



The Commonwealth of Massachusetts

Executive Office of Health and Human Services
Department of Public Health
250 Washington Street, Boston, MA 02108-4619
617-624-6000 | mass.gov/dph

Maura T. Healey
Governor

Kiame Mahaniah, MD, MBA
Secretary

Kimberley Driscoll
Lieutenant Governor

Robert Goldstein, MD, PhD
Commissioner

April 18th, 2026

Timothy Carroll
House Clerk
State House Room 145
Boston, MA 02133

Michael D. Hurley
Senate Clerk
State House Room 335
Boston, MA 02133

Dear Mr. Carroll and Mr. Hurley,

Pursuant to line-item 4590-0915 of Chapter 9 of the Acts of 2025, please find enclosed a report from the Department of Public Health entitled "Pappas Rehabilitation Hospital for Children Status."

Sincerely,

A handwritten signature in black ink, appearing to be "R. Goldstein".

Robert Goldstein, MD, PhD
Commissioner
Department of Public Health

Legislative Mandate

The following report is hereby issued pursuant to Line Item 4590-0915 of Chapter 9 of the Acts of 2025 as follows:

“provided further, that not later than August 18, 2025 and monthly thereafter, the department shall submit a report to the joint committee on public health and the house and senate committees on ways and detailing the status of the Pappas Rehabilitation Hospital for Children; provided further, that the report shall include, but not be limited to: (i) a summary of the types of services and programs available through the hospital including, but not limited to, medical, recreational and educational services; (ii) a summary of any reductions or terminations of services for patients and rationales for each change; (iii) the census at the hospital on January 1, 2025; (iv) the number of admittances per month since January 1, 2025; (v) the number of discharges per month since January 1, 2025; and (vi) the total number of staff employed at the facility, delineated by profession including, but not be limited to, teachers, nurses, administrative staff and other professionals”

Report

(i) Summary of Services

Medical

Medically Complex Care: Patients admitted primarily for management of medical and rehabilitative needs that require hospital level care.

Medical / Behavioral Service: Patients admitted with combined medical complexity and behavioral health challenges

Caregiver Short-Term Respite: Patients admitted to provide respite for patients and families currently cared for at home.

Therapeutic / Recreational

Physical Therapy: Targets mobility, strength, balance, and pain reduction through exercise, manual techniques, and other modalities.

Occupational Therapy: Focuses on daily living skills, adaptive strategies, and environmental modifications to support independence.

Speech-Language Therapy: Addresses communication, cognition, and swallowing disorders, often critical after stroke or brain injury.

Psychosocial Support: Includes counseling and behavioral therapy to manage emotional challenges and promote mental well-being including complimentary alternative medicine

Recreational Therapy: Includes equine and rhythmic movement therapy, community integration transitions and exposures through community trips.

Educational

Special education services are made available through DESE’s Special Education in Institutional Settings (SEIS) which provides a basic academic program and special education services aligned to each student’s IEP goals and objectives in coordination with each student’s school district.

(ii) Service Reductions

| Service Reduction/Termination Type | Service Reduction/Termination Reason |
|------------------------------------|--------------------------------------|
| No Changes for March | |

(iii) Census at the hospital on January 1, 2025

On January 1, 2025, there were 39 patients admitted to the hospital, comprised of 37 long-term care patients and 2 care-giver respite patients. The department will provide these sub-categories of census on an ongoing basis to assist the Legislature further in its review.

(iv, v) Census, Admissions and Discharges per month

| Month/ Year | Long Term Care | | Care Giver Respite | | Census* |
|-------------|----------------|------------|--------------------|------------|---------|
| | Admissions | Discharges | Admissions | Discharges | |
| Jan-25 | 0 | 2 | 1 | 3 | 35 |
| Feb-25 | 0 | 2 | 3 | 2 | 34 |
| Mar-25 | 0 | 1 | 2 | 1 | 34 |
| Apr-25 | 0 | 0 | 4 | 5 | 33 |
| May-25 | 0 | 2 | 3 | 3 | 31 |
| Jun-25 | 0 | 3 | 5 | 2 | 31 |
| Jul-25 | 1 | 2 | 0 | 4 | 26 |
| Aug-25 | 0 | 1 | 3 | 2 | 26 |
| Sep-25 | 0 | 1 | 3 | 4 | 24 |
| Oct-25 | 0 | 0 | 3 | 2 | 25 |
| Nov-25 | 0 | 0 | 3 | 3 | 25 |
| Dec-25 | 1 | 0 | 4 | 2 | 28 |
| Jan-26 | 0 | 2 | 2 | 4 | 24 |
| Feb-26 | 0 | 1 | 4 | 5 | 22 |
| Mar-26 | 0 | 1 | 3 | 3 | 21 |

*Last Day of the month

(vi) Employed Staff

| | FTEs as of 3/24/26 |
|--------------------------|--------------------|
| DPH | |
| Administrative | 17.94 |
| Environmental Services | 11.00 |
| Licensed Practical Nurse | 6.60 |
| Maintenance Services | 23.00 |
| Management | 5.00 |
| Medical Services | 4.40 |
| Nursing Assistant | 50.40 |
| Quality Management | 1.00 |
| Recreational Services | 5.40 |
| Registered Nurse | 31.90 |
| Rehabilitation Services | 15.00 |
| Respiratory Services | 1.8 |
| Security Specialist | 7 |
| DPH Total FTEs | 180.44 |
| DESE | |
| Teachers | 8.0 |
| Specialist Teachers | 3.0 |
| Instructional Aides | 3.0 |
| Head Teachers | 1.0 |
| Program Coordinator | 1.0 |
| Director | 1.0 |
| DESE Total FTEs | 17.0 |
| Total FTEs | 197.44 |