

# EXECUTIVE OFFICE OF HEALTH AND HUMAN SERVICES COMMONWEALTH OF MASSACHUSETTS

OFFICE OF MEDICAID
ONE ASHBURTON PLACE, BOSTON, MA 02108



MAURA T. HEALEY
GOVERNOR

KATHLEEN E. WALSH SECRETARY

KIMBERLEY DRISCOLL LIEUTENANT GOVERNOR

MIKE LEVINE
ASSISTANT SECRETARY
FOR MASSHEALTH

June 27, 2025

Chair Michael J. Rodrigues Senate Committee on Ways and Means State House, Room 212 Boston, MA 02133

Chair John C. Velis Joint Committee on Mental Health, Substance Use and Recovery State House, Room 513 Boston, MA 02133 Chair Aaron Michlewitz House Committee on Ways and Means State House, Room 243 Boston, MA 02133

Chair Mindy Domb Joint Committee on Mental Health, Substance Use and Recovery State House, Room 134 Boston, MA 02133

Dear Chairs Rodrigues, Michlewitz, Velis, and Domb,

Section 2YYYY of Chapter 29 of the Massachusetts General Laws requires the Executive Office of Health and Human Services (EOHHS) to submit to the House and Senate Committees on Ways and Means and the Joint Committee on Mental Health and Substance Use and Recovery a quarterly report on expenditures from the Substance Use Disorder Federal Reinvestment Trust Fund (SUD Trust Fund) that support the components of the roadmap for behavioral health reform.

This report satisfies this requirement, including: (i) information on which components of the roadmap such funds are allocated to support; and (ii) a breakdown of the progress and status of any such components of the roadmap.

SUD Trust Fund expenditures that support components of the Behavioral Health Roadmap comply with the below categories defined in General Laws Part I, Title III, Chapter 29, Section 2YYYY:

• Reduce stigma, expand access, support implementation, and increase competencies for medications for substance use disorder (Medication for Addiction Treatment (MAT))

- Support access to evidence-based recovery services through peer and paraprofessional services (*Peer supports*)
- Ensure appropriate assessment for levels of care utilizing American Society of Addiction Medicine or other evidence-based modalities and to support integration of physical health, mental health and substance use disorder care across all provider settings (American Society of Addiction Medicine criteria (ASAM))

### Components of the Behavioral Health Roadmap supported by SUD Trust

The below table reflects the roadmap components supported by the SUD trust, a description of services within those components that support individuals with SUD and the SUD Trust category of spend. The table in the following section displays the amount of spend for each component. Of note, many of the components of the roadmap launched in January 2023. Spending calculations below reflect date of service and are likely underestimates due to "claims lag" (time from when a service is delivered to when the claim is submitted, processed, and paid).

BH Roadmap Component	Description of SUD Service	SUD Trust Category of Spend
Community Behavioral Health Centers (CBHCs)	<ul> <li>Initiation and/or continuation of MAT</li> <li>SUD counseling</li> <li>Evidence-based Peer Recovery Supports (Certified Peer Specialists, Recovery Coaches, Recovery Support Navigators)</li> </ul>	<ul><li>MAT</li><li>ASAM</li><li>Peer Supports</li></ul>
Behavioral Health Urgent Care (BHUC)	Access to MAT within 72 hours of evaluation	• MAT
Certified Peer Specialists (CPS)	Evidence-based Peer Supports for individuals with co- occurring mental health and SUD conditions	• Peer Supports
Community Crisis Stabilization (CCS)  • Serves as 24-hour ED diversion • Initiation or continuation of MAT • Medication management		• MAT • ASAM

# SUD Trust Spend on BH Roadmap Components (\$ in millions)

BH Roadmap Component	FY23	FY24 Q1	FY24 Q2	FY24 Q3
CBHCs	32.4	16.2	18.1	19.0
BHUC	9.4	2.3	2.4	2.8
CPS	<0.1	< 0.1	< 0.1	< 0.1
CCS	0.1	0.1	0.1	0.1
Total	41.9	18.5	20.7	21.9

### Behavioral Health Roadmap: Initiatives Implemented to Date

The accomplishments and activities for implementation of the Roadmap in fiscal year 2023.

#### Launch in January 2023:

- Community Behavioral Health Center (CBHC) providers began offering services, including outpatient mental health and SUD treatment services, Adult and Youth Community Crisis Stabilization services and Adult and Youth Mobile Crisis Intervention services. These services provide both Mental Health and Substance Use Disorder treatment, including MAT, assessment, and ongoing treatment.
- Certified Peer Specialists services were launched in CBHCs and Mental Health Centers to ensure integration and whole person care for those in need of recovery support.

### Impact of CBHCs by the numbers – through June 2024

- 770,997 outpatient clinic visits, including for MAT, provided to 58,379 MassHealth members since January 2023.
- CBHC Mobile Crisis Intervention teams have provided 31,427 crisis evaluations to 17,035 adult MassHealth utilizers and 16,073 crisis evaluations to 10,971 youth MassHealth utilizers since operational launch.
  - In 2024, 93% of adult and youth crisis evaluations, on average, were started within 60 minutes of member readiness to engage in services. 99% of adults and 100% of youth, on average, were offered in-person, mobile evaluations.
- 5,900 admissions to community crisis stabilization programs since the expansion of Adult CCS services and launch of Youth CCS services in January 2023.
- 507 MassHealth members have been able to avoid the ED by being transported by police directly to a Community Behavioral Health Center for a BH Crisis Evaluation.
- 229 MassHealth members have been directly admitted to inpatient psychiatric units from CBHCs, avoiding the ED for "medical clearance".

Thank you for your continuing commitment to the MassHealth program. If you have any questions about this report, please contact Sarah Nordberg at <a href="mailto:Sarah.Nordberg@mass.gov">Sarah.Nordberg@mass.gov</a>.

Sincerely,

Mike Levine

cc: Kathleen E. Walsh

The Levie

# Appendix

Behavioral Health Roadmap: Community Behavioral Health Centers

In January 2023, 25 CBHCs, which expanded access to routine, urgent, and crisis treatment for mental health conditions and substance use disorders, enrolled with MassHealth and began offering services. In Summer 2023, an additional CBHC was added for the catchment area of Martha's Vineyard. In January 2024, a final CBHC site in Malden opened, for a total of 27 CBHC sites statewide.

CBHCs serve all ages and all communities across the Commonwealth.

Region	CBHC Organization	
Central	•Advocates	•Riverside Community Care
	<ul><li>Community HealthLink</li></ul>	<ul><li>Clinical Support Options</li></ul>
Northeast	•Vinfen	<ul> <li>Beth Israel Lahey Behavioral Health</li> </ul>
	<ul><li>Eliot Community Human Services</li></ul>	Services
Metro Boston	•Riverside Community Care	<ul> <li>Cambridge Health Alliance</li> </ul>
	<ul> <li>Aspire Health Alliance</li> </ul>	<ul> <li>North Suffolk Community Services</li> </ul>
	Boston Medical Center	
Western	•Clinical Support Options	<ul> <li>Center for Human Development</li> </ul>
	<ul><li>Behavioral Health Network</li></ul>	•The Brien Center
Southeast	•High Point	Bay Cove Human Services
	<ul><li>Child and Family Services</li></ul>	•Fairwinds Center
	•Community Counseling of Bristol County	•Martha's Vineyard Community Services

More information can be found at: <a href="https://www.mass.gov/info-details/community-behavioral-health-centers">https://www.mass.gov/info-details/community-behavioral-health-centers</a>

#### Behavioral Health Roadmap: Behavioral Health Urgent Care

MassHealth Community Mental Health Center (CMHC) providers who meet certain criteria may be designated as Behavioral Health Urgent Care (BHUC) providers. Designated BHUCs are reimbursed above the CMHC rate for certain outpatient services.

MassHealth Community Mental Health Center providers who seek designation as a BHUC must attest to being able to provide all CMHC services as well as meeting the following requirements:

- Appointments:
  - o Appointments for diagnostic evaluation for new clients are available on the same or next day of clinical operation, when clinically indicated based on initial intake;
  - Appointments for all existing clients with an urgent behavioral health need are available on the same or next day of clinic operation;
  - Urgent psychopharmacology and MAT evaluation available within 72 hours of initial diagnostic evaluation and based on psychosocial assessment; All other

treatment appointments including follow-up appointments are available within 14 calendar days.

#### Hours:

• Each center designated as a BHUC must offer extended availability on Mondays through Fridays outside of the hours of 9am-5pm. At a minimum, BHUCs must offer at least 8 hours of extended availability per week during weekdays and at least two 4-hour blocks of availability on weekends per month.

### Implementation Update:

- The submission deadline for initial BHUC attestations was June 30, 2022.
- As of Q4 2023, there were 60 attested providers. By the end of Q3 2024, 14 additional providers attested for a total of 74. Additional attestations are approved on a quarterly basis.
- Approved ARPA funds will be utilized through a grant program to increase culturally relevant care with an emphasis on servicing underserved communities and populations with underserved language needs, including individuals who are deaf or heard of hearing. Funds will be distributed during CY24.