapacitated person" means an individual who for reasons other than advanced age or 35 minor, has a clinically diagnosed condition that results in an inability to receive and evaluate 36 information or make or communicate decisions to such an extent that the individual lacks the 37 ability to meet essential requirements for physical health, safety, or self-care, even with 38 appropriate technological assistance. This term shall follow as described by Chapter 190B, 39 Article V, Section 5-101. 40 "Informed decision" means a decision by a qualified patient to request and obtain a 41 prescription for medication pursuant to this chapter that is based on an understanding and 42 acknowledgment of the relevant facts and that is made after being fully informed by the 43 attending physician of: 44 (a) The patient's medical diagnosis; 45 (b) The patient's prognosis; 46 (c) The potential risks associated with taking the medication to be prescribed; 47 (d) The probable result of taking the medication to be prescribed; and 48 (e) The feasible alternatives or additional treatment opportunities, including but not 49 limited to palliative care as defined in Ch. 111 § 227. 50 "Medically confirmed" means the medical opinion of the attending physician has been 51 confirmed by a consulting physician who has examined the patient and the patient's relevant 52 medical records.

53 "Medication" means aid in dying medication.

54	"Palliative care" means a health care treatment as defined in Ch. 111 § 227, including
55	interdisciplinary end-of-life care and consultation with patients and family members, to prevent
56	or relieve pain and suffering and to enhance the patient's quality of life, including hospice."
57	"Patient" means an individual who has received health care services from a health care
58	provider for treatment of a medical condition.
59	"Physician" means a doctor of medicine or osteopathy licensed to practice medicine in
60	Massachusetts by the board of registration in medicine.
61	"Qualified patient" means a capable adult who is a resident of Massachusetts, has been
62	diagnosed as being terminally ill, and has satisfied the requirements of this chapter.
63	"Resident" means an individual who demonstrates residency in Massachusetts by
64	presenting one form of identification which may include but is not limited to:
65	(a) Possession of a Massachusetts driver's license;
66	(b) Proof of registration to vote in Massachusetts;
67	(c) Proof that the individual owns or leases real property in Massachusetts;
68	(d) Proof that the individual has resided in a Massachusetts health care facility for at least
69	3 months;
70	(e) Computer-generated bill from a bank or mortgage company, utility company, doctor,
71	or hospital;
72	(f) A W-2 form, property or excise tax bill, or Social Security Administration or other
73	pension or retirement annual benefits summary statement dated within the current or prior year;

74	(g) A Medicaid or Medicare benefit statement; or
75	(h) Filing of a Massachusetts tax return for the most recent tax year.
76	"Self-administer" means a qualified patient's act of ingesting medication obtained
77	pursuant to this chapter.
78	"Terminally ill" means having a terminal illness or condition which can reasonably be
79	expected to cause death within 6 months, whether or not treatment is provided.
80	Section 2. Terminally ill patient's right to request aid in dying and obtain prescription for
81	medication pursuant to this chapter.
82	(1) A terminally ill patient may voluntarily make an oral request for aid in dying and a
83	prescription for medication that the patient can choose to self-administer to bring about a
84	peaceful death if the patient:
85	(a) is a capable adult;
86	(b) is a resident of Massachusetts; and
87	(c) has been determined by the patient's attending physician to be terminally ill.
88	(2) A terminally ill patient may provide a written request for aid in dying and a
89	prescription for medication that the patient can choose to self-administer to bring about a
90	peaceful death if the patient:
91	(a) has met the requirements in part (1) of this section;
92	(b) has been determined by a consulting physician to be terminally ill;

93	(c) has been approved by a licensed mental health professional; and
94	(d) has had no less than fifteen days pass after making the oral request.
95	(3) A patient may not qualify under this chapter if the patient has a guardian.
96	(4) A patient may not qualify under this chapter solely because of age or disability.
97	Section 3. Oral and Written Requests.
98	(1) A patient wishing to receive a prescription for medication pursuant to this chapter
99	shall make an oral request to the patient's attending physician. No less than fifteen days after
100	making said request the patient will submit a written request to the patient's attending physician
101	in substantially the form set in Section 4.
102	(2) A valid written request must be witnessed by at least two individuals who, in the
103	presence of the patient, attest that to the best of their knowledge and belief that patient is:
104	(a) personally known to the witnesses or has provided proof of identity;
105	(b) acting voluntarily; and
106	(c) not being coerced to sign the request.
107	(3) At least one of the witnesses shall be an individual who is not:
108	(a) a relative of the patient by blood, marriage, or adoption;
109	(b) an individual who at the time the request is signed would be entitled to any portion of
110	the estate of the qualified patient upon death under any will or by operation of law; and

(c) an owner, operator, or employee of a health care facility where the qualified patient is
receiving medical treatment or is a resident.

- (4) The patient's attending physician at the time the request is signed shall not serve as awitness.
- (5) If the patient is a patient in a long-term care facility at the time the written request ismade, one of the witnesses shall be an individual designated by the facility.
- 117 Section 4. Form of Written Request and Witness Declaration.
- 118 REQUEST FOR AID IN DYING MEDICATION PURSUANT TO THE
- 119 MASSACHUSETS END OF LIFE OPTIONS ACT
- 120 I,...., am an adult of sound mind and a resident of the State of
- 121 Massachusetts. I am suffering from, which my attending physician has
- determined is a terminal illness or condition which can reasonably be expected to cause death
- 123 within 6 months. This diagnosis has been medically confirmed as required by law.
- I have been fully informed of my diagnosis, prognosis, the nature of the aid in dying medication to be prescribed and potential associated risks, the expected result, and the feasible alternatives and additional treatment opportunities, including comfort care, hospice care, and pain control.
- I request that my attending physician prescribe aid in dying medication that will end my life in a peaceful manner if I choose to take it, and I authorize my attending physician to contact any pharmacist to fill the prescription.

I understand that I have the right to rescind this request at any time. I understand the full 132 import of this request and I expect to die if I take the aid in dying medication to be prescribed. I 133 further understand that although most deaths occur within three hours, my death may take longer 134 and my physician has counseled me about this possibility. I make this request voluntarily, 135 without reservation, and without being coerced, and I accept full responsibility for my actions. 136 137 DECLARATION OF WITNESSES 138 By signing below, on the date the patient named above signs, we declare that the patient 139 making and signing the above request is personally known to us or has provided proof of 140 identity, and appears to not be under duress, fraud, or undue influence. 141 Printed Name of Witness 1: 142 Signature of Witness l/Date:.... 143 Printed Name of Witness 2:.... 144 Signature of Witness 2/Date:.... 145 Section 5. Right to rescind request -- requirement to offer opportunity to rescind. 146 (1) A gualified patient may at any time rescind the request for medication pursuant to this 147 chapter without regard to the qualified patient's mental state. 148 (2) A prescription for medication pursuant to this chapter may not be written without the 149 attending physician offering the qualified patient an opportunity to rescind the request for 150 medication.

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151	Section 6. Attending physician responsibilities.
152	(1) The attending physician shall:
153	(a) make the initial determination of whether an adult patient:
154	(i) is a resident of this state;
155	(ii) is terminally ill;
156	(iii) is capable; and
157	(iv) has voluntarily made the request for aid in dying.
158	(b) ensure that the patient is making an informed decision by discussing with the patient:
159	(i) a patient's medical diagnosis;
160	(ii) a patient's prognosis;
161	(iii) the potential risks associated with taking the medication to be prescribed;
162	(iv) the probable result of taking the medication to be prescribed; and
163	(v) the feasible alternatives and additional treatment opportunities, including but not
164	limited to palliative care as defined in Ch. 111 § 227.
165	(c) refer the patient to a consulting physician to medically confirm the diagnosis and
166	prognosis and for a determination that the patient is capable and is acting voluntarily;
167	(d) refer the patient for counseling pursuant to section 8;
168	(e) recommend that the patient notify the patient's next of kin;

169 (f) counsel the patient about the importance of:

(i) having another individual present when the patient takes the medication prescribedpursuant to this chapter; and

172 (ii) not taking the medication in a public place;

(h) inform the patient that the patient may rescind the request for medication at any timeand in any manner;

(i) verify, immediately prior to writing the prescription for medication, that the patient ismaking an informed decision;

(j) fulfill the medical record documentation requirements of section 13;

(k) ensure that all appropriate steps are carried out in accordance with this chapter before
writing a prescription for medication for a qualified patient; and

(1) (i) dispense medications directly, including ancillary medications intended to facilitate
 the desired effect to minimize the patient's discomfort, if the attending physician is authorized

182 under law to dispense and has a current drug enforcement administration certificate; or

183 (ii) with the qualified patient's written consent:

184 (A) contact a pharmacist, inform the pharmacist of the prescription, and

(B) deliver the written prescription personally, by mail, or by otherwise permissible
electronic communication to the pharmacist, who will dispense the medications directly to either
the patient, the attending physician, or an expressly identified agent of the patient. Medications
dispensed pursuant to this paragraph (1) shall not be dispensed by mail or other form of courier.

189	(2) The attending physician may sign the patient's death certificate which shall list the
190	underlying terminal disease as the cause of death.
191	Section 7. Consulting physician confirmation.
192	(1) Before a patient may be considered a qualified patient under this chapter the
193	consulting physician shall:
194	(a) examine the patient and the patient's relevant medical records;
195	(b) confirm in writing the attending physician's diagnosis that the patient is suffering
196	from a terminal illness; and
197	(c) verify that the patient:
198	(i) is capable;
199	(ii) is acting voluntarily; and
200	(iii) has made an informed decision.
201	Section 8. Counseling referral.
202	(1) An attending physician shall refer a patient, who has requested medication under this
203	chapter, to counseling to determine that the patient is not suffering from a psychiatric or
204	psychological disorder or depression causing impaired judgment. The licensed mental health
205	professional must submit a final written report to the prescribing physician.

206	(2) The medication may not be prescribed until the individual performing the counseling
207	determines that the patient is not suffering from a psychiatric or psychological disorder or
208	depression causing impaired judgment.
209	Section 9. Informed decision required.
210	A qualified patient may not receive a prescription for medication pursuant to this chapter
211	unless the patient has made an informed decision as defined in section 1. Immediately before
212	writing a prescription for medication under this chapter the attending physician shall verify that
213	the qualified patient is making an informed decision.
214	Section 10. Family notification recommended not required.
215	The attending physician shall recommend that a patient notify the patient's next of kin of
216	the patient's request for medication pursuant to this chapter. A request for medication shall not be
217	denied because a patient declines or is unable to notify the next of kin.
218	Section 11. Medical record documentation requirements.
219	The following items must be documented or filed in the patient's medical record:
220	(1) the determination and the basis for determining that a patient requesting medication
221	pursuant to this chapter is a qualified patient;
222	(2) all oral requests by a patient for medication;
223	(3) all written requests by a patient for medication made pursuant to sections 3 through 5;
224	(4) the attending physician's diagnosis, prognosis, and determination that the patient is
225	capable, is acting voluntarily, and has made an informed decision;

226	(5) the consulting physician's diagnosis, prognosis, and verification that the patient is
227	capable, is acting voluntarily, and has made an informed decision;
228	(6) a report of the outcome and determinations made during counseling;
229	(7) the attending physician's offer before prescribing the medication to allow the qualified
230	patient to rescind the patient's request for the medication; and
231	(8) a note by the attending physician indicating:
232	(a) that all requirements under this chapter have been met; and
233	(b) the steps taken to carry out the request, including a notation of the medication
234	prescribed.
235	Section 12. Disposal of unused medications.
236	Any medication dispensed under this chapter that was not self-administered shall be
236 237	Any medication dispensed under this chapter that was not self-administered shall be disposed of by lawful means.
237	disposed of by lawful means.
237 238	disposed of by lawful means. Section 13. Data Collection.
237 238 239	disposed of by lawful means. Section 13. Data Collection. Physicians are required to keep a record of the number of requests; number of
237 238 239 240	disposed of by lawful means. Section 13. Data Collection. Physicians are required to keep a record of the number of requests; number of prescriptions written; number of requests rescinded; and the number of qualified patients that

(1) Any provision in a contract, will, or other agreement, whether written or oral, to the
extent the provision would affect whether a patient may make or rescind a request for medication
pursuant to this chapter, is not valid.

247 (2) A qualified patient's act of making or rescinding a request for aid in dying shall not:248 provide the sole basis for the appointment of a guardian or conservator.

(3) A qualified patient's act of self-administering medication obtained pursuant to this act
shall not constitute suicide or have an effect upon any life, health, or accident insurance or
annuity policy.

(4) Actions taken by health care providers and patient advocates supporting a qualified patient exercising his or her rights pursuant to this chapter, including being present when the patient self-administers medication, shall not for any purpose, constitute elder abuse, neglect, assisted suicide, mercy killing, or homicide under any civil or criminal law or for purposes of professional disciplinary action.

(5) State regulations, documents and reports shall not refer to the practice of aid in dying
under this chapter as" suicide" or "assisted suicide."

259 Section 15. Provider Participation.

(1) A health care provider may choose whether to voluntarily participate in providing to a
qualified patient medication pursuant to this act and is not under any duty, whether by contract,
by statute, or by any other legal requirement, to participate in providing a qualified patient with
the medication.

(2) A health care provider or professional organization or association may not subject an
individual to censure, discipline, suspension, loss of license, loss of privileges, loss of
membership, or other penalty for participating or refusing to participate in providing medication
to a qualified patient pursuant to this chapter.

(3) If a health care provider is unable or unwilling to carry out a patient's request under
this chapter and the patient transfers care to a new health care provider, the prior health care
provider shall transfer, upon request, a copy of the patient's relevant medical records to the new
health care provider.

(4) (a) Health care providers shall maintain and disclose to consumers upon request their
written policies outlining the extent to which they refuse to participate in providing to a qualified
patient any medication pursuant to this act.

(b) The required consumer disclosure shall at minimum:

(i) include information about the Massachusetts End of Life Options Act;

277 (ii) identify the specific services in which they refuse to participate;

278 (iii) clarify any difference between institution-wide objections and those that may be

raised by individual licensed providers who are employed or work on contract with the provider;

(iv) describe the mechanism the provider will use to provide patients a referral to another
 provider or provider in the provider's service area who is willing to perform the specific health
 care service;

(v) describe the provider's policies and procedures relating to transferring patients to
other providers who will implement the health care decision; and

(vi) inform consumers that the cost of transferring records will be borne by thetransferring provider.

287 (c) The consumer disclosure shall be provided:

288 (i) to any individual upon the request;

289 Section 16. Liabilities.

(1) Purposely or knowingly altering or forging a request for medication pursuant to this
chapter without authorization of the patient or concealing or destroying a rescission of a request
for medication is punishable as a felony if the act is done with the intent or effect of causing the
patient's death.

(2) An individual who coerces or exerts undue influence on a patient to request
medication to end the patient's life, or to destroy a rescission of a request, shall be guilty of a
felony punishable by imprisonment in the state prison for not more than three years or in the
house of correction for not more than two and one-half years or by a fine of not more than one
thousand dollars or by both such fine and imprisonment.

(3) Nothing in this act limits further liability for civil damages resulting from other
negligent conduct or intentional misconduct by any individual.

301 (4) The penalties in this chapter do not preclude criminal penalties applicable under other302 law for conduct inconsistent with the provisions of this act.

303 Section 17. Claims by governmental entity for costs incurred.

304	A governmental entity that incurs costs resulting from a qualified patient self-
305	administering medication in a public place while acting pursuant to this chapter may submit a
306	claim against the estate of the patient to recover costs and reasonable attorney fees related to
307	enforcing the claim.
308	Section 18. Construction.
309	Nothing in this chapter may be construed to authorize a physician or any other individual
310	to end a patient's life by lethal injection, mercy killing, assisted suicide, or active euthanasia.
311	Section 19. Severability.
312	If any provision of this act or its application to any individual or circumstance is held
313	invalid, the remainder of the act or the application of the provision to other individuals or
314	circumstances is not affected.