



*The Commonwealth of Massachusetts*  
*Executive Office of Health and Human Services*  
*Department of Mental Health*  
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**BETH LUCAS**  
*Acting Commissioner*

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December 15, 2025

Honorable Michael D. Hurley, Senate Clerk  
Honorable Timothy Carroll, House Clerk  
Honorable John C. Velis, Senate Chair, Committee on Mental Health, Substance Use  
and Recovery  
Honorable Mindy Domb, House Chair, Committee on Mental Health, Substance Use  
and Recovery

Dear Senator Velis and Chair Domb,

On behalf of the Special Commission on Medical Necessity Criteria for Behavioral Health Care, established pursuant to Chapter 177 of the Acts of 2022 (*An Act to Address Barriers to Mental Health*), SECTION 75, I am pleased to submit the commission's final report and recommendations.

The commission was composed of public officials from the Department of Mental Health (DMH), Division of Insurance (DOI), Group Insurance Commission (GIC), Department of Public Health (DPH) Bureau of Addiction Services, and the Health Policy Commission (HPC); 10 provider/trade organization representatives, 4 advocates/consumers, and 2 health plan representatives.

This report summarizes the commission's approach to fulfilling its charge, describes findings from its review, and includes recommendations.

Sincerely,

A handwritten signature in black ink, appearing to read "Beth Lucas".

Beth Lucas, MPA/OT  
Acting Commissioner

Attachment