HOUSE No.

The Commonwealth of Massachusetts

PRESENTED BY:

Michael P. Kushmerek

To the Honorable Senate and House of Representatives of the Commonwealth of Massachusetts in General Court assembled:

The undersigned legislators and/or citizens respectfully petition for the adoption of the accompanying bill:

An Act to support behavioral health prevention for children.

PETITION OF:

NAME:	DISTRICT/ADDRESS:	DATE ADDED:
Michael P. Kushmerek	3rd Worcester	1/15/2025

HOUSE No.

[Pin Slip]

The Commonwealth of Massachusetts

In the One Hundred and Ninety-Fourth General Court (2025-2026)

An Act to support behavioral health prevention for children.

Be it enacted by the Senate and House of Representatives in General Court assembled, and by the authority of the same, as follows:

SECTION 1. Chapter 32A of the General Laws, is hereby amended by inserting after
 section 33 the following section:-

3 Section 34. (a) For the purpose of this section, the following term shall have the

4 following meaning:

5 "Preventive behavioral health services", short-term interventions in supportive group,
6 individual, or family settings that cultivate coping skills and strategies for symptoms of
7 depression, anxiety, and other social and emotional concerns, which may prevent the
8 development of behavioral health conditions for members who are under 21 years old who have
9 a positive behavioral health screening, or, in the case of an infant, a caregiver with a positive
10 post-partum depression screening, even if the individual does not meet criteria for behavioral
11 health diagnosis.

(b)(1) Any coverage offered by the commission to an active or retired employee of the
 commonwealth under the group insurance commission shall provide coverage for no fewer than

14 six sessions of preventive behavioral health services provided by a qualified licensed behavioral 15 health clinician, or a non-licensed clinician or trainee under supervision, without requiring prior 16 authorization. Coverage shall include individual, family and group sessions when delivered by a 17 behavioral health clinician practicing in an integrated pediatric primary care setting and group 18 sessions when delivered in community-based outpatient and school settings. Preventive 19 behavioral health services shall be covered with no patient cost-sharing; provided, however, that 20 cost-sharing shall be required if the applicable plan is governed by the Federal Internal Revenue 21 Code and would lose its tax-exempt status as a result of the prohibition on cost-sharing for this 22 service. 23 (2) The commission and its contracted carriers shall accept an alternative diagnosis code, 24 including a Social Determinants of Health Z-code, as the primary diagnosis from eligible 25 providers submitting claims for preventive behavioral health services. 26 SECTION 2. Chapter 175 of the General Laws, is hereby amended by inserting after 27 section 47UU the following section:-28 Section 47VV. (a) For the purpose of this section, the following term shall have the 29 following meaning: 30 "Preventive behavioral health services", short-term interventions in supportive group, 31 individual, or family settings that cultivate coping skills and strategies for symptoms of 32 depression, anxiety, and other social and emotional concerns, which may prevent the 33 development of behavioral health conditions for members who are under 21 years old who have 34 a positive behavioral health screening, or, in the case of an infant, a caregiver with a positive

post-partum depression screening, even if the individual does not meet criteria for behavioralhealth diagnosis.

37 (b)(1) A policy, contract, agreement, plan or certificate of insurance issued, delivered or 38 renewed within the commonwealth shall provide coverage for no fewer than six sessions of 39 preventive behavioral health services provided by a qualified licensed behavioral health 40 clinician, or a non-licensed clinician or trainee under supervision, without requiring prior 41 authorization. Coverage shall include individual, family and group sessions when delivered by a 42 behavioral health clinician practicing in an integrated pediatric primary care setting and group 43 sessions when delivered in community-based outpatient and school settings. Preventive 44 behavioral health services shall be covered with no patient cost-sharing; provided, however, that 45 cost-sharing shall be required if the applicable plan is governed by the Federal Internal Revenue 46 Code and would lose its tax-exempt status as a result of the prohibition on cost-sharing for this 47 service.

48 (2) Payers covered under this section shall accept an alternative diagnosis code, including
49 a Social Determinants of Health Z-code, as the primary diagnosis from eligible providers
50 submitting claims for preventive behavioral health services.

51 SECTION 3. Chapter 176A of the General Laws, is hereby amended by inserting after
 52 section 8VV the following section:-

53 Section 8WW. (a) For the purpose of this section, the following term shall have the54 following meaning:

55 "Preventive behavioral health services", short-term interventions in supportive group,
56 individual, or family settings that cultivate coping skills and strategies for symptoms of

depression, anxiety, and other social and emotional concerns, which may prevent the
development of behavioral health conditions for members who are under 21 years old who have
a positive behavioral health screening, or, in the case of an infant, a caregiver with a positive
post-partum depression screening, even if the individual does not meet criteria for behavioral
health diagnosis.

62 (b)(1) Any contract between a subscriber and a corporation subject to this chapter, 63 pursuant to an individual or group hospital service plan that is delivered, issued or renewed 64 within or without the commonwealth shall provide coverage for no fewer than six sessions of 65 preventive behavioral health services provided by a qualified licensed behavioral health 66 clinician, or a non-licensed clinician or trainee under supervision, without requiring prior 67 authorization. Coverage shall include individual, family and group sessions when delivered by a 68 behavioral health clinician practicing in an integrated pediatric primary care setting and group 69 sessions when delivered in community-based outpatient and school settings. Preventive behavioral health services shall be covered with no patient cost-sharing; provided, however, that 70 71 cost-sharing shall be required if the applicable plan is governed by the Federal Internal Revenue 72 Code and would lose its tax-exempt status as a result of the prohibition on cost-sharing for this 73 service.

(2) Payers covered under this section shall accept an alternative diagnosis code, including
a Social Determinants of Health Z-code, as the primary diagnosis from eligible providers
submitting claims for preventive behavioral health services.

SECTION 4. Chapter 176B of the General Laws, is hereby amended by inserting after
 section 4VV the following section:-

Section 4WW. (a) For the purpose of this section, the following term shall have thefollowing meaning:

81 "Preventive behavioral health services", short-term interventions in supportive group,
82 individual, or family settings that cultivate coping skills and strategies for symptoms of
83 depression, anxiety, and other social and emotional concerns, which may prevent the
84 development of behavioral health conditions for members who are under 21 years old who have
85 a positive behavioral health screening, or, in the case of an infant, a caregiver with a positive
86 post-partum depression screening, even if the individual does not meet criteria for behavioral
87 health diagnosis.

88 (b)(1) Any subscription certificate under an individual or group medical service 89 agreement that is delivered, issued or renewed within or without the commonwealth shall 90 provide coverage for no fewer than six sessions of preventive behavioral health services 91 provided by a qualified licensed behavioral health clinician, or a non-licensed clinician or trainee 92 under supervision, without requiring prior authorization. Coverage shall include individual, 93 family and group sessions when delivered by a behavioral health clinician practicing in an 94 integrated pediatric primary care setting and group sessions when delivered in community-based 95 outpatient and school settings. Preventive behavioral health services shall be covered with no 96 patient cost-sharing; provided, however, that cost-sharing shall be required if the applicable plan 97 is governed by the Federal Internal Revenue Code and would lose its tax-exempt status as a 98 result of the prohibition on cost-sharing for this service.

99 (2) Payers covered under this section shall accept an alternative diagnosis code, including
100 a Social Determinants of Health Z-code, as the primary diagnosis from eligible providers
101 submitting claims for preventive behavioral health services.

SECTION 5. Chapter 176G of the General Laws, is hereby amended by inserting after
 section 4NN the following section:-

Section 400. (a) For the purpose of this section, the following term shall have thefollowing meaning:

106 "Preventive behavioral health services", short-term interventions in supportive group, 107 individual, or family settings that cultivate coping skills and strategies for symptoms of 108 depression, anxiety, and other social and emotional concerns, which may prevent the 109 development of behavioral health conditions for members who are under 21 years old who have 110 a positive behavioral health screening, or, in the case of an infant, a caregiver with a positive 111 post-partum depression screening, even if the individual does not meet criteria for behavioral 112 health diagnosis.

113 (b)(1) Any individual or group health maintenance contract that is issued or renewed 114 within or without the commonwealth shall provide coverage for no fewer than six sessions of 115 preventive behavioral health services provided by a qualified licensed behavioral health 116 clinician, or a non-licensed clinician or trainee under supervision, without requiring prior 117 authorization. Coverage shall include individual, family and group sessions when delivered by a 118 behavioral health clinician practicing in an integrated pediatric primary care setting and group 119 sessions when delivered in community-based outpatient and school settings. Preventive 120 behavioral health services shall be covered with no patient cost-sharing; provided, however, that

121 cost-sharing shall be required if the applicable plan is governed by the Federal Internal Revenue
122 Code and would lose its tax-exempt status as a result of the prohibition on cost-sharing for this
123 service.

- (2) Payers covered under this section shall accept an alternative diagnosis code, including
 a Social Determinants of Health Z-code, as the primary diagnosis from eligible providers
 submitting claims for preventive behavioral health services.
- 127 SECTION 6. The division of insurance, in consultation with the office of Medicaid, shall

128 develop guidance to implement coverage of preventive behavioral health services