



The Commonwealth of Massachusetts

Executive Office of Health and Human Services

Department of Mental Health

25 Staniford Street

Boston, Massachusetts 02114-2575

MAURA T. HEALEY
Governor

KIMBERLEY DRISCOLL
Lieutenant Governor

KIAME MAHANIAH, MD, MBA
Secretary

EMILY BAILEY
Commissioner

(617) 626-8000
www.mass.gov/dmh

October 20, 2026

The Honorable Aaron M. Michlewitz, Chair
Joint Committee on Ways and Means
Massachusetts House of Representatives
State House, Room 243
Boston, MA 02133-1099

Dear Chairman Michlewitz:

As required by Line Item 5042, the Department of Mental Health (DMH) was asked to report to the House and Senate Committees on Ways and Means not later than April 1, 2025, detailing the funds distributed through the program, delineated by recipient; number of new programs created with said funds, delineated by recipient, location, number of individuals served and ages of individuals served; and projected need for the creation of new programs in the next fiscal year.

Enclosed please find the Department of Mental Health's FY25 Program for Assertive Community Treatment for Youth (PACT-Y) Report.

I appreciate the assistance our agency has received from you and your staff. Please do not hesitate to contact me if you need additional information.

Sincerely,

A handwritten signature in cursive script that reads "Emily Bailey".

Emily Bailey, LICSW
Commissioner



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October 20, 2026

The Honorable Michael J. Rodrigues, Chair
Joint Committee on Ways and Means
Massachusetts Senate
State House, Room 212
Boston, MA 02133-1099

Dear Chairman Rodrigues:

As required by Line Item 5042-5000, the Department of Mental Health (DMH) was asked to report to the House and Senate Committees on Ways and Means not later than April 1, 2025, detailing the funds distributed through the program, delineated by recipient; number of new programs created with said funds, delineated by recipient, location, number of individuals served and ages of individuals served; and projected need for the creation of new programs in the next fiscal year.

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Emily Bailey, LICSW
Commissioner

THE OFFICE OF
GOVERNOR MAURA T. HEALEY

LT. GOVERNOR KIMBERLEY DRISCOLL

Kiame Mahaniah, MD, MBA
Secretary of the Executive Office
of Health and Human Services

Emily Bailey
Commissioner

**Program for Assertive
Community Treatment for
Youth (PACT-Y)**

April 2025

**MASSACHUSETTS DEPARTMENT
OF MENTAL HEALTH**

Introduction

Line Item 5042-5000 of Chapter 28 of the Acts of 2023, the Fiscal Year 2024 Budget, requires the Department of Mental Health (DMH), to submit a report regarding the Program of Assertive Community Treatment for Youth (PACT-Y) to the house and senate committees on ways and means detailing the: (I) funds distributed through the program, delineated by recipient; (II) number of new programs created with said funds, delineated by recipient, location, number of individuals served and ages of individuals served; and (III) projected need for the creation of new programs in the next fiscal year.

PACT-Y is a comprehensive service for individuals under the age of 22 with serious emotional disturbance for whom traditional office and/or community-based services and interventions have not been helpful. It is an intensive and coordinated service that is provided by one integrated, multi-disciplinary, community-based team. PACT-Y is modeled after an evidence based adult service (Program for Assertive Community Treatment or PACT) and, along with one other state, New York, this is first time that the model is being used for youth. Because of this, we are continuing to learn about how to modify the service for youth and what youth are best served in this model. Early indications with this model show success with youth discharged resulting in positive outcomes 75% of the time.

Currently, there are seven contracted PACT-Y teams across the state. Some teams have been under-utilized because they are not fully staffed, due to the workforce crisis. In addition, because DMH Child, Youth and Family system of care has a robust set of home-based services, there are a number of choices for varying levels of intensity for a home-based team. Families do not always want the PACT-Y high intensity level. Because of lower utilization, some contracts remain on a cost reimbursement structure. As program enrollments hit capacity and remain stable, contracts move to the daily unit rate developed under the rate regulation (101 CMR 430).

At present, PACT-Y receives funding from both state appropriation and one-time ARPA (American Rescue Plan Act) allocations. For the upcoming year, we will be losing approximately \$4 million in ARPA and Covid Emergency Funding. In addition, there is a \$1.5 million proposed budget reduction in PACT-Y funding for FY26. This gap in funding would mean a reduction in the number of PACT-Y teams across the state from 7 to 3. This would impact the availability of this service equitably across the Commonwealth.

I. Funds Distributed through the Program - reporting period December 1, 2023 – November 30, 2024

DMH PACT-Y Programs		
DMH Area	PACT-Y Provider	Total Expenditure
Contract Started December 2022		
Western MA	Clinical and Support Options (CSO)	\$ 1,184,993
Central MA Metrowest	Wayside Youth and Family	\$ 1,113,387
Northeast	Wayside Youth and Family	\$ 1,287,981
Southeast	Community Counseling of Bristol County (CCBC)	\$ 793,197
Metro Boston	Home for Little Wanderers (HLW)	\$ 1,515,996
Contract Started April 2023		
Central MA Greater Worcester	Wayside Youth and Family	\$ 1,346,961
Contract Started October 2023		
Western MA – Berkshires	Clinical and Support Options (CSO)	\$ 663,441
	Total	\$ 7,905,955

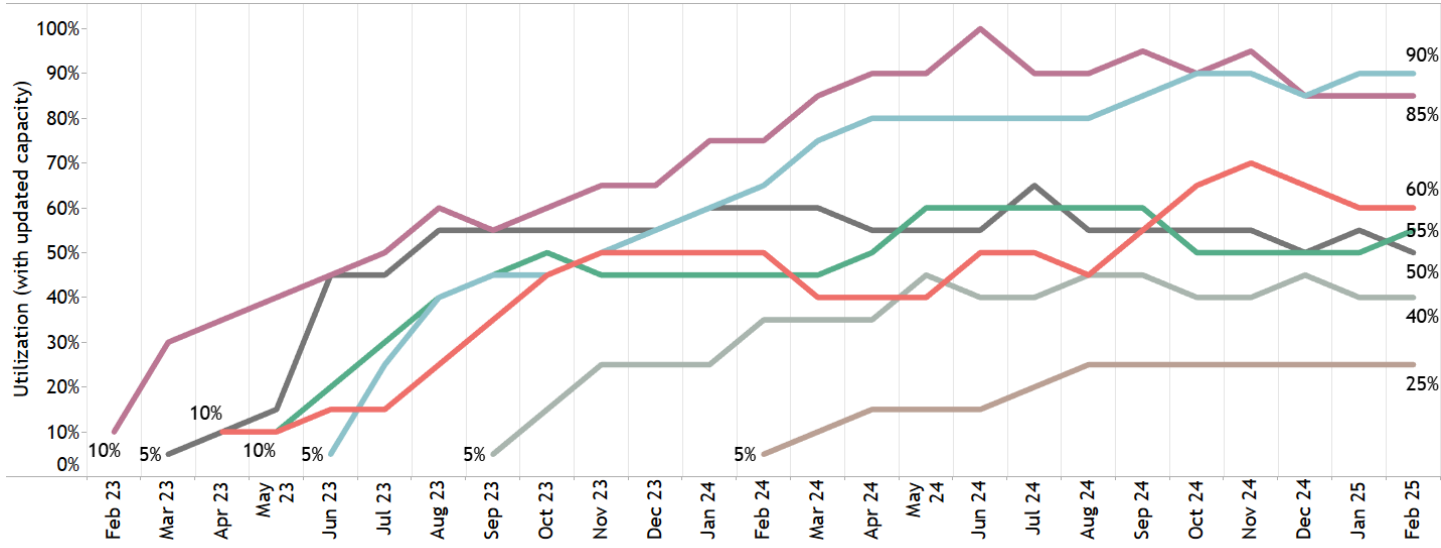
II. Individuals Served – reporting period December 1, 2023 – November 30, 2024

DMH PACT-Y Programs				
DMH Area	PACT-Y Provider	Month Enrollments Started	Slot Capacity when fully staffed	Individuals Served
Contract Started December 2022				
Western MA	Clinical and Support Options (CSO)	February 2023	20	27
Central MA Metrowest	Wayside Youth and Family	March 2023	20	16
Northeast	Wayside Youth and Family	June 2023	20	22
Southeast	Community Counseling of Bristol County (CCBC)	May 2023	20	14
Metro Boston	Home for Little Wanderers (HLW)	April 2023	20	19
Contract Started April 2023				
Central MA Greater Worcester	Wayside Youth and Family	September 2023	20	11
Contract Started October 2023				
Western MA – Berkshires	Clinical and Support Options (CSO)	February 2024	20	6
Total			140	115

III. Ages of Individuals Served – reporting period December 1, 2023 – November 30, 2024

DMH PACT-Y Youth Served - Ages	
Age Group	# Youth Served
10-14	30
15-17	60
18-21	25
Total	115

IV. Program Utilization Trends



Location Description

- CSO BERKSHIRE PACT-Y (TAY)
- METRO BOSTON PACT-Y
- NORTHEAST PACT-Y
- SOUTHEAST PACT-Y
- WESTERN PACT-Y
- WYF CMA GR WORCESTER PACT-Y
- WYF CMA METROWEST PACT-Y