SENATE No. 645

The Commonwealth of Massachusetts

PRESENTED BY:

John J. Cronin

To the Honorable Senate and House of Representatives of the Commonwealth of Massachusetts in General Court assembled:

The undersigned legislators and/or citizens respectfully petition for the adoption of the accompanying bill:

An Act for Medical Necessity Fairness.

PETITION OF:

NAME:	DISTRICT/ADDRESS:	
John J. Cronin	Worcester and Middlesex	
Michael P. Kushmerek	3rd Worcester	
Meghan Kilcoyne	12th Worcester	
Susannah M. Whipps	2nd Franklin	2/26/2021
Paul A. Schmid, III	8th Bristol	3/5/2021
Joanne M. Comerford	Hampshire, Franklin and Worcester	3/31/2021
Adam G. Hinds	Berkshire, Hampshire, Franklin and Hampden	4/2/2021
John C. Velis	Second Hampden and Hampshire	4/9/2021
Walter F. Timilty	Norfolk, Bristol and Plymouth	4/15/2021
Danillo A. Sena	37th Middlesex	5/7/2021
Natalie M. Higgins	4th Worcester	9/3/2021

By Mr. Cronin, a petition (accompanied by bill, Senate, No. 645) of John Cronin, Michael P. Kushmerek, Meghan Kilcoyne, Susannah M. Whipps and other members of the General Court for legislation relative to medical necessity fairness. Financial Services.

The Commonwealth of Massachusetts

In the One Hundred and Ninety-Second General Court (2021-2022)

An Act for Medical Necessity Fairness.

Be it enacted by the Senate and House of Representatives in General Court assembled, and by the authority of the same, as follows:

SECTION 1. Section 16 of chapter 176O, as so appearing, is amended by striking
 subsection (b), and replacing it with the following:-

3 (b) A carrier shall be required to pay for health care services ordered by a treating 4 physician or a primary care provider if: (1) the services are a covered benefit under the insured's 5 health benefit plan; and (2) the services are medically necessary. Except as otherwise required 6 under subsections (d) and (e) of this section, a carrier may develop guidelines to be used in 7 applying the standard of medical necessity, as defined in this subsection. Any such medical 8 necessity guidelines utilized by a carrier in making coverage determinations shall be: (i) 9 developed in accordance with the requirements under this section; (ii) developed with input from 10 practicing physicians and participating providers in the carrier's or utilization review 11 organization's service area; (ii) developed under the standards adopted by national accreditation 12 organizations; (iii) updated at least biennially or more often as new treatments, applications and

13 technologies are adopted as generally accepted professional medical practice; and (iv) evidence-14 based, if practicable. In applying such guidelines, a carrier shall consider the individual health care needs of the insured. Any such medical necessity guidelines shall be applied consistently by 15 16 a carrier or a utilization review organization and made easily accessible and up-to-date on a 17 carrier or utilization review organization's website to insureds, prospective insureds and health 18 care providers consistent with subsection (a) of section 12. If a carrier or utilization review 19 organization intends either to implement a new medical necessity guideline or amend an existing 20 requirement or restriction, the carrier or utilization review organization shall ensure that the new 21 or amended requirement or restriction shall not be implemented unless the carrier's or utilization 22 review organization's website has been updated to reflect the new or amended requirement or 23 restriction.

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25 SECTION 2. Section 16 of said chapter 176O, as so appearing, is hereby further amended
 26 by adding the following subsection:-

27 (d) Medical necessity and utilization management determinations for treatments for 28 substance use disorder or co-occurring mental illness and substance use disorder shall be made in 29 accordance with the level of care placement criteria and practice guidelines established by the 30 American Society of Addiction Medicine, or by any comparable current criteria and practice 31 guidelines developed by a comparable nonprofit professional association for the relevant clinical 32 specialty of addiction medicine, if available, including age group specific guidelines for children, 33 adolescents and young adults, if available. No additional criteria may be used to make medical 34 necessity or utilization management determinations for treatments for substance use disorder or

35	co-occurring mental illness and substance use disorder, unless such criteria are less restrictive. A
36	carrier, or any entity that manages or administers mental health and substance use disorder
37	benefits for the carrier, shall not deny authorization or coverage for treatment for substance use
38	disorder or co-occurring mental illness and substance use disorder on the basis that such
39	treatment was authorized or ordered by a court of law or other law enforcement agency. Such
40	authorization shall be considered a factor in support of coverage for such treatment, including as
41	allowed under clause (4) of subsection (a) of section 6 and clause (7) of subsection (a) of section
42	7. Nothing in this section shall be construed to affect the authority of the treating clinician to
43	determine medical necessity as provided under section 47GG of chapter 175, section 8II of
44	chapter 176A, section 4LL of chapter 176B, or section 4AA of chapter 176G.
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47	SECTION 3: Section 16 of chapter 176O, as so appearing, is hereby further amended by
47 48	SECTION 3: Section 16 of chapter 176O, as so appearing, is hereby further amended by adding the following subsections:-
48	adding the following subsections:-
48 49	adding the following subsections:- (e) Appropriate medical necessity standards for behavioral health condition services
48 49 50	adding the following subsections:- (e) Appropriate medical necessity standards for behavioral health condition services (1) Definitions. The following definitions apply for purposes of this subsection:
48 49 50 51	adding the following subsections:- (e) Appropriate medical necessity standards for behavioral health condition services (1) Definitions. The following definitions apply for purposes of this subsection: (i) "Generally accepted standards of behavioral health condition care" means standards of
48 49 50 51 52	adding the following subsections:- (e) Appropriate medical necessity standards for behavioral health condition services (1) Definitions. The following definitions apply for purposes of this subsection: (i) "Generally accepted standards of behavioral health condition care" means standards of care and clinical practice that are generally recognized by health care providers practicing in

56 peer-reviewed scientific studies and medical literature, recommendations of nonprofit health care 57 provider professional associations and specialty societies, including but not limited to patient 58 placement criteria and clinical practice guidelines, recommendations of federal government 59 agencies, and drug labeling approved by the United States Food and Drug Administration.

(ii) "Medically necessary treatment of a behavioral health condition" means a service or
product addressing the specific needs of that patient, for the purpose of screening, preventing,
diagnosing, managing, or treating an illness, injury, condition, or its symptoms, including
minimizing the progression of an illness, injury, condition, or its symptoms, in a manner that is
all of the following:

(A) In accordance with the generally accepted standards of mental health and substance
 use disorder care.

67 (B) Clinically appropriate in terms of type, frequency, extent, site, and duration.

68 (C) Not primarily for the economic benefit of the carrier, purchaser, or for the
69 convenience of the patient, treating physician, or other health care provider.

70 (iii) "Behavioral health condition " means a mental health condition, developmental 71 disorder or substance use disorder that falls under any of the diagnostic categories listed in the 72 mental and behavioral disorders chapter of the most recent edition of the World Health 73 Organization's International Statistical Classification of Diseases and Related Health Problems, 74 or that is listed in the most recent version of the American Psychiatric Association's Diagnostic 75 and Statistical Manual of Mental Disorders. Changes in terminology, organization, or 76 classification of mental health and substance use disorders in future versions of the American 77 Psychiatric Association's Diagnostic and Statistical Manual of Mental Disorders or the World

78	Health Organization's International Statistical Classification of Diseases and Related Health
79	Problems shall not affect the conditions covered by this subsection as long as a condition is
80	commonly understood to be a mental health or substance use disorder by health care providers
81	practicing in relevant clinical specialties.
82	(iv) "Utilization review" means either of the following:
83	(A) Prospectively, retrospectively, or concurrently reviewing and approving, modifying,
84	delaying, or denying, based in whole or in part on medical necessity, requests by health care
85	providers, insureds, or their authorized representatives for coverage of health care services prior
86	to, retrospectively or concurrent with the provision of health care services to insureds.
87	(B) Evaluating the medical necessity, appropriateness, level of care, service intensity,
88	efficacy, or efficiency of health care services, benefits, procedures, or settings, under any
89	circumstances, to determine whether a health care service or benefit subject to a medical
90	necessity coverage requirement in an insurance policy is covered as medically necessary for an
91	insured.
92	(v) "Utilization review criteria" means any criteria, standards, protocols, or guidelines
93	used by a carrier to conduct utilization review.
94	(2) Coverage for medically necessary behavioral health condition Services
95	(ii) A carrier shall not limit benefits or coverage for chronic or pervasive behavioral
96	health conditions to short-term or acute treatment at any level of care placement.
97	(iii) All medical necessity determinations made by the carrier concerning service
98	intensity, level of care placement, continued stay, and transfer or discharge of insureds diagnosed

with behavioral health conditions shall be conducted in accordance with the requirements of thissubsection.

(iv) A carrier shall not limit benefits or coverage for medically necessary services for
behavioral health conditions on the basis that those services should be or could be covered by a
public entitlement program, including, but not limited to, a special education or an individualized
education program, Medicaid, Medicare, Supplemental Security Income, or Social Security
Disability Insurance, and shall not include or enforce a contract term that excludes otherwise
covered benefits on the basis that those services should be or could be covered by a public
entitlement program.

(v) A carrier shall not deny authorization or coverage for treatment for substance use
disorder or co-occurring mental illness and substance use disorder on the basis that such
treatment was authorized or ordered by a court of law or other law enforcement agency, except
to the extent that such treatment is for an incarcerated person with access to coverage from
public programs.

(vi) A carrier shall not adopt, impose, or enforce terms in its policies or provider
agreements, in writing or in operation, that undermine, alter, or conflict with the requirements of
this subsection.

116 (3) Medical necessity determinations must follow generally accepted standards

(i) Carriers shall base any medical necessity determination or the utilization review
criteria that the carrier, and any entity acting on the carrier's behalf, applies to determine the
medical necessity of health care services and benefits for the diagnosis, prevention, and

treatment of behavioral health conditions on current generally accepted standards of behavioralhealth condition care as defined in this subsection.

(ii) In conducting utilization review of all covered health care services and benefits for the diagnosis, prevention, and treatment of behavioral health conditions in children, adolescents, and adults, a carrier shall apply the level of care placement criteria and practice guidelines set forth in the most recent versions of such criteria and practice guidelines developed by the nonprofit professional association for the relevant clinical specialty, if available, including age group specific guidelines for children, adolescents and young adults, if available.

128 (iii) In conducting utilization review involving level of care placement decisions or any 129 other patient care decisions that are within the scope of the sources specified in this subsection, a 130 carrier shall not apply different, additional, conflicting, or more restrictive utilization review 131 criteria than the criteria and guidelines set forth in those sources. For all level of care placement 132 decisions, the insurer shall authorize placement at the level of care consistent with the insured's 133 score using the relevant level of care placement criteria and guidelines as specified in this 134 subsection. If that level of placement is not available, the insurer shall authorize the next higher 135 level of care. In the event of disagreement, the carrier shall provide full detail of its scoring using 136 the relevant level of care placement criteria and guidelines as specified in this subsection to the 137 provider of the service.

(iv) A carrier shall not deny authorization or coverage for a service to treat a chronic
behavioral health condition on the basis that the service will not cure the condition, and a carrier
shall approve services that are appropriate to prevent a chronic behavioral health condition from
deteriorating.

(4) Implementation. To ensure the proper use of the criteria described in this subsection,every carrier shall do all of the following in relation to behavioral health conditions:

(i) Sponsor a formal education program by nonprofit clinical specialty associations to
educate the carrier's staff, including any third parties contracted with the insurer to review
claims, conduct utilization reviews, or make medical necessity determinations about the clinical
review criteria.

(ii) Make the education program available to other stakeholders, including the carrier'sparticipating providers and covered lives.

(iii) Provide, at no cost, the clinical review criteria and any training material or resourcesto providers and insured patients.

(iv) Track, identify, and analyze how the clinical review criteria are used to certify care,deny care, and support the appeals process.

(v) Conduct interrater reliability testing to ensure consistency in utilization review
decision making covering how medical necessity decisions are made. This assessment shall
cover all aspects of utilization review for behavioral health conditions as defined in this
subsection

(vi) Run interrater reliability reports about how the clinical guidelines are used in
conjunction with the utilization management process and mental health parity compliance
activities.

(vii) Achieve interrater reliability pass rates of at least 90 percent and, if this threshold is
not met, immediately provide for the remediation of poor interrater reliability and interrater
reliability testing for all new staff before they can conduct utilization review without supervision.

164 (5) Enforcement

(i) This subsection applies to all health care services and benefits for the diagnosis,
prevention, and treatment and management of behavioral health conditions covered by a carrier,
including prescription drugs.

(ii) This subsection applies to carriers that conduct utilization review for behavioral
health conditions as defined in this subsection, and any entity or contracting provider that
performs utilization review or utilization management functions for behavioral health conditions
on a carrier's behalf.

172 (iii) If the commissioner determines that a carrier or other entity has violated this 173 subsection, the commissioner may, after appropriate notice and opportunity for hearing in 174 accordance with the procedural requirements of subsections a through c of section 3 of chapter 175 1760, by order, assess a civil penalty not to exceed five thousand dollars (\$5,000) for each 176 violation, or, if a violation was willful, a civil penalty not to exceed ten thousand dollars 177 (\$10,000) for each violation. The civil penalties available to the commissioner pursuant to this 178 subsection are not exclusive and may be sought and employed in combination with any other 179 remedies available to the commissioner under this code.

(iv) If, after said hearing the commissioner of insurance determines that noncompliance
has been substantiated, the commissioner shall have the authority to investigate whether any
insureds were denied access or coverage due to a violation of this subsection, and to issue an

order a carrier to implement a corrective action plan and timeline to require the carrier to cover any services that were denied due to a violation of this subsection. In the event that an inappropriate denial by a carrier led an insured to seek treatment at an out-of-network provider, the carrier may be ordered to indemnify the insured for their costs.

(v) A carrier shall not adopt, impose, or enforce terms in its policies or provider
agreements, in writing or in operation, that undermine, alter, or conflict with the requirements of
this subsection.

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(6) Discretionary Clauses Prohibited

(i) If a contract offered, issued, delivered, amended, or renewed on or after January 1,
2022, by a carrier contains a provision that reserves discretionary authority to the carrier, or an
agent of the carrier, to determine eligibility for benefits or coverage, to interpret the terms of the
contract, or to provide standards of interpretation or review that are inconsistent with the laws of
this state, that provision is void and unenforceable.

(ii) For purposes of this subsection, the term "discretionary authority" means a contract provision that has the effect of conferring discretion on a carrier or other claims administrator to determine entitlement to benefits or interpret contract language that, in turn, could lead to a deferential standard of review by a reviewing court.

(iii) This subsection does not prohibit a carrier from including a provision in a contract that informs an insured that, as part of its routine operations, the plan applies the terms of its contracts for making decisions, including making determinations regarding eligibility, receipt of benefits and claims, or explaining policies, procedures, and processes, so long as the provision could not give rise to a deferential standard of review by a reviewing court. SECTION 4. Chapter 118E as so appearing is hereby amended by adding the following
 two sections:-

208 Section 79. Mental necessity for substance use disorder or co-occurring conditions. (a) 209 Medical necessity and utilization management determinations for treatments for substance use 210 disorder or co-occurring mental illness and substance use disorder shall be made in accordance 211 with the level of care placement criteria and practice guidelines established by the American 212 Society of Addiction Medicine, or by any comparable current criteria and practice guidelines 213 developed by a comparable nonprofit professional association for the relevant clinical specialty 214 of addiction medicine, if available, including age group specific guidelines for children, 215 adolescents and young adults, if available. No additional criteria may be used to make medical 216 necessity or utilization management determinations for treatments for substance use disorder or 217 co-occurring mental illness and substance use disorder, unless such criteria are less restrictive. A 218 carrier, or any entity that manages or administers mental health and substance use disorder 219 benefits for the carrier, shall not deny authorization or coverage for treatment for substance use 220 disorder or co-occurring mental illness and substance use disorder on the basis that such 221 treatment was authorized or ordered by a court of law or other law enforcement agency. Such 222 authorization shall be considered a factor in support of coverage for such treatment, including as 223 allowed under clause (4) of subsection (a) of section 6 and clause (7) of subsection (a) of section 224 7.

Section 80. (a) Appropriate medical necessity standards for behavioral health condition
 services

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(1) Definitions. The following definitions apply for purposes of this section:

228 (i) "Generally accepted standards of behavioral health condition care" means standards of 229 care and clinical practice that are generally recognized by health care providers practicing in 230 relevant clinical specialties such as psychiatry, psychology, clinical sociology, addiction 231 medicine and counseling, and behavioral health treatment. Valid, evidence-based sources 232 reflecting generally accepted standards of mental health and substance use disorder care include 233 peer-reviewed scientific studies and medical literature, recommendations of nonprofit health care 234 provider professional associations and specialty societies, including but not limited to patient 235 placement criteria and clinical practice guidelines, recommendations of federal government 236 agencies, and drug labeling approved by the United States Food and Drug Administration.

(ii) "Medically necessary treatment of a behavioral health condition" means a service or
product addressing the specific needs of that patient, for the purpose of screening, preventing,
diagnosing, managing, or treating an illness, injury, condition, or its symptoms, including
minimizing the progression of an illness, injury, condition, or its symptoms, in a manner that is
all of the following:

242 (A) In accordance with the generally accepted standards of mental health and substance243 use disorder care.

244 (B) Clinically appropriate in terms of type, frequency, extent, site, and duration.

(C) Not primarily for the economic benefit of the carrier, purchaser, or for theconvenience of the patient, treating physician, or other health care provider.

247 (iii) "Behavioral health condition " means a mental health condition, developmental 248 disorder or substance use disorder that falls under any of the diagnostic categories listed in the 249 mental and behavioral disorders chapter of the most recent edition of the World Health 250 Organization's International Statistical Classification of Diseases and Related Health Problems, 251 or that is listed in the most recent version of the American Psychiatric Association's Diagnostic 252 and Statistical Manual of Mental Disorders. Changes in terminology, organization, or 253 classification of mental health and substance use disorders in future versions of the American 254 Psychiatric Association's Diagnostic and Statistical Manual of Mental Disorders or the World 255 Health Organization's International Statistical Classification of Diseases and Related Health 256 Problems shall not affect the conditions covered by this section as long as a condition is 257 commonly understood to be a mental health or substance use disorder by health care providers 258 practicing in relevant clinical specialties.

259 (iv) "Utilization review" means either of the following:

(A) Prospectively, retrospectively, or concurrently reviewing and approving, modifying,
 delaying, or denying, based in whole or in part on medical necessity, requests by health care
 providers, insureds, or their authorized representatives for coverage of health care services prior
 to, retrospectively or concurrent with the provision of health care services to insureds.

(B) Evaluating the medical necessity, appropriateness, level of care, service intensity,
efficacy, or efficiency of health care services, benefits, procedures, or settings, under any
circumstances, to determine whether a health care service or benefit subject to a medical
necessity coverage requirement in an insurance policy is covered as medically necessary for an
insured.

269 (v) "Utilization review criteria" means any criteria, standards, protocols, or guidelines
270 used by a carrier to conduct utilization review.

(2) Coverage for medically necessary behavioral health condition Services. The division,
its managed care organizations, accountable care organizations or other entity contracting with
the division to manage or administer behavioral health condition services:

(i) Shall not limit benefits or coverage for chronic or pervasive behavioral healthconditions to short-term or acute treatment at any level of care placement.

(iii) Shall make all medical necessity determinations concerning service intensity, level of
care placement, continued stay, and transfer or discharge of insureds diagnosed with behavioral
health conditions shall be conducted in accordance with the requirements of this section.

(iv) Shall not limit benefits or coverage for medically necessary services for behavioral
health conditions on the basis that those services should be or could be covered by another public
entitlement program, including, but not limited to, a special education or an individualized
education program, Medicare, Supplemental Security Income, or Social Security Disability
Insurance, and shall not include or enforce a contract term that excludes otherwise covered
benefits on the basis that those services should be or could be covered by a public entitlement
program.

(v) Shall not deny authorization or coverage for treatment for substance use disorder or
co-occurring mental illness and substance use disorder on the basis that such treatment was
authorized or ordered by a court of law or other law enforcement agency, except to the extent
that such treatment is for an incarcerated person with access to coverage from public programs.

(vi) Shall not adopt, impose, or enforce terms in any health plan coverage policy or
provider agreement, in writing or in operation, that undermine, alter, or conflict with the
requirements of this section.

(3) Medical Necessity Determinations Must Follow Generally Accepted Standards. The
 division, its managed care organizations, accountable care organizations or other entity
 contracting with the division to manage or administer behavioral health condition services:

(i) Shall base any medical necessity determination or the utilization review decision for
the diagnosis, prevention, and treatment of behavioral health conditions on current generally
accepted standards of behavioral health condition care as defined in this section.

(ii) Shall apply the level of care placement criteria and practice guidelines set forth in the
most recent versions of such criteria and practice guidelines developed by the nonprofit
professional association for the relevant clinical specialty, if available, including age group
specific guidelines for children, adolescents and young adults, if available.

(iii) Shall not apply different, additional, conflicting, or more restrictive utilization review
 criteria when conducting utilization review involving level of care placement decisions or any
 other patient care decisions that are within the scope of the sources specified in this section.

(iv) Shall authorize placement at the level of care consistent with the insured's score
using the relevant level of care placement criteria and guidelines as specified in this section.,
however if that level of placement is not available, the next higher level of care shall be
authorized.

(v) Shall, in the event of a disagreement with a treating provider, furnish the provider
with the full detail of its scoring using the relevant level of care placement criteria and guidelines
as specified in this section.

(iv) Shall not deny authorization or coverage for a service to treat a chronic behavioral health condition on the basis that the service will not cure the condition, and a carrier shall approve services that are appropriate to prevent a chronic behavioral health condition from deteriorating.

(4) Implementation. To ensure the proper use of the criteria described in this section, the
division, its managed care organizations, accountable care organizations or other entity
contracting with the division to manage or administer behavioral health condition services shall
do all of the following in relation to authorization and utilization of behavioral health condition
services:

(i) Sponsor a formal education program by nonprofit clinical specialty associations to
educate utilization review and appeals staff (including any third parties contracted to review
claims, conduct utilization reviews, or make medical necessity determinations) about the clinical
review criteria.

326 (ii) Make the education program available to other stakeholders, including the327 participating providers, advocates and covered members.

328 (iii) Provide, at no cost, the clinical review criteria and any training material or resources
329 to providers, advocates and covered members.

330 (iv) Track, identify, and analyze how the clinical review criteria are used to certify care,
331 deny care, and support the appeals process.

(v) Conduct interrater reliability testing to ensure consistency in utilization review
 decision making covering how medical necessity decisions are made. This assessment shall
 cover all aspects of utilization review for behavioral health conditions as defined in this section

(vi) Run interrater reliability reports about how the clinical guidelines are used in
 conjunction with the utilization management process and mental health parity compliance
 activities.

(vii) Achieve interrater reliability pass rates of at least 90 percent and, if this threshold is
not met, immediately provide for the remediation of poor interrater reliability and interrater
reliability testing for all new staff before they can conduct utilization review without supervision.

341 (5) Enforcement

(i) This section applies to all health care services and benefits for the diagnosis,
prevention, treatment and management of behavioral health conditions covered by the division,
including prescription drugs.

(ii) This section applies to the division's managed care organizations, accountable care
organizations or other entity contracting with the division to manage or administer behavioral
health condition services, or to conduct utilization review for behavioral health conditions as
defined in this section.

(iii) If the division determines that a contracting entity described in this section hasviolated this section, the division may, after appropriate notice and opportunity for hearing in

accordance with current contracting practices, by order assess a civil penalty not to exceed five thousand dollars (\$5,000) for each violation, or, if a violation was willful, a civil penalty not to exceed ten thousand dollars (\$10,000) for each violation. The civil penalties available to the division pursuant to this section are not exclusive and may be sought and employed in combination with any other remedies available to the division.

(iv) If, after said hearing the division determines that noncompliance has been substantiated, the division shall have the authority to investigate whether any covered members were denied access or coverage due to a violation of this section, and to issue an order any contracting entity to implement a corrective action plan and timeline to require coverage of any services that were denied due to a violation of this section. In the event that an inappropriate denial by a contracting entity led a covered member to seek treatment at an out-of-network provider, the contracting entity may be ordered to indemnify the covered member for their costs.

363 (v) The division's managed care organizations, accountable care organizations or other 364 entity contracting with the division to manage or administer behavioral health condition services, 365 or to conduct utilization review for behavioral health conditions as defined in this section shall 366 not adopt, impose, or enforce terms in its policies or provider agreements, in writing or in 367 operation, that undermine, alter, or conflict with the requirements of this section.

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371 SECTION 5. Chapter 32A is hereby further amended by adding at the end the following372 two sections:-

373 Section 29. (a) The commission shall provide to any active or retired employee of the 374 commonwealth who is insured under the group insurance commission coverage for behavioral 375 health condition services that ensures that medical necessity and utilization management 376 determinations for treatments for substance use disorder or co-occurring mental illness and 377 substance use disorder made by any health plan or entity contracting with the commission to 378 provide, administer or manage behavioral health condition benefits shall be made in accordance 379 with the level of care placement criteria and practice guidelines established by the American 380 Society of Addiction Medicine, or by any comparable current criteria and practice guidelines 381 developed by a comparable nonprofit professional association for the relevant clinical specialty 382 of addiction medicine, if available, including age group specific guidelines for children, 383 adolescents and young adults, if available. No additional criteria may be used to make medical 384 necessity or utilization management determinations for treatments for substance use disorder or 385 co-occurring mental illness and substance use disorder, unless such criteria are less restrictive. 386 No health plan or health coverage authorized by the group insurance commission, nor any entity 387 that manages or administers mental health and substance use disorder benefits such a health plan 388 shall not deny authorization or coverage for treatment for substance use disorder or co-occurring 389 mental illness and substance use disorder on the basis that such treatment was authorized or 390 ordered by a court of law or other law enforcement agency. Such authorization shall be 391 considered a factor in support of coverage for such treatment, including as allowed under clause 392 (4) of subsection (a) of section 6 and clause (7) of subsection (a) of section 7. Nothing in this

section shall be construed to affect the authority of the treating clinician to determine medicalnecessity as provided under section 17N.

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396 Section 30. (a) Appropriate medical necessity standards for behavioral health condition397 services

398 (1) Definitions. The following definitions apply for purposes of this section:

399 (i) "Generally accepted standards of behavioral health condition care" means standards of 400 care and clinical practice that are generally recognized by health care providers practicing in 401 relevant clinical specialties such as psychiatry, psychology, clinical sociology, addiction 402 medicine and counseling, and behavioral health treatment. Valid, evidence-based sources 403 reflecting generally accepted standards of mental health and substance use disorder care include 404 peer-reviewed scientific studies and medical literature, recommendations of nonprofit health care 405 provider professional associations and specialty societies, including but not limited to patient 406 placement criteria and clinical practice guidelines, recommendations of federal government 407 agencies, and drug labeling approved by the United States Food and Drug Administration.

408 (ii) "Medically necessary treatment of a behavioral health condition" means a service or
409 product addressing the specific needs of that patient, for the purpose of screening, preventing,
410 diagnosing, managing, or treating an illness, injury, condition, or its symptoms, including
411 minimizing the progression of an illness, injury, condition, or its symptoms, in a manner that is
412 all of the following:

413 (A) In accordance with the generally accepted standards of mental health and substance414 use disorder care.

415 (B) Clinically appropriate in terms of type, frequency, extent, site, and duration.

416 (C) Not primarily for the economic benefit of the carrier, purchaser, or for the417 convenience of the patient, treating physician, or other health care provider.

418 (iii) "Behavioral health condition " means a mental health condition, developmental 419 disorder or substance use disorder that falls under any of the diagnostic categories listed in the 420 mental and behavioral disorders chapter of the most recent edition of the World Health 421 Organization's International Statistical Classification of Diseases and Related Health Problems, 422 or that is listed in the most recent version of the American Psychiatric Association's Diagnostic 423 and Statistical Manual of Mental Disorders. Changes in terminology, organization, or 424 classification of mental health and substance use disorders in future versions of the American 425 Psychiatric Association's Diagnostic and Statistical Manual of Mental Disorders or the World 426 Health Organization's International Statistical Classification of Diseases and Related Health 427 Problems shall not affect the conditions covered by this section as long as a condition is 428 commonly understood to be a mental health or substance use disorder by health care providers 429 practicing in relevant clinical specialties.

430

(iv) "Utilization review" means either of the following:

(A) Prospectively, retrospectively, or concurrently reviewing and approving, modifying,
delaying, or denying, based in whole or in part on medical necessity, requests by health care
providers, insureds, or their authorized representatives for coverage of health care services prior
to, retrospectively or concurrent with the provision of health care services to insureds.

(B) Evaluating the medical necessity, appropriateness, level of care, service intensity,
efficacy, or efficiency of health care services, benefits, procedures, or settings, under any
circumstances, to determine whether a health care service or benefit subject to a medical
necessity coverage requirement in an insurance policy is covered as medically necessary for an
insured.

440 (v) "Utilization review criteria" means any criteria, standards, protocols, or guidelines
441 used by a carrier to conduct utilization review.

442 (2) Coverage for medically necessary behavioral health condition Services. The
443 commission shall provide to any active or retired employee of the commonwealth who is insured
444 under the group insurance commission coverage for medically necessary evaluation, diagnosis,
445 treatment and management of behavioral health condition services that:

446 (i) Shall not limit benefits or coverage for chronic or pervasive behavioral health447 conditions to short-term or acute treatment at any level of care placement.

(iii) Shall make all medical necessity determinations concerning service intensity, level of
care placement, continued stay, and transfer or discharge of insureds diagnosed with behavioral
health conditions shall be conducted in accordance with the requirements of this section.

(iv) Shall not limit benefits or coverage for medically necessary services for behavioral
health conditions on the basis that those services should be or could be covered by another public
entitlement program, including, but not limited to, a special education or an individualized
education program, Medicaid, Medicare, Supplemental Security Income, or Social Security
Disability Insurance, and shall not include or enforce a contract term that excludes otherwise

456 covered benefits on the basis that those services should be or could be covered by a public457 entitlement program.

(v) Shall not deny authorization or coverage for treatment for substance use disorder or
co-occurring mental illness and substance use disorder on the basis that such treatment was
authorized or ordered by a court of law or other law enforcement agency, except to the extent
that such treatment is for an incarcerated person with access to coverage from public programs.

(vi) Shall not adopt, impose, or enforce terms in any health plan coverage policy or
provider agreement, in writing or in operation, that undermine, alter, or conflict with the
requirements of this section.

465 (3) Medical Necessity Determinations Must Follow Generally Accepted Standards. The
 466 commission and any entity contracting with the commission directly or indirectly to manage or
 467 administer behavioral health condition services:

468 (i) Shall base any medical necessity determination or the utilization review decision for
469 the diagnosis, prevention, and treatment of behavioral health conditions on current generally
470 accepted standards of behavioral health condition care as defined in this section.

(ii) Shall apply the level of care placement criteria and practice guidelines set forth in the
most recent versions of such criteria and practice guidelines developed by the nonprofit
professional association for the relevant clinical specialty, if available, including age group
specific guidelines for children, adolescents and young adults, if available.

(iii) Shall not apply different, additional, conflicting, or more restrictive utilization review
criteria when conducting utilization review involving level of care placement decisions or any
other patient care decisions that are within the scope of the sources specified in this section.

478 (iv) Shall authorize placement at the level of care consistent with the insured's score
479 using the relevant level of care placement criteria and guidelines as specified in this section.,
480 however if that level of placement is not available, the next higher level of care shall be
481 authorized.

(v) Shall, in the event of a disagreement with a treating provider, furnish the provider
with the full detail of its scoring using the relevant level of care placement criteria and guidelines
as specified in this section.

(iv) Shall not deny authorization or coverage for a service to treat a chronic behavioral
health condition on the basis that the service will not cure the condition, and a carrier shall
approve services that are appropriate to prevent a chronic behavioral health condition from
deteriorating.

(4) Implementation. To ensure the proper use of the criteria described in this section, the
commission and any entity contracting with the commission directly or indirectly to manage or
administer behavioral health condition services shall do all of the following in relation to
authorization and utilization of behavioral health condition services:

493 (i) Sponsor a formal education program by nonprofit clinical specialty associations to
494 educate utilization review and appeals staff (including any third parties contracted to review
495 claims, conduct utilization reviews, or make medical necessity determinations) about the clinical
496 review criteria.

497 (ii) Make the education program available to other stakeholders, including the498 participating providers, advocates and covered members.

499 (iii) Provide, at no cost, the clinical review criteria and any training material or resources500 to providers, advocates and covered members.

501 (iv) Track, identify, and analyze how the clinical review criteria are used to certify care,
502 deny care, and support the appeals process.

(v) Conduct interrater reliability testing to ensure consistency in utilization review
decision making covering how medical necessity decisions are made. This assessment shall
cover all aspects of utilization review for behavioral health conditions as defined in this section

506 (vi) Run interrater reliability reports about how the clinical guidelines are used in 507 conjunction with the utilization management process and mental health parity compliance 508 activities.

509 (vii) Achieve interrater reliability pass rates of at least 90 percent and, if this threshold is 510 not met, immediately provide for the remediation of poor interrater reliability and interrater 511 reliability testing for all new staff before they can conduct utilization review without supervision.

512 (5) Enforcement

(i) This section applies to all health care services and benefits for the diagnosis,
prevention, treatment and management of behavioral health conditions covered by the division,
including prescription drugs.

(ii) This section applies to the commission and any entity contracting with the
commission directly or indirectly to manage or administer behavioral health condition services,
or to conduct utilization review for behavioral health conditions as defined in this section.

(iii) If the commission determines that a contracting entity described in this section has violated this section, the commission may, after appropriate notice and opportunity for hearing in accordance with current contracting practices, assess a civil penalty not to exceed five thousand dollars (\$5,000) for each violation, or, if a violation was willful, a civil penalty not to exceed ten thousand dollars (\$10,000) for each violation. The civil penalties available to the division pursuant to this section are not exclusive and may be sought and employed in combination with any other remedies available to the commission.

(iv) If, after said hearing the commission determines that noncompliance has been substantiated, the commission shall have the authority to investigate whether any covered members were denied access or coverage due to a violation of this section, and to issue an order any contracting entity to implement a corrective action plan and timeline to require coverage of any services that were denied due to a violation of this section. In the event that an inappropriate denial by a contracting entity led a covered member to seek treatment at an out-of-network provider, the contracting entity may be ordered to indemnify the covered member for their costs.

533 (v) The commission and any entity contracting with the commission directly or indirectly 534 to manage or administer behavioral health condition services or to conduct utilization review for 535 behavioral health conditions as defined in this section shall not adopt, impose, or enforce terms 536 in its policies or provider agreements, in writing or in operation, that undermine, alter, or conflict 537 with the requirements of this section. 538

(6) Discretionary Clauses Prohibited

539 (i) If a contract offered, issued, delivered, amended, or renewed on or after January 1, 540 2022, by the commission to any member contains a provision that reserves discretionary 541 authority to the commission, or an agent of the commission to determine eligibility for benefits 542 or coverage, to interpret the terms of the contract, or to provide standards of interpretation or 543 review that are inconsistent with the laws of this state, that provision is void and unenforceable. (ii) For purposes of this subsection, the term "discretionary authority" means a contract 544 545 provision that has the effect of conferring discretion on a carrier or other claims administrator to 546 determine entitlement to benefits or interpret contract language that, in turn, could lead to a 547 deferential standard of review by a reviewing court. 548 (iii) This subsection does not prohibit the commission or an entity contracting with the 549 commission from including a provision in a contract that informs an insured that, as part of its 550 routine operations, the plan applies the terms of its contracts for making decisions, including 551 making determinations regarding eligibility, receipt of benefits and claims, or explaining 552 policies, procedures, and processes, so long as the provision could not give rise to a deferential 553 standard of review by a reviewing court.

554

555 SECTION 6. Section 18 of chapter 15A of the General Laws is hereby amended by556 adding the following paragraph:-

Notwithstanding any general or special law to the contrary, any qualifying student healthinsurance plan authorized under this chapter shall comply with the requirements regarding

559 medical necessity determinations of behavioral health condition services as provided under 560 subsections d and e of section 16 of chapter 1760. The connector shall issue regulations to 561 implement this section, and the connector shall have the authority to implement civil penalties 562 and corrective orders upon carriers of student health insurance as described in subsection e of 563 section 16 of chapter 1760.

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