

**HOUSE . . . . . No. 1244**

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**The Commonwealth of Massachusetts**

PRESENTED BY:

*Christine P. Barber*

*To the Honorable Senate and House of Representatives of the Commonwealth of Massachusetts in General Court assembled:*

The undersigned legislators and/or citizens respectfully petition for the adoption of the accompanying bill:

An Act relative to patient centered access to behavioral health services in accountable care organizations.

PETITION OF:

| NAME:                      | DISTRICT/ADDRESS:     | DATE ADDED:      |
|----------------------------|-----------------------|------------------|
| <i>Christine P. Barber</i> | <i>34th Middlesex</i> | <i>1/29/2021</i> |

**HOUSE . . . . . No. 1244**

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By Ms. Barber of Somerville, a petition (accompanied by bill, House, No. 1244) of Christine P. Barber relative to patient centered access to behavioral health services in accountable care organizations. Health Care Financing.

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**The Commonwealth of Massachusetts**

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**In the One Hundred and Ninety-Second General Court  
(2021-2022)**  
\_\_\_\_\_

An Act relative to patient centered access to behavioral health services in accountable care organizations.

*Be it enacted by the Senate and House of Representatives in General Court assembled, and by the authority of the same, as follows:*

1           SECTION 1: Chapter 6D of the General Laws is hereby amended by inserting after  
2 section 15 the following new section:

3           Section 15A. Patient Centered Access to Behavioral Health Services in Accountable Care  
4 Organizations

5           Section 1. Definitions. As used in this chapter, the following words shall, unless the  
6 context clearly requires otherwise, have the following meanings:--

7           (a) Behavioral health specialist- a licensed physician who specializes in the practice of  
8 psychiatry, a licensed psychologist, a licensed independent clinical social worker, a licensed  
9 mental health counselor, a licensed nurse mental health clinical specialist or a licensed marriage  
10 and family therapist within the lawful scope of practice for such therapist.

11 (b) Patient Engagement Advocate- a licensed social worker; a certified nursing aide; a  
12 community health worker or peer recovery coach certified by the department of public health; or  
13 a peer support specialist certified by the department of mental health, who provides patient  
14 navigation and care coordination services throughout the continuum of care. Advocates shall  
15 achieve such certification within two years of hiring, and meet a standard of minimum skills and  
16 competencies as determined by the health policy commission.

17 (c) Continuum of care- a system that guides and tracks patients over time through a  
18 comprehensive array of health services spanning all levels and intensity of care throughout the  
19 treatment process and into post-recovery follow-up to prevent relapse.

20 (d) Patient navigation and care coordination services- services offered by an ACO  
21 through Patient Engagement Advocates with the goal of removing barriers that prevent patients  
22 from seeking care, helping a patient follow through with a recommended course of treatment,  
23 and maintaining their gains after treatment:

24 Section 2. (a) All Accountable Care Organizations (ACOs) in the Commonwealth  
25 certified by the Health Policy Commission shall offer patient navigation and care coordination  
26 services as defined below for patients with a diagnosed mental illness or substance use disorder  
27 and for patients with symptoms that suggest a possible mental illness or substance use disorder  
28 as determined by a licensed health care provider. These services shall constitute a requirement  
29 for the certification of new ACOs by the Health Policy Commission and shall constitute a new  
30 requirement for existing ACOs six months following the effective date of this act. The services  
31 are to be offered by Patient Engagement Advocates with the consent of the patient. One Patient  
32 Engagement Advocate may be assigned to multiple patients, but each patient must be assigned to

33 a primary Patient Engagement Advocate. In ACOs where multiple navigators are managing  
34 different components of a patient's care, the Patient Engagement Advocate will serve as the lead  
35 navigator that coordinates care among the other navigators. The services provided as part of the  
36 Patient Engagement Advocate Program shall include, but not be limited to the following:

37 i. Performing an initial intake to assess the patient's needs. If the patient does not have a  
38 diagnosis, the Advocate shall refer the patient to a clinician who can determine their condition  
39 and recommend a plan of action/course of treatment. This may involve referral to additional  
40 specialists. Once a diagnosis has been obtained, the Advocate, with the patient's consent, shall  
41 help the patient follow through with the plan of action set forth by the diagnosing clinician;

42 ii. Finding an appropriate provider to treat the condition(s) if outside the expertise of the  
43 clinician who provided the initial diagnosis, including contacting and screening providers on the  
44 patient's behalf;

45 iii. Assisting with navigating health insurance; including but not limited to, helping the  
46 patient understand cost-sharing, finding in-network providers, assisting with referrals, assisting  
47 with appeals, explaining benefits and helping the patient find new insurance during open  
48 enrollment periods or due to a qualifying life event if their current insurance plan does not meet  
49 their needs.

50 iv. Finding alternative sources of support if a patient is put on a waiting list, including,  
51 but not limited to, coordinating with the patient's primary care provider, exploring  
52 complementary therapies that could offer relief, online counseling and peer-to-peer support;

53 v. Scheduling initial appointments for patients and reminding them to go to their  
54 appointments.

55 vi. Providing or coordinating transportation to appointments if this is a potential barrier to  
56 care;

57 vii. Providing support with medication adherence to ensure patients take the medications  
58 prescribed by their clinician.

59 viii. Provider-matching follow-up to see if the current provider is a good match and if  
60 not, finding a different provider. Patient Engagement Advocates will continue to check up on  
61 patients as they receive treatment as an additional source of support;

62 ix. Coordinating care between the patient's PCP and different specialists treating the  
63 same patient to ensure they are communicating with each other;

64 x. Post-treatment follow-up to ensure that patients are maintaining their gains and do not  
65 relapse; and

66 xi. Additional duties may be designated by the commission in consultation with ACOs,  
67 health plans and patient advocates.

68 (b) All primary care providers within an ACO shall directly connect patients with a  
69 diagnosed mental illness or substance use disorder, or with symptoms suggesting a possible  
70 mental illness or substance use disorder to the Patient Engagement Advocates prior to discharge  
71 or within 7 calendar days following a discharge by the primary care provider. With the patient's  
72 consent, such Advocate shall work with the patient to identify an appropriate behavioral health  
73 specialist for the patient's needs and shall work with the patient to eliminate all barriers to  
74 accessing such specialist. The Patient Engagement Advocates shall follow up to ensure the  
75 patient gets an appointment.

76 (c) If a patient diagnosed with a mental illness or substance use disorder in an acute care  
77 hospital or emergency facilities affiliated with an ACO refuses further treatment after the  
78 evaluation is complete, and is otherwise medically stable, the acute care hospital or emergency  
79 facility may initiate discharge proceedings; provided, however, that if the patient is in need of  
80 and agrees to further treatment following discharge and pursuant to the mental health or  
81 substance use disorder evaluation, then the acute care hospital or satellite emergency facility  
82 shall directly connect the patient with a patient engagement advocate prior to discharge or within  
83 seven calendar days following discharge, and shall notify the patient's primary care provider if  
84 applicable.

85 (d) ACOs shall not restrict referrals to only behavioral health specialists who are part of  
86 the ACO.

87 (e) Non-behavioral health specialists within the same ACO whose patients also present  
88 with symptoms of mental illness or substance use disorder shall inform the patient's PCP of a  
89 possible behavioral health issue within 7 days of identifying non-emergency symptoms. With the  
90 patient's consent, the PCP shall then refer the patient to a Patient Engagement Advocate, as  
91 described in paragraph (a). For all emergency symptoms, the patient shall be referred to the  
92 nearest emergency room.

93 (f) ACOs that already offer the above services described in subsections (i) through (x) for  
94 all patients diagnosed with or presenting symptoms of mental health and substance use disorders  
95 shall not be required to hire additional staff to comply with this section. Employees of ACOs that  
96 currently offer these services shall be exempted from certification requirements in subsection (b)  
97 of section 1.

98           Section 3. The Secretary of Health and Human Services shall provide funding for at least  
99 one pilot program with a community-based organization that offers the services described above,  
100 and in addition, offers the following:

101           (a)Patient, caregiver and survivor services, including the Patient Engagement Advocates  
102 defined in Section 1; e-support networks; financial counseling; referrals to online Cognitive  
103 Behavioral Therapy (CBT) and for complementary, integrative therapies; and an evidence-based  
104 patient empowerment program, designed to give patients the tools to improve their self-concept,  
105 develop the confidence to seek treatment, and maintain their gains following treatment; and

106           (b)Patient empowerment, information and communication initiatives through a blog,  
107 public service announcements, patient stories, utilization of social media, videos and educational  
108 campaigns; and

109           (c)Provider education on the effects of stigma on patient engagement in treatment; on  
110 best practices for reducing stigma in clinical settings; strategies for integrating behavioral health  
111 into primary care; and strategies to maximize patient engagement in their own treatment.

112           Section 4. The Health Policy Commission shall promulgate regulations to implement the  
113 provisions of Sections 1 and 2 within 3 months of the effective date of this law.