

HOUSE No. 5283

The Commonwealth of Massachusetts

HOUSE OF REPRESENTATIVES, March 23, 2026.

The committee on Education, to whom was referred the petition (accompanied by bill, House, No. 547) of Marjorie C. Decker relative to health education in schools, reports recommending that the accompanying bill (House, No. 5283) ought to pass.

For the committee,

KENNETH I. GORDON.

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**In the One Hundred and Ninety-Fourth General Court
(2025-2026)**

An Act relative to providing health education in schools.

Be it enacted by the Senate and House of Representatives in General Court assembled, and by the authority of the same, as follows:

1 SECTION 1. Section 1D of chapter 69 of the General Laws, as appearing in the 2022
2 Official Edition, is hereby amended by inserting after the word “languages”, in line 7, the
3 following words:- , health education

4 SECTION 2. Paragraph 3 of said section 1D of said chapter 69, as so appearing, is hereby
5 further amended by striking out the fourth sentence and inserting in place thereof the following
6 sentence:-

7 The standards for health education shall be age-appropriate, medically accurate and shall,
8 at minimum, provide for instruction in the following areas: growth and physical development,
9 physical activity and fitness, nutrition, reproduction and sexuality, mental health, family life,
10 interpersonal relationships, disease prevention and control, safety and injury prevention, tobacco,
11 alcohol, and other substance use and abuse prevention, consumer health and resource
12 management, ecological health, and community and public health.

13 SECTION 3. Consistent with the provisions of section 1E of said chapter 69, the
14 Massachusetts Comprehensive Health Curriculum Framework shall be construed as a guide for
15 local school districts in the development and selection of curriculum, textbooks and instructional
16 materials.

17 SECTION 4. Section 1I of said chapter 69, as so appearing, is hereby amended by
18 striking out the words “nutrition and wellness”, in line 206, and inserting in place thereof the
19 following words:- health education

20 SECTION 5. Consistent with the provisions of section 32A of chapter 71, every city,
21 town, regional school district or vocational school district implementing or maintaining
22 curriculum which primarily involves human sexual education or human sexuality issues shall
23 adopt a policy ensuring parental/guardian notification. Such policy shall afford parents or
24 guardians the flexibility to exempt their children from any portion of said curriculum through
25 written notification to the school principal. No child so exempted shall be penalized by reason of
26 such exemption. To the extent practicable, program instruction materials for said curriculum
27 shall be made reasonably accessible to parents, guardians, educators, school administrators, and
28 others for inspection and review.

29 SECTION 6. Nothing in this act shall be construed to require an MCAS exam on health
30 education.

31 SECTION 7. This act shall take effect on July 1, 2027.