

HOUSE No. 3796

The Commonwealth of Massachusetts

PRESENTED BY:

Carole A. Fiola

To the Honorable Senate and House of Representatives of the Commonwealth of Massachusetts in General Court assembled:

The undersigned legislators and/or citizens respectfully petition for the adoption of the accompanying bill:

An Act relative to patient assessment and notification prior to prescribing certain medications.

PETITION OF:

NAME:	DISTRICT/ADDRESS:	DATE ADDED:
<i>Carole A. Fiola</i>	<i>6th Bristol</i>	<i>2/4/2021</i>
<i>Peter Capano</i>	<i>11th Essex</i>	<i>2/10/2021</i>
<i>Paul A. Schmid, III</i>	<i>8th Bristol</i>	<i>2/19/2021</i>
<i>Brian W. Murray</i>	<i>10th Worcester</i>	<i>2/22/2021</i>
<i>David Allen Robertson</i>	<i>19th Middlesex</i>	<i>2/25/2021</i>
<i>Christopher Hendricks</i>	<i>11th Bristol</i>	<i>2/26/2021</i>
<i>Paul McMurtry</i>	<i>11th Norfolk</i>	<i>2/26/2021</i>
<i>Mathew J. Muratore</i>	<i>1st Plymouth</i>	<i>5/12/2021</i>
<i>Alan Silvia</i>	<i>7th Bristol</i>	<i>3/1/2021</i>
<i>Josh S. Cutler</i>	<i>6th Plymouth</i>	<i>5/12/2021</i>

HOUSE No. 3796

By Ms. Fiola of Fall River, a petition (accompanied by bill, House, No. 3796) of Carole A. Fiola and others relative to patient assessment and notification prior to prescribing certain medications. Public Health.

The Commonwealth of Massachusetts

**In the One Hundred and Ninety-Second General Court
(2021-2022)**

An Act relative to patient assessment and notification prior to prescribing certain medications.

Be it enacted by the Senate and House of Representatives in General Court assembled, and by the authority of the same, as follows:

1 SECTION 1. Section 1 of chapter 94C of the General Laws, as amended by section 8 of
2 chapter 260 of the acts of 2020, is hereby amended by inserting after the definition of “Agent”
3 the following definition:-

4 “Benzodiazepine”, any substance or drug that: (i) contains a benzene ring fused to a 7
5 member diazepine ring; (ii) results in the depression of the central nervous system; (iii) is
6 primarily intended to treat insomnia, convulsions and anxiety; and (iv) is used for muscle
7 relaxation and pre-operation treatment, including alprazolam, clonazepam, diazepam, lorazepam
8 and temazepam.

9 SECTION 2. Said section 1 of said chapter 94C, as so amended, is hereby further
10 amended by inserting after the definition of “Narcotic drug” the following definition:-

11 “Non-benzodiazepine hypnotic”, any substance or drug that produces effects similar to
12 that of a benzodiazepine and is primarily intended to treat insomnia, including zaleplon,
13 zopiclone and zolpidem.

14 SECTION 3. Section 18A of said chapter 94C, as appearing in the 2018 Official Edition,
15 is hereby amended by striking out subsection (a) and inserting in place thereof the following
16 subsection:-

17 (a) Prior to prescribing an extended-release long-acting opioid in a non-abuse deterrent
18 form for outpatient use for the first time, a practitioner registered under section 7 shall conduct a
19 review with a patient, and if the patient is a minor, the patient’s parent or legal guardian,
20 including: (i) an evaluation of the patient's current condition, risk factors, history of mental
21 health or substance use disorder, if any, and whether the patient has taken or is currently taking
22 medication to treat said disorder; (ii) an assessment of alternative treatments that may be
23 available; and (iii) a discussion with the patient and, if the patient is a minor, the patient’s parent
24 or legal guardian, of the risks associated with the medication, including, but not limited to the
25 risks of addiction and overdose associated with opioid drugs. Following the review the
26 practitioner shall, in a form prescribed by the commissioner, obtain the patient’s written
27 informed consent, and, if the patient is a minor, the written informed consent of the patient’s
28 parent or legal guardian for the prescription of an extended-release long-acting opioid. The form
29 shall be written in a manner designed to permit a person unfamiliar with medical terminology to
30 understand its purpose and content, and shall include information regarding: (i) misuse and abuse
31 of opioids by adults and children; (ii) risk of dependency and addiction; and (iii) risks associated
32 with long-term use of the medication.

33 SECTION 4. Said chapter 94C is hereby amended by inserting after said section 18A the
34 following section:-

35 Section 18A1/2. Prior to prescribing a benzodiazepine or a non-benzodiazepine hypnotic
36 for the first time, a practitioner registered under section 7 shall conduct a review with a patient,
37 and if the patient is a minor, the patient's parent or legal guardian, including: (i) an evaluation of
38 the patient's current condition, risk factors, history of mental health or substance use disorder, if
39 any, and whether the patient has taken or is currently taking medication to treat said disorder; (ii)
40 an assessment of alternative treatments that may be available; and (iii) a discussion with the
41 patient and, if the patient is a minor, the patient's parent or legal guardian, of the risks associated
42 with the medication. Following the review, the practitioner shall, in a form prescribed by the
43 commissioner, obtain the patient's written informed consent, and, if the patient is a minor, the
44 written informed consent of the patient's parent or legal guardian for the prescription of a
45 benzodiazepine or non-benzodiazepine hypnotic. The form shall be written in a manner designed
46 to permit a person unfamiliar with medical terminology to understand its purpose and content
47 and shall include information regarding: (i) misuse and abuse of benzodiazepines and non-
48 benzodiazepine hypnotics by adults and children; (ii) risk of dependency and addiction; and (iii)
49 risks associated with long-term use of the medication.

50 SECTION 5. Said chapter 94C is hereby further amended by striking out section 18C and
51 inserting in place thereof the following section:-

52 Section 18C. Prior to prescribing an opioid contained in Schedule II or any other opioid
53 pain reliever for the first time, a practitioner registered under section 7 shall conduct a review
54 with a patient, and if the patient is a minor, the patient's parent or legal guardian, including: (i)

55 an evaluation of the patient's current condition, risk factors, history of mental health or substance
56 use disorder, if any, and whether the patient has taken or is currently taking medications to treat
57 any such disorders; (ii) an assessment of alternative treatments that may be available; and (iii) a
58 discussion with the patient and, if the patient is a minor, the patient's parent or legal guardian, of
59 the risks associated with the medication, including, but not limited to the risks of addiction and
60 overdose associated with opioid drugs. Prior to issuing a third prescription for an opioid
61 contained in Schedule II or any other opioid to a patient, the practitioner shall conduct another
62 review with the patient, and if the patient is a minor, the patient's parent or legal guardian,
63 including: (i) an assessment of alternative treatments that may be available; and (ii) a discussion
64 with the patient and, if the patient is a minor, the patient's parent or legal guardian, of the risks
65 associated with the medication, including but not limited to the risks of addiction and overdose
66 associated with opioid drugs. Following each review, the practitioner shall, in a form to be
67 prescribed by the commissioner, obtain the patient's written informed consent, and, if the patient
68 is a minor, the written informed consent of the patient's parent or legal guardian. This form shall
69 be written in a manner designed to permit a person unfamiliar with medical terminology to
70 understand its purpose and content and shall include information regarding: (i) misuse and abuse
71 of opioids by adults and children; (ii) risk of dependency and addiction; and (iii) risks associated
72 with long-term use of the medication.