HOUSE No.

The Commonwealth of Massachusetts

PRESENTED BY:

Marjorie C. Decker

To the Honorable Senate and House of Representatives of the Commonwealth of Massachusetts in General Court assembled:

The undersigned legislators and/or citizens respectfully petition for the adoption of the accompanying bill:

An Act relative to providing health education in schools.

PETITION OF:

NAME:DISTRICT/ADDRESS:DATE ADDED:Marjorie C. Decker25th Middlesex1/16/2025

HOUSE No.

The Commonwealth of Massachusetts

In the One Hundred and Ninety-Fourth General Court (2025-2026)

An Act relative to providing health education in schools.

Be it enacted by the Senate and House of Representatives in General Court assembled, and by the authority of the same, as follows:

- SECTION 1. Section 1D of chapter 69 of the General Laws, as appearing in the 2022
- 2 Official Edition, is hereby amended by inserting after the word "languages", in line 7, the
- 3 following words:-, health education
- 4 SECTION 2. Paragraph 3 of said section 1D of said chapter 69, as so appearing, is hereby
- 5 further amended by striking out the fourth sentence and inserting in place thereof the following
- 6 sentence:-
- 7 The standards for health education shall be age-appropriate, medically accurate and shall,
- 8 at minimum, provide for instruction in the following areas: growth and physical development,
- 9 physical activity and fitness, nutrition, reproduction and sexuality, mental health, family life,
- interpersonal relationships, disease prevention and control, safety and injury prevention, tobacco,
- alcohol, and other substance use and abuse prevention, consumer health and resource
- management, ecological health, and community and public health.

SECTION 3. Consistent with the provisions of section 1E of said chapter 69, the Massachusetts Comprehensive Health Curriculum Framework shall be construed as a guide for local school districts in the development and selection of curriculum, textbooks and instructional materials.

SECTION 4. Section 1I of said chapter 69, as so appearing, is hereby amended by striking out the words "nutrition and wellness", in line 206, and inserting in place thereof the following words:- health education

SECTION 5. Consistent with the provisions of section 32A of chapter 71, every city, town, regional school district or vocational school district implementing or maintaining curriculum which primarily involves human sexual education or human sexuality issues shall adopt a policy ensuring parental/guardian notification. Such policy shall afford parents or guardians the flexibility to exempt their children from any portion of said curriculum through written notification to the school principal. No child so exempted shall be penalized by reason of such exemption. To the extent practicable, program instruction materials for said curriculum shall be made reasonably accessible to parents, guardians, educators, school administrators, and others for inspection and review.

SECTION 6. Nothing in this act shall be construed to require an MCAS exam on health education.

SECTION 7. The foundation budget must be re-evaluated in the categories of (1) classroom and specialist teachers, (2) instructional equipment, and (3) professional development to ensure sufficient funding to provide the health education envisioned in the Frameworks and Section 2 above.

35 SECTION 8. This act shall take effect on July 1, 2027.