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**FY25 Report on the  
Distribution of Funds**

**February 2025**

**MASSACHUSETTS DEPARTMENT  
OF MENTAL HEALTH**

**Department of Mental Health  
Report on the Distribution of Funds  
February 2025**

This report is prepared in response to a provision in the Fiscal Year (FY) 2025 budget requiring the Department of Mental Health (DMH) to submit to the House and Senate Committees on Ways and Means the distribution of funds per adult and child planning population and the types of mental health services the funding supports in each Area.

The Department of Mental Health provides treatment and services to adults with severe and persistent mental illnesses and children/adolescents with serious emotional disturbance who need continuing care (longer term supports) that are not available from other sources.

This report provides the distribution of adult and child/adolescent expenditures by DMH service delivery area. The FY2025 report is based on actual spending data from FY2024.

Since the development of DMH area prevalence estimates in 1990, DMH has increasingly focused its attention on funding allocations and resource utilization. The purpose of this report is to assess and monitor the Department's progress in achieving an equitable distribution of resources across geographic service areas. The Department has updated the Equity Report methodology by using more recent 2020 census figures and prevalence data (2022). This report applies 2020 data from the census (city and town level) population estimates to determine five geographic DMH service area populations. We then applied prevalence of Serious Mental Illness (SMI) estimates from the Substance Abuse and Mental Health Services Administration (SAMHSA) to estimate the adult planning population and the prevalence of Serious Emotional Disturbance (SED) to estimate the child/adolescent planning population.

The National Survey on Drug Use and Health (NSDUH) report updated to 2022 for SAMHSA using the SAMHSA estimation methodology based on social-economic data to derive determinants of health. Information from NSDUH is used to support prevention and treatment programs, monitor substance use trends, estimate the need for treatment, and inform public health policy. The overall SMI population is 5.4% aged 18 and older for Massachusetts. The NSDUH report relies on one summary statistic for the adult population where in previous years the report had statistics for different adult age groups. The prevalence for child /adolescent population is 9.0%. The prevalence estimate last year was 13.77% based on the national percentage for Major Depressive Episode with functional impairments designation where this year's NSDUH report relied more heavily on the poverty rate in estimating the need for children to age 17.

## **ATTACHMENTS**

Fiscal Year 2025 Equity Analysis is based on FY2024 data:

### **Adult**

- Definition of Terms for Adult Adjustments to Spending
- Distribution of Spending in FY2024 for Community
- Distribution of Community and Hospital Spending
- Utilization of Inpatient Spending by FY2024 Bed Days
- Distribution of the Workers' Compensation Chargeback (D15) utilizing FY2024 Adult Bed Days
- Distribution of Acute Inpatient Hospital Spending
- Chart - Adult Planning Population/Spending per Adult Population / Total Adjusted Spending
- Chart - Total Area Spending vs. Adjusted Spending

### **Child/Adolescents**

- Definition of Terms for Child/Adolescent Adjustments to Spending
- Distribution of Spending in FY2024 for Community
- Distribution of Community and Hospital Spending
- Utilization of Child/Adolescent IRTP Spending by FY2024 Bed Days
- Utilization of Child/Adolescent Inpatient Spending by FY2024 Bed Days
- Chart - Planning Population/Spending per Child/Adolescent Population / Total Adjusted Spending
- Chart - Total Area Spending vs. Adjusted Spending

## **Definitions of Column Headings For Adult Spending**

### **Intent of Realigning Resources**

Resources are realigned to allow the Department to calculate a resource amount per adult planning population. This number provides a tool for Department use in arriving at base resource decisions. The extent of an increase or decrease an Area incurs is linked to the resources an Area has available or has utilized in relation to other Areas.

### **DMH Geographical Service Area(s)**

Western Massachusetts coded as “WM”; Central Massachusetts coded as “CM” Northeastern Massachusetts coded as “NE”; Southeastern Massachusetts coded as “SE” and Metro Boston coded as “MB”.

### **Adult Planning Populations**

The adult planning population reflected in this column represents the Department’s prevalence estimate of long-term, seriously mentally ill adults in each Area. This report applies 2020 Census Bureau data from the American Community Survey (city and town level) population estimates to determine five geographic DMH service area populations. We then applied prevalence of serious mental illness (SMI) estimates from the Substance Abuse and Mental Health Services Administration (SAMHSA) to estimate the adult planning population.

It is important to note that the Department has implemented a “raise the age” initiative and, as such, children, youth, and family services are available to individuals up to 22 years old, or younger when deemed appropriate. Adults can be served by the adult services system at the age of 18 years and older.

### **FY2024 Spending for Equity Purposes**

This column represents FY2024 spending in the Department of Mental Health / EHS interagency service agreement for emergency services, and other statewide costs. Included is a portion of statewide spending that has been distributed to the Areas through the Adult Hospital and the Child / Adolescent IRTP information.

### **Western Mass. Continuing Care Resources**

This column reflects resources spent by the Western Mass Area in FY2024 for contracted continuing care inpatient services.

### **Child/Adolescent Accounts - 5042-5000**

The FY2024 spending in the 5042-5000 Child and Adolescent appropriation is excluded in the calculation of resources per adult planning population.

### **FY2024 Child/Adolescent Spending Not Included in the 5042-5000**

This column represents the FY2024 contract spending attributed to children and adolescent services spent in any appropriation other than the 5042-5000 Child and Adolescent appropriation. These resources are excluded in the calculation of resources per adult planning population.

### **State-Operated Acute Inpatient Resources**

This column reflects spending for state-operated community mental health center acute inpatient services. These resources are excluded in the calculation of resources per adult planning population.

### **Continuing Care Inpatient Resources**

The spending for continuing care inpatient services is in this column. This excludes resources attributed to children's inpatient services, which are distributed in the Child /Adolescent resources per planning population.

### **Utilization of Inpatient Resources by FY2024 Bed Days**

This column represents the continuing care inpatient resource spending distributed by the number of bed days utilized by patients from each Area. Spending is divided by the total number of bed days utilized in FY2024, and the cost is apportioned to each Area with patients hospitalized in specific inpatient settings.

Included within this column is the distribution of D15 spending. In the expenditure classification handbook issued by the Office of the Comptroller, the object code D15 is the code for workers' compensation chargeback. This chargeback is associated with employees who are on paid leave due to injury caused by patient or prisoner (IPP). After calculating a percentage based on the amount of IPP dollars that was paid out in FY2024 per hospital, the total amount expended in D15 in FY2024 is distributed to each hospital. Each hospital's amount is then distributed to an Area based on the bed day utilization described above.

DMH inpatient facility pharmaceutical-related costs are distributed based on the bed day utilization methodology, where facility incurred costs are ascribed to the DMH area from where the client originates. The State Office for Pharmacy Services (SOPS) provides pharmacy services to the Department of Mental Health continuing care inpatient facilities

## Distribution of Community Resources

| FY2024 Spending - Adult  |                     |                                      | WM Cont Care Inpt Spending^ | Ch/Adol Accounts 5042-5000 (amts adjusted for inpatient spending)~~ | FY2024 ch/adol MM Spending not in 5042-5000^~ | State Operated Acute Inpatient Spending*** | Hosp Resources State and Trust Adult, and Child/Adol~~~ | Total Adj Adult Comm Spending | Spending Per Adult Planning Pop |
|--|---------------------|--------------------------------------|-----------------------------|---|---|--|---|-------------------------------|---------------------------------|
| Area   | Adult Planning Pop* | FY2024 Spending for Equity Purposes~ |                             |   |   |  |   |                               |                                 |
| MB   | 46,097              | 224,243,096                          | -                           | (14,667,182)  | (2,453,472)                                   | -  | (57,676,620)  | 149,445,822                   | 3,242                           |
| WM   | 36,088              | 122,358,839                          | (10,370,566)                | (14,493,846)  | (2,661,813)                                   | -  | (3,559,005)   | 91,273,610                    | 2,529                           |
| SE   | 69,249              | 197,093,048                          | -                           | (15,372,616)  | (1,831,754)                                   | (21,067,692)                               | (31,276,543)  | 127,544,443                   | 1,842                           |
| CM   | 64,108              | 242,851,902                          | -                           | (17,206,214)  | (936,725)                                     | -  | (102,818,500)   | 121,890,462                   | 1,901                           |
| NE   | 75,008              | 200,233,442                          | -                           | (19,861,595)  | (1,480,392)                                   | -  | (43,496,443)  | 135,395,012                   | 1,805                           |
| <b>Grand Total</b>   |                     |                                      | (10,370,566)                | (81,601,452)  | (9,364,157)                                   | (21,067,692)                               | (238,827,112)   | 625,549,349                   |                                 |
| <ul style="list-style-type: none"> <li>- The FY2024 spending amounts for WM Continuing Care Inpatient Contract is \$10,370,566</li> <li>- Resources identified in the "FY2024 ch/adol resources not in 5042-5000" column reflects contract spending</li> </ul> |                     |                                      |                             |   |   |  |   |                               |                                 |

### Column Definitions

\*Adult Planning Pop - The adult planning population reflected in this column represents the Department's prevalence estimate of long-term, seriously mentally ill adults in each Area. This report applies 2020 Census Bureau data from the American Community Survey (city and town level) population estimates to determine five geographic DMH service area populations. We then applied 2022 prevalence of serious mental illness (SMI) estimates from the Substance Abuse and Mental Health Services Administration (SAMHSA) to estimate the adult planning population.

~FY2024 Spending for Equity Purposes - This column represents FY2024 spending in the Department of Mental Health that is directly attributed to each Area. This includes state appropriations, Block Grant and Trust funds.

^Western Mass. Continuing Care Resources - This column reflects resources spent by the Western Mass Area in FY2024 for contracted continuing care inpatient.

~~Child/Adolescent Accounts - 5042-5000 - The FY2024 spending in the 5042-5000 Child and Adolescent appropriation is excluded in the calculation of resources per adult planning population.

^~FY2024 Child/Adolescent Spending Not Included in the 5042-5000 - This column represents the FY2024 contract spending attributed to children and adolescent services spent in any appropriation other than the 5042-5000 Child and Adolescent appropriation. These resources are excluded in the calculation of resources per adult planning population.

\*\*\*State Operated Acute Inpatient Resources - This column reflects spending for state-operated community mental health center acute inpatient services. These resources are excluded in the calculation of resources per adult planning population.

~~~Hosp Resources / Continuing Care Inpatient Resources - The spending for continuing care inpatient services are in this column. This excludes resources identified to children's inpatient services which are distributed in the Child / Adolescent resources per planning population.

## Distribution of Community and Hospital Resources

| FY2024 Spending - Adult |                           |                                     | FY2024                                        |                                             | WM Cont Care<br>Inpt Spending^ | Ch/Adol Accounts<br>5042-5000<br>(amts adjusted<br>for inpatient<br>spending)~~ | FY2024 ch/adol<br>MM Spending<br>not<br>in 5042-5000^^ | State Operated<br>Acute Inpatient<br>Spending*** | Hosp Resources<br>State and Trust<br>Adult, and<br>Child/Adol~~~ | Total Adj<br>Adult Comm<br>Spending | Spending<br>Per Adult<br>Planning<br>Pop | Utilization of<br>hospital spending<br>by FY23 Beddays<br>Adult^**<br>(includes Pharm ISA<br>and D15) | Adult |  |
|-------------------------|---------------------------|-------------------------------------|-----------------------------------------------|---------------------------------------------|--------------------------------|---------------------------------------------------------------------------------|--------------------------------------------------------|--------------------------------------------------|------------------------------------------------------------------|-------------------------------------|------------------------------------------|-------------------------------------------------------------------------------------------------------|-------|--|
| Area                    | Adult<br>Planning<br>Pop* | Spending for<br>Equity<br>Purposes~ | Adult Total<br>Spending incl<br>Comm and Inpt | Total Spending<br>Per Adult<br>Planning Pop |                                |                                                                                 |                                                        |                                                  |                                                                  |                                     |                                          |                                                                                                       |       |  |
| MB                      | 46,097                    | 224,243,096                         | -                                             | (14,667,182)                                | (2,453,472)                    | -                                                                               | (57,676,620)                                           | 149,445,822                                      | 3,242                                                            | 63,083,636                          | 212,529,457                              | 4,610                                                                                                 |       |  |
| WM                      | 36,088                    | 122,358,839                         | (10,370,566)                                  | (14,493,846)                                | (2,661,813)                    | -                                                                               | (3,559,005)                                            | 91,273,610                                       | 2,529                                                            | 18,044,474                          | 109,318,083                              | 3,029                                                                                                 |       |  |
| SE                      | 69,249                    | 197,093,048                         | -                                             | (15,372,616)                                | (1,831,754)                    | (21,067,692)                                                                    | (31,276,543)                                           | 127,544,443                                      | 1,842                                                            | 46,250,353                          | 173,794,796                              | 2,510                                                                                                 |       |  |
| CM                      | 64,108                    | 242,851,902                         | -                                             | (17,206,214)                                | (936,725)                      | -                                                                               | (102,818,500)                                          | 121,890,462                                      | 1,901                                                            | 40,128,197                          | 162,018,660                              | 2,527                                                                                                 |       |  |
| NE                      | 75,008                    | 200,233,442                         | -                                             | (19,861,595)                                | (1,480,392)                    | -                                                                               | (43,496,443)                                           | 135,395,012                                      | 1,805                                                            | 43,186,328                          | 178,581,340                              | 2,381                                                                                                 |       |  |
| <b>Grand Total</b>      | <b>290,550</b>            | <b>986,780,327</b>                  | <b>(10,370,566)</b>                           | <b>(81,601,452)</b>                         | <b>(9,364,157)</b>             | <b>(21,067,692)</b>                                                             | <b>(238,827,112)</b>                                   | <b>625,549,349</b>                               |                                                                  | <b>210,692,987</b>                  | <b>836,242,336</b>                       |                                                                                                       |       |  |

- The FY2024 spending amounts for WM Continuing Care Inpatient Contract is \$10,370,566
- Resources identified in the "FY2024 ch/adol resources not in 5042-5000" column reflects contract spending

### Column Definitions

\*Adult Planning Pop - The adult planning population reflected in this column represents the Department's prevalence estimate of long-term, seriously mentally ill adults in each Area. This report applies 2020 Census Bureau data from the American Community Survey (city and town level) population estimates to determine five geographic DMH service area populations. We then applied 2022 prevalence of serious mental illness (SMI) estimates from the Substance Abuse and Mental Health Services Administration (SAMHSA) to estimate the adult planning population.

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^Western Mass. Continuing Care Resources - This column reflects resources spent by the Western Mass Area in FY2024 for contracted continuing care inpatient.

~~Child/Adolescent Accounts - 5042-5000 - The FY2024 spending in the 5042-5000 Child and Adolescent appropriation is excluded in the calculation of resources per adult planning population.

^^FY2024 Child/Adolescent Spending Not Included in the 5042-5000 - This column represents the FY2024 contract spending attributed to children and adolescent services spent in any appropriation other than the 5042-5000 Child and Adolescent appropriation. These resources are excluded in the calculation of resources per adult planning population.

\*\*\*State Operated Acute Inpatient Resources - This column reflects spending for state-operated community mental health center acute inpatient services. These resources are excluded in the calculation of resources per adult planning population.

~~~Hosp Resources / Continuing Care Inpatient Resources - The spending for continuing care inpatient services are in this column. This excludes resources identified to children's inpatient services which are distributed in the Child /Adolescent resources per planning population.

^^^Utilization of Inpatient Resources by FY2024 Bed Days - This column represents the continuing care inpatient resource spending distributed by the number of bed days utilized by patients from each Area. Spending is divided by the total number of bed days utilized in FY2024, and the cost is apportioned to each Area with patients hospitalized in specific inpatient settings. The total for this column includes the spending for the Western Mass continuing care contract (10M )

## Distribution of FY2024 Hospital Resources utilizing Adult FY2024 Bed Days

|                                       | 8420<br>WRCH      | 8430<br>TEWKSBURY | 8450<br>TAUNTON   | 8460<br>FULLER    | 8440<br>SHATTUCK  | <b>TOTAL</b>       |
|---------------------------------------|-------------------|-------------------|-------------------|-------------------|-------------------|--------------------|
| <b>Inpatient Resource Utilization</b> | <u>97,809,422</u> | <u>38,271,342</u> | <u>27,435,742</u> | <u>23,752,618</u> | <u>23,423,863</u> | <u>210,692,987</u> |
| \$ per bedday                         | \$860             | \$583             | \$1,414           | \$1,049           | \$665             | \$821              |

|      |                                 |               |               |               |               |               |              |
|------|---------------------------------|---------------|---------------|---------------|---------------|---------------|--------------|
| 1000 | WESTERN MASS bedday utilization | <b>15,024</b> | <b>1,501</b>  | <b>1,396</b>  | <b>1,570</b>  | <b>943</b>    | 20,434       |
|      | cost                            | \$12,920,173  | \$875,544     | 1,974,445.62  | \$1,646,792   | \$627,520     | \$18,044,474 |
| 2000 | CENTRAL MASS bedday utilization | <b>31,527</b> | <b>6,802</b>  | <b>130</b>    | <b>1,252</b>  | <b>1,482</b>  | 41,193       |
|      | cost                            | \$27,112,239  | \$3,967,653   | \$183,867     | \$1,313,238   | \$986,198     | \$33,563,195 |
| 3000 | NORTHEAST bedday utilization    | <b>20,575</b> | <b>34,792</b> | <b>538</b>    | <b>2,664</b>  | <b>1,345</b>  | 59,914       |
|      | cost                            | \$17,693,860  | \$20,294,410  | \$760,925     | \$2,794,302   | \$895,031     | \$42,438,529 |
| 5000 | SOUTHEAST bedday utilization    | <b>16,708</b> | <b>8,256</b>  | <b>14,420</b> | <b>2,396</b>  | <b>3,277</b>  | 45,057       |
|      | cost                            | \$14,368,360  | \$4,815,781   | \$20,395,061  | \$2,513,194   | \$2,180,682   | \$44,273,078 |
| 6000 | METRO BOSTON bedday utilization | <b>22,268</b> | <b>12,978</b> | <b>1,516</b>  | <b>11,527</b> | <b>27,754</b> | 76,043       |
|      | cost                            | \$19,149,787  | \$7,570,156   | \$2,144,169   | \$12,090,811  | \$18,468,918  | \$59,423,841 |
| 9999 | DMH Area Unknown                | <b>7,634</b>  | <b>1,282</b>  | <b>1,398</b>  | <b>3,236</b>  | <b>399</b>    | 13,949       |
|      | cost                            | \$6,565,003   | \$747,799     | \$1,977,274   | \$3,394,280   | \$265,515     | \$12,949,871 |
|      | <b>TOTAL Beddays</b>            | 113,736       | 65,611        | 19,398        | 22,645        | 35,200        | 256,590      |
|      | Average Daily Census            | 311           | 179           | 53            | 62            | 96            | 701          |

|                                       |                     |                     |                     |                     |                     |                      |
|---------------------------------------|---------------------|---------------------|---------------------|---------------------|---------------------|----------------------|
| <u>FY2024 Spending</u>                |                     |                     |                     |                     |                     |                      |
| <b>Total Adult Inpatient with D15</b> | <b>\$97,809,422</b> | <b>\$38,271,342</b> | <b>\$27,435,742</b> | <b>\$23,752,618</b> | <b>\$23,423,863</b> | <b>\$210,692,987</b> |

Western Mass contracted continuing care resources are utilized in whole by Western Mass clients and therefore are not reflected on this chart for distribution.

## Distribution of FY2024 D15 Spending Utilizing Adult FY2024 Beddays

| Inpatient Resource Utilization | 8420<br>WRCH<br>3,055,342 | 8430<br>TEWKSBURY<br>1,035,129 | 8450<br>TAUNTON<br>174,763 | 8460<br>FULLER<br>441,545 | 8440<br>SHATTUCK<br>775,560 | <b>TOTAL</b><br>5,482,339 |
|--------------------------------|---------------------------|--------------------------------|----------------------------|---------------------------|-----------------------------|---------------------------|
| \$ per bedday                  | \$27                      | \$16                           | \$9                        | \$19                      | \$22                        | \$21                      |

|      |                                 |               |               |               |               |               |             |
|------|---------------------------------|---------------|---------------|---------------|---------------|---------------|-------------|
| 1000 | WESTERN MASS bedday utilization | <b>15,024</b> | <b>1,501</b>  | <b>1,396</b>  | <b>1,570</b>  | <b>943</b>    | 20,434      |
|      | cost                            | \$403,596     | \$23,681      | 12,577.05     | \$30,613      | \$20,777      | \$491,244   |
| 2000 | CENTRAL MASS bedday utilization | <b>31,527</b> | <b>6,802</b>  | <b>130</b>    | <b>1,252</b>  | <b>1,482</b>  | 41,193      |
|      | cost                            | \$846,924     | \$107,314     | \$1,171       | \$24,412      | \$32,653      | \$1,012,474 |
| 3000 | NORTHEAST bedday utilization    | <b>20,575</b> | <b>34,792</b> | <b>538</b>    | <b>2,664</b>  | <b>1,345</b>  | 59,914      |
|      | cost                            | \$552,716     | \$548,905     | \$4,847       | \$51,944      | \$29,634      | \$1,188,046 |
| 5000 | SOUTHEAST bedday utilization    | <b>16,708</b> | <b>8,256</b>  | <b>14,420</b> | <b>2,396</b>  | <b>3,277</b>  | 45,057      |
|      | cost                            | \$448,835     | \$130,253     | \$129,915     | \$46,719      | \$72,202      | \$827,923   |
| 6000 | METRO BOSTON bedday utilization | <b>22,268</b> | <b>12,978</b> | <b>1,516</b>  | <b>11,527</b> | <b>27,754</b> | 76,043      |
|      | cost                            | \$598,195     | \$204,751     | \$13,658      | \$224,760     | \$611,503     | \$1,652,867 |
| 9999 | DMH Area Unknown                | <b>7,634</b>  | <b>1,282</b>  | <b>1,398</b>  | <b>3,236</b>  | <b>399</b>    | 13,949      |
|      | cost                            | \$205,076     | \$20,226      | \$12,595      | \$63,097      | \$8,791       | \$309,785   |
|      | <b>TOTAL Beddays</b>            | 113,736       | 65,611        | 19,398        | 22,645        | 35,200        | 256,590     |
|      | Average Daily Census            | 311           | 179           | 53            | 62            | 96            | 701         |

| <u>FY2024 Spending</u>    |             |             |           |           |           |             |
|---------------------------|-------------|-------------|-----------|-----------|-----------|-------------|
| Total Adult Inpatient D15 | \$3,055,342 | \$1,035,129 | \$174,763 | \$441,545 | \$775,560 | \$5,482,339 |

## Distribution of Acute Inpatient Hospital Spending

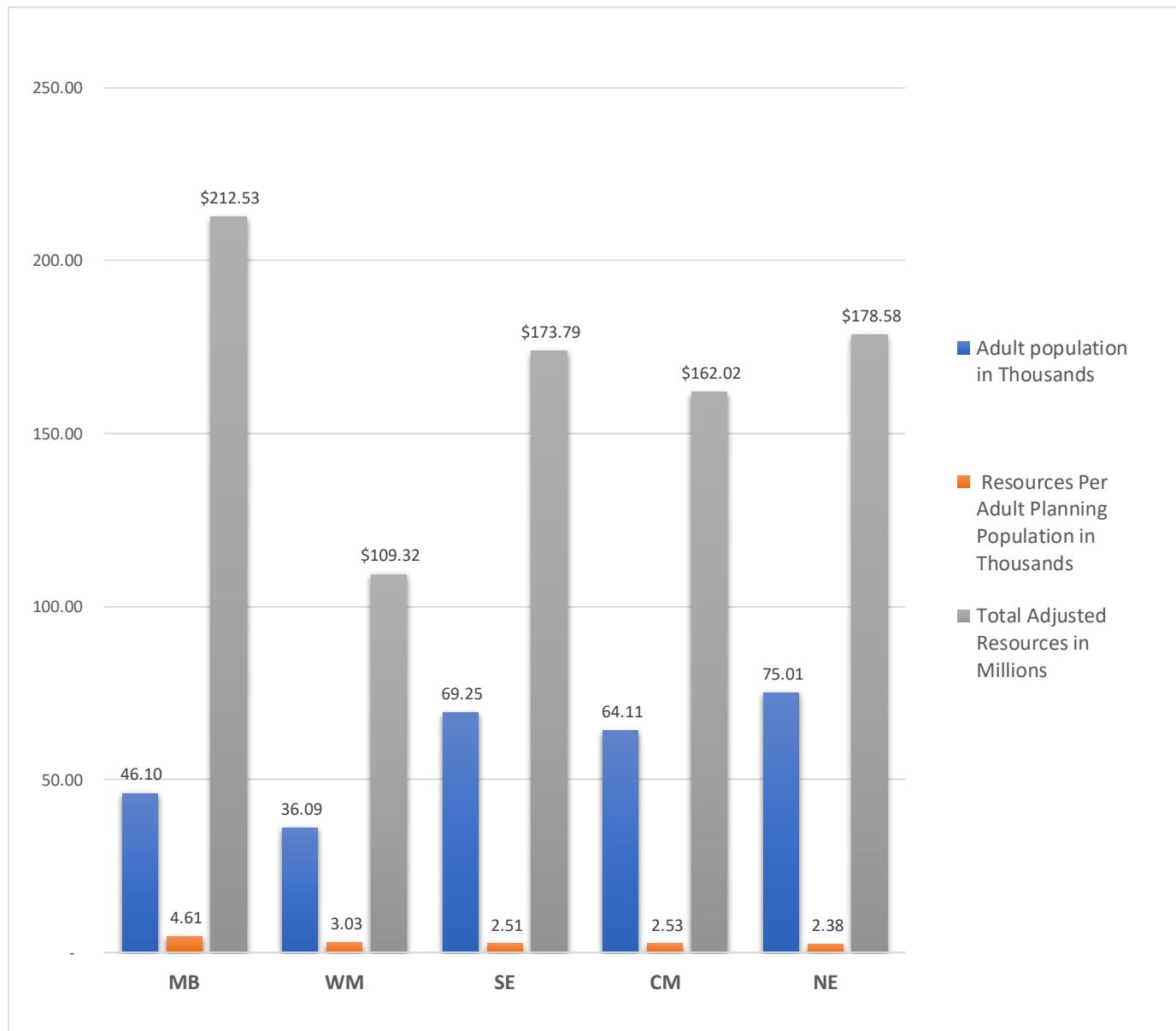
### Acute Care Resources Located in State Hospitals for FY2024

| Org  | Name                      | FY2024<br>Spending         | *Community<br>Resources<br>Associated with<br>District | Total<br>Resources<br>Assoc with<br>District less<br>Community |
|------|---------------------------|----------------------------|--|--|
|      |                           | (A)                        | (B)  | (A) - (B)  |
| 5410 | Corrigan MHC              | \$12,283,583               | \$82,871   | \$12,200,712   |
| 5430 | Pocasset MHC              | \$8,867,596                | \$615  | \$8,866,980  |
|      |                           | <b><u>\$21,151,178</u></b> | <b><u>\$83,486</u></b>                                 | <b><u>\$21,067,692</u></b>                                     |
|      | Southeast Acute Inpatient | \$21,067,692               |  |  |

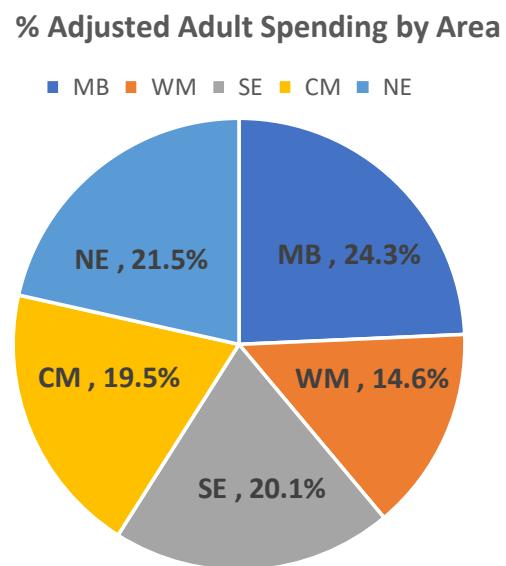
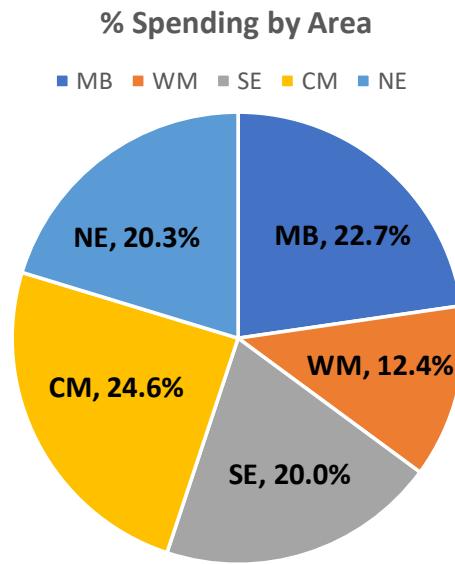
\*No facility support costs are associated with these community programs

## FY 2024 Spending Per Capita for Adult

| Area | Adult Planning Pop | Resources Per Adult Planning Population | Adjusted Resources as % of Total | Total Adjusted Resources |
|------|--------------------|---|----------------------------------|--------------------------|
| MB   | 46,097             | \$4,610                                 | 25.4%                            | \$212,529,457            |
| WM   | 36,088             | \$3,029                                 | 13.1%                            | \$109,318,083            |
| SE   | 69,249             | \$2,510                                 | 20.8%                            | \$173,794,796            |
| CM   | 64,108             | \$2,527                                 | 19.4%                            | \$162,018,660            |
| NE   | 75,008             | \$2,381                                 | 21.4%                            | \$178,581,340            |
|      | 290,550            |   | 100%                             | \$836,242,336            |



**% of FY2024 Spending by Area: Spending by Area for Equity Purposes vs  
Adjusted Spending for Adult**



## **Definitions of Column Headings For Child/Adolescent Spending**

### **Child/Adolescent Planning Population**

The child/adolescent planning population represents the Department's estimate of the prevalence of serious emotional disturbance for children and adolescents who would be likely to need mental health services in each Area. This report applies 2020 Census Bureau data from the American Community Survey (city and town level) population estimates to determine five geographic DMH service area populations. We then applied prevalence of Serious Emotional Disturbance (SED) from the Substance Abuse and Mental Health Services Administration (SAMHSA) to estimate the child/adolescent planning population. The prevalence for child/adolescent population is 9.0%. The prevalence estimates from the NSDUH report relied more heavily on the poverty rate in estimating the need for children to age 17.

It is important to note that with the implementation of the Department's "Raise the Age" initiative children, youth, and family services are available to individuals up to 22 years, or younger when deemed appropriate.

### **DMH Geographical Service Area(s)**

Western Massachusetts coded as "WM"; Central Massachusetts coded as "CM" Northeastern Massachusetts coded as "NE"; Southeastern Massachusetts coded as "SE" and Metro Boston coded as "MB".

### **Child/Adolescent Account - 5042-5000**

This column represents FY2024 spending for the 5042-5000 Child and Adolescent appropriation.

### **FY2024 Child/Adolescent Spending not included in the 5042-5000**

This column represents FY2024 contract spending attributed to children and adolescent services spent in any appropriation other than the 5042-5000 Child and Adolescent appropriation.

### **Utilization of Child/Adolescent IRTP Resources by FY2024 Bed Days**

This column represents costs associated with the number of bed days utilized by clients within Intensive Residential Treatment Programs (IRTP) from each Area. FY2024 spending supporting each program is divided by the total number of bed days utilized in FY2024, and the cost is apportioned to each Area which had clients placed in specific facilities. The source of the bed day utilization information is data maintained by Child, Youth, and Family Services. This information contains days when a client is on leave.

### **Utilization of Child/Adolescent Inpatient Resources by FY2024 Bed Days**

This column represents spending associated with the number of bed days utilized by patients from each Area. FY2024 inpatient resources contracted out to support inpatient units at Worcester Recovery Center and Hospital (WRCH) are divided by the total number of bed days utilized in FY2024, and the cost is apportioned to each Area which had patients hospitalized at Worcester. The source of the bed day utilization information is data maintained by the Department's internal client eligibility and service utilization database as well as from reports directly from the facilities.

In FY24, the Worcester child/adolescent units transitioned from contracted to DMH operation, and D15 expenses were added to Child/Adolescent Inpatient Spending.

## Distribution of Community Resources

| FY2024 Spending - Ch / Adol |        | FY2024<br>Area | Child / Adol<br>Planning Pop* | FY2024<br>Spending for Equity<br>Purposes | Ch/Adol Accounts<br>5042-5000~<br>(amt's adjusted<br>for inpatient spending) | FY2024 ch/adol<br>MM Spending not<br>in 5042-5000^ | IRTP<br>Bedday Dist** | Total Ch/Adol<br>Community Spending | Spending<br>Per Ch/Adol Planning<br>Pop |
|-----------------------------|--------|----------------|-------------------------------|---|--|--|-----------------------|-------------------------------------|---|
| MB                          | 16,509 | 224,243,096    | 14,667,182                    | 2,453,472                                 | 4,456,985  | 21,577,639   | 1,307                 |                                     |   |
| WM                          | 15,694 | 122,358,839    | 14,493,846                    | 2,661,813                                 | 5,434,214  | 22,589,872   | 1,439                 |                                     |   |
| CM                          | 31,325 | 242,851,902    | 17,206,214                    | 936,725                                   | 8,836,111  | 26,979,051   | 861                   |                                     |   |
| NE                          | 33,907 | 200,233,442    | 19,861,595                    | 1,480,392                                 | 10,067,190   | 31,409,176   | 926                   |                                     |   |
| SE                          | 29,347 | 197,093,048    | 15,372,616                    | 1,831,754                                 | 5,741,056  | 22,945,426   | 782                   |                                     |   |
| <b>Grand Total</b>          |        | <b>126,782</b> | <b>986,780,327</b>            | <b>81,601,452</b>                         | <b>9,364,157</b>   | <b>34,535,556</b>                                  | <b>125,501,165</b>    |                                     |   |

### Column Definitions

\*Child/Adolescent Planning Population - The child/adolescent planning population reflected in this column represents the Department's estimate of the prevalence of serious emotional disturbance for children and adolescents who would be likely to need mental health services in each Area. This report applies 2020 Census Bureau data from the American Community Survey (city and town level) population estimates to determine five geographic DMH service area populations. We then applied 2022 prevalence of Serious Emotional Disturbance (SED) from the Substance Abuse and Mental Health Services Administration (SAMHSA) to estimate the child/adolescent planning population. The prevalence for child /adolescent population (9.0%) is based on the national percentage for Major Depressive Episode with functional impairments designation.

~Child/Adolescent Account - 5042-5000 - The FY2024 spending for the 5042-5000 Child and Adolescent appropriation.

^FY2024 Child/Adolescent Spending not included in the 5042-5000 - This column represents the FY2024 contract spending attributed to children and adolescent services spent in any appropriation other than the 5042-5000 Child and Adolescent appropriation.

\*\*Utilization of Child/Adolescent RTP Resources by FY2024 Bed Days - This column represents costs associated with the number of bed days utilized by clients within the intensive residential treatment programs (RTP) from each Area. FY2024 spending supporting each program are divided by the total number of bed days utilized in FY2024, and the cost is apportioned to each Area which had clients placed in specific facilities. The source of the bed day utilization information is data maintained by Child/Adolescent Services. This information contains days when a client is on leave.

## Distribution of Community and Hospital Resources

| FY2024 Spending - Ch / Adol |                               |   | Ch/Adol Accounts<br>5042-5000~<br>(amt's adjusted<br>for inpatient<br>spending) | FY2024 ch/adol<br>MM Spending not<br>in 5042-5000^ | IRTP<br>Bedday Dist** | Total Ch/Adol<br>Community<br>Spending | Spending<br>Per Ch/Adol<br>Planning Pop | Inpatient<br>Spending<br>Dist of Ch/Adol<br>Inpt~~ | Ch / Adol<br>Total Spending<br>incl Comm<br>and Inpt | Ch / Adol<br>Total Spending<br>Per Ch/Adol<br>Planning Pop |
|-----------------------------|-------------------------------|---|---|--|-----------------------|--|---|--|--|--|
| Area                        | Child / Adol<br>Planning Pop* | FY2024<br>Spending for<br>Equity Purposes |   |  |                       |  |   |  |  |  |
| MB                          | 16,509                        | 224,243,096                               | 14,667,182  | 2,453,472  | 4,456,985             | 21,577,639                             | 1,307                                   | 6,056,090  | 27,633,729   | 1,674  |
| WM                          | 15,694                        | 122,358,839                               | 14,493,846  | 2,661,813  | 5,434,214             | 22,589,872                             | 1,439                                   | 2,403,125  | 24,992,997   | 1,593  |
| CM                          | 31,325                        | 242,851,902                               | 17,206,214  | 936,725  | 8,836,111             | 26,979,051                             | 861                                     | 2,877,850  | 29,856,900   | 953  |
| NE                          | 33,907                        | 200,233,442                               | 19,861,595  | 1,480,392  | 10,067,190            | 31,409,176                             | 926                                     | 1,955,221  | 33,364,398   | 984  |
| SE                          | 29,347                        | 197,093,048                               | 15,372,616  | 1,831,754  | 5,741,056             | 22,945,426                             | 782                                     | 1,177,424  | 24,122,850   | 822  |
| <b>Grand Total</b>          |                               |   | <b>126,782</b>  | <b>986,780,327</b>                                 | <b>81,601,452</b>     | <b>9,364,157</b>                       | <b>34,535,556</b>                       | <b>125,501,165</b>                                 | <b>14,469,709</b>                                    | <b>139,970,874</b>   |

### Column Definitions

\*Child/Adolescent Planning Population - The child/adolescent planning population reflected in this column represents the Department's estimate of the prevalence of serious emotional disturbance for children and adolescents who would be likely to need mental health services in each Area. This report applies 2020 Census Bureau data from the American Community Survey (city and town level) population estimates to determine five geographic DMH service area populations. We then applied 2022 prevalence of Serious Emotional Disturbance (SED) from the Substance Abuse and Mental Health Services Administration (SAMHSA) to estimate the child/adolescent planning population. The prevalence for child /adolescent population (9.0%) is based on the national percentage for Major Depressive Episode with functional impairments designation.

~Child/Adolescent Account - 5042-5000 - The FY2024 spending for the 5042-5000 Child and Adolescent appropriation.

^FY2024 Child/Adolescent Spending not included in the 5042-5000 - This column represents the FY2024 contract spending attributed to children and adolescent services spent in any appropriation other than the 5042-5000 Child and Adolescent appropriation.

\*\*Utilization of Child/Adolescent IRTP Resources by FY2024 Bed Days - This column represents costs associated with the number of bed days utilized by clients within the intensive residential treatment programs (IRTP) from each Area. FY2024 spending supporting each program are divided by the total number of bed days utilized in FY2024, and the cost is apportioned to each Area which had clients placed in specific facilities. The source of the bed day utilization information is data maintained by Child/Adolescent Services. This information contains days when a client is on leave.

~~Utilization of Child/Adolescent Inpatient Resources by FY2024 Bed Days - This column represents spending associated with the number of bed days utilized by patients from each Area. FY2024 inpatient resources contracted out to support inpatient units at Worcester State Recovery Center and Hospital are divided by the total number of bed days utilized in FY2024, and the cost is apportioned to each Area which had patients hospitalized at Worcester. The source of the bed day utilization information is data maintained by AIT that is accrued from AIMS and from reports that come directly from the facility.

**Distribution of Statewide IRTP and CIRT Resources utilizing FY2024 Beddays\***

|                                    |  | Centerpoint      | Taunton          | Three Rivers     | Merrimack        | NFI 1<br>Transitions | NFI 2<br>Connections |                     |
|------------------------------------|--|------------------|------------------|------------------|------------------|----------------------|----------------------|---------------------|
|                                    |  | (CIRT)           |                  |                  |                  |                      |                      |                     |
| IRTP and CIRT Resource Utilization |  | 5,974,656        | 5,974,656        | 4,662,276        | 5,974,656        | 5,974,656            | 5,974,656            | total<br>34,535,556 |
| \$ per bedday                      |  | \$ 1,656         | \$ 1,568         | \$ 3,818         | \$ 1,811         | \$ 1,991             | \$ 2,140             |                     |
| 1000                               | WESTERN MASS bedday utilization          | 778              | 366              | 508              | 299              | 104                  | 413                  | 2,468               |
|                                    | cost                                     | \$1,288,327      | \$573,793        | \$1,939,751      | \$541,504        | \$207,052            | \$883,787            | 5,434,214           |
| 2000                               | CENTRAL MASS bedday utilization          | 1,183            | 345              | 504              | 421              | 1,000                | 775                  | 4,228               |
|                                    | cost                                     | \$1,958,985      | \$540,870        | \$1,924,478      | \$762,452        | \$1,990,888          | \$1,658,438          | 8,836,111           |
| 3000                               | NORTHEAST bedday utilization             | 1,103            | 1,214            | 0                | 1,421            | 1,394                | 462                  | 5,594               |
|                                    | cost                                     | \$1,826,509      | \$1,903,236      | \$0              | \$2,573,503      | \$2,775,298          | \$988,643            | 10,067,190          |
| 5000                               | SOUTHEAST bedday utilization             | 141              | 1,447            | 209              | 503              | 0                    | 715                  | 3,015               |
|                                    | cost                                     | \$233,488        | \$2,268,519      | \$798,047        | \$910,958        | \$0                  | \$1,530,043          | 5,741,056           |
| 6000                               | METRO BOSTON bedday utilization          | 403              | 439              | 0                | 655              | 503                  | 427                  | 2,427               |
|                                    | cost                                     | \$667,347        | \$688,238        | \$0              | \$1,186,238      | \$1,001,417          | \$913,746            | 4,456,985           |
|                                    | <b>TOTAL Beddays</b>                     | <b>3,608</b>     | <b>3,811</b>     | <b>1,221</b>     | <b>3,299</b>     | <b>3,001</b>         | <b>2,792</b>         | <b>17,732</b>       |
|                                    | Average Daily Census                     | 10               | 10               | 3                | 9                | 8                    | 8                    | 49                  |
|                                    | <b>FY2024 Spending Total by facility</b> | <b>5,974,656</b> | <b>5,974,656</b> | <b>4,662,276</b> | <b>5,974,656</b> | <b>5,974,656</b>     | <b>5,974,656</b>     | <b>\$34,535,556</b> |

\* Bed day information includes days when a client is on leave

## **Utilization of Child / Adolescent Inpatient Spending by FY2024 Beddays\***

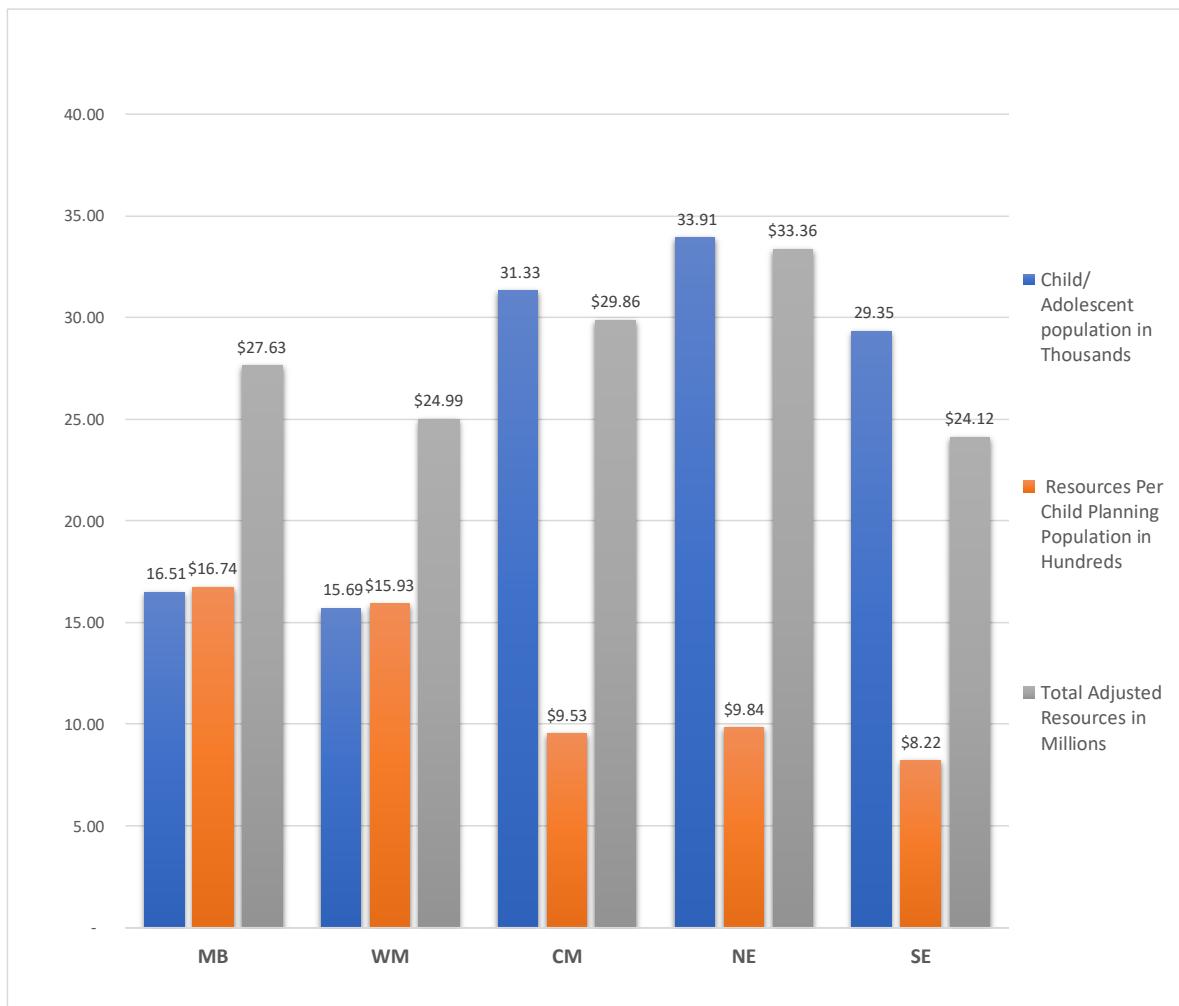
| WRCH   |                    |                            |
|--|--------------------|----------------------------|
| <b>Child/Adol Inpatient Resource Utilization</b> <u>14,469,709</u> |                    |                            |
| \$ per bedday  |                    | \$2,682                    |
| WESTERN MASS   | bedday utilization | 896                        |
|  | cost               | \$2,403,125                |
| CENTRAL MASS   | bedday utilization | 1,073                      |
|  | cost               | \$2,877,850                |
| NORTHEAST  | bedday utilization | 729                        |
|  | cost               | \$1,955,221                |
| SOUTHEAST  | bedday utilization | 439                        |
|  | cost               | \$1,177,424                |
| METRO BOSTON   | bedday utilization | 2,258                      |
|  | cost               | \$6,056,090                |
|  |                    |                            |
|  |                    |                            |
|  |                    |                            |
| <b>TOTAL Beddays</b>   |                    | 5,395                      |
| Average Daily Census   |                    | 15                         |
|  |                    |                            |
|  |                    |                            |
| <b><u>FY2024 Spending</u></b>                                      |                    | <b><u>\$14,469,709</u></b> |

\* Bed day information includes days when a client is on leave

\* Due to staffing issues related to the transition of existing contracted services from UMass Medical School to DMH state staff, the total bed days are significantly lower than last year.

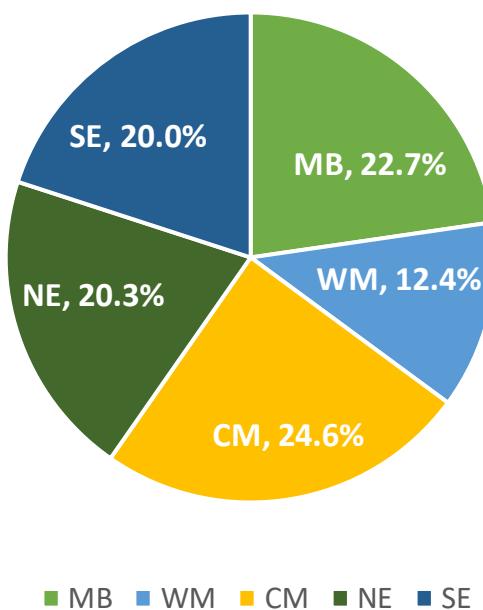
## FY 2024 Spending Per Capita for Child / Adolescent

| Area | Child/<br>Adolescent<br>Planning<br>Population | Resources<br>Per Child<br>Adol<br>Planning<br>Population | Resources as %<br>of Total | Total Adjusted<br>Comm and Inpt<br>Resources |
|------|--|--|----------------------------|--|
| MB   | 16,509   | \$1,674  | 20%                        | \$27,633,729                                 |
| WM   | 15,694   | \$1,593  | 18%                        | \$24,992,997                                 |
| CM   | 31,325   | \$953  | 21%                        | \$29,856,900                                 |
| NE   | 33,907   | \$984  | 24%                        | \$33,364,398                                 |
| SE   | 29,347   | \$822  | 17%                        | \$24,122,850                                 |
|      | 126,782  |  |                            | \$ 139,970,874                               |



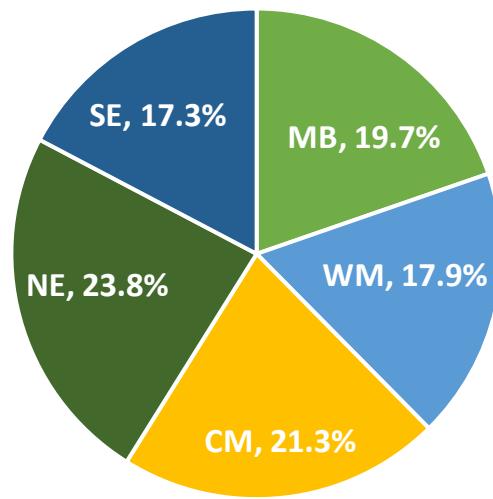
**% of FY2024 Spending by Area: Spending by Area for Equity Purposes vs  
Adjusted Spending for Child / Adolescent**

**% Spending by Area**



■ MB ■ WM ■ CM ■ NE ■ SE

**% Adjusted Child and Adolescent Spending by Area**



■ MB ■ WM ■ CM ■ NE ■ SE